



Canterbury Children's Athletic Association Inc.

Newsletter #5

Dates to Note:-

November 2017-

4th—Interclub Rawhiti,

Boys 7-9 Mini quad

11th—Interclub—Rawhiti

18th—Interclub—Rawhiti

Quadrathon 10-14

Ribbon Meet 7-9

25th—Interclub—Rawhiti

Girls 7-9 Mini quad

This week Programme 1.
And Girls' Relays
Boys Grade 7-9 Mini Quad medals
will be presented this Saturday



Colgate Games—NI & SI

Time to get your entries in. Make sure you have your entries to your clubs in good time for them to enter online.

T-shirts will be available to order soon

South Island Colgates are in need of officials and Teen Team Members, so if you are dragging your Teens along and they are not competing, they may enjoy helping out to make the games a success.





Please clean up
your areas at the
end of the day.



Spikes can and have caused nasty injuries.

It is important that you take them off when not competing and when you are wearing them do not somersault around while waiting at events and be careful of other people's hands and feet.

A reminder about Out of Bounds areas.

- In the trees at the North End
- Around the gear shed, including the steeplechases
 - The archery area, for obvious reasons.

So far this season the majority of injuries have been caused by children playing while waiting for events out of the athletic arena. Parents please keep a eye on your children

CCAA are still running their competition on the 11th Nov at Rawhiti. Many officials will be in Timaru so we may need to call on extra helpers.

**Please do not park in the carpark area by the control room at Rawhiti.
This is for officials only.**

Manager's Meeting 10am by the control room.

All chiefs and parent helpers on events must sign in and out of the event. This sign in sheet will be attached to each clipboard at the event.

Remember also to have an attendance register for your club.

4 yellow cards have been issued this season so please remind all children of their behaviour at events. Bad behaviour will jeopardise their chance of making rep teams.

WHO'S DOING WHAT AND WHEN

11 Nov Duty Club **PHOX**
Food **CANU**

18 Nov Duty Club **PTOC**
Food **PHOX**

This relay duty remains the same all season.

- ◇ Relay Change 1
- ◇ LIAC, PRHL, NCAN
- ◇ Relay Change 2
- ◇ NBOL, CANU, PHOX
- ◇ Relay Change 3
- ◇ SELW, SUMN, PTOC

Coffee & Food

Please use the rubbish bins provided and do not leave coffee cups in the toilets!!!

CANU will be selling food this Saturday so bring some change to support them



UNLEASH

\$20 OFF ALL

new balance 

+ A FREE STAINLESS STEEL DRINK BOTTLE



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ON ALL PRESCRIBED FOOTWEAR

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