

| PROGRAMME 2 | | | |
|-------------|------------------------|-------------------|------------------------------|
| | GIRLS | EVENTS | BOYS |
| 9.00 AM | | RELAYS | 9,10,12, 14 |
| | 11 (CIRCLE A) | SHOT PUT | |
| | 13 (PIT B), 14 (PIT A) | HIGH JUMP | |
| 9.15 AM | | RELAYS | 7,8,11,13 |
| | 9 (CIRCLE B) | SHOT PUT | |
| 9.30 AM | | LONG JUMP | 12 (PIT-A2), 9 (PIT-B1) |
| | | DISCUS | 14 (CIRCLE B), 10 (CIRCLE A) |
| | 12 | 800M | |
| 9.35 AM | 10 | 800M | |
| 9.45 AM | | 400M | 11 |
| 9.50 AM | | 400M | 13 |
| 10.00 AM | 8 | 60M | |
| | 7 | SKILLS | |
| 10.05 AM | | 60M | 7 |
| 10.10 AM | | 60M | 8 |
| 10.15 AM | 12 | 60M | |
| 10.20 AM | 10 | 60M | |
| | | DISCUS | 13 (CIRCLE B) |
| | | LONG JUMP | 11 (PIT-A2), 7 (PITB1) |
| 10.25 AM | 13 | 60M | |
| | | DISCUS | 8 (CIRCLE A) |
| 10.30 AM | | 60M | 9 |
| | 12 (PITA) | HIGH JUMP | |
| 10.35 AM | 9 | 60M | |
| | 10 (CIRCLE B) | SHOT PUT | |
| 10.40 AM | 8 | SKILLS | |
| | 7 | 60M | |
| | 13 (CIRCLE A) | SHOT PUT | |
| 10.45 AM | 11 | 60M | |
| 10.50 AM | 14 | 60M | |
| 10.55 AM | | 100M | 10 |
| 11.00 AM | | 100M | 14 |
| 11.05 AM | | 100M | 12 |
| 11.10AM | | 100M | 9 |
| | 7 (CIRCLE B) | SHOT PUT | |
| 11.15 AM | 9 | SKILLS | |
| | 11 (PIT B) | HIGH JUMP | |
| | | 100M | 11 |
| 11.20 AM | | LONG JUMP | 14 (PIT-A2), 10 (PIT-B1) |
| | | 100M | 13 |
| | 14 (CIRCLE A) | SHOT PUT | |
| 11.25 AM | | 100M | 8 |
| 11.30AM | | DISCUS | 12 (CIRCLE B), 9 (CIRCLE A) |
| | | 100M | 7 |
| 11.35 AM | 12 | 200M | |
| 11.40 AM | 13 | 200M | |
| 11.45 AM | 10 | 200M | |
| 11.50 AM | 8 | 200M | |
| 11.55 AM | 9 | 200M | |
| 12.00 PM | 7 | 200M | |
| 12.05 PM | 14 | 200M | |
| | 8 (CIRCLE 2) | SHOT PUT | |
| | | LONG JUMP | 8 (PITB1) |
| 12.10 PM | 11 | 200M | |
| | 10 (PIT A) | HIGH JUMP | |
| 12.15PM | | DISCUS | 7 (CIRCLE A) |
| 12.20 PM | | TRACK WALK 1200M | 10,11,12 |
| | | TRACK WALK 1600M | 13 |
| | | TRACK WALK 2000M | 14 |
| | 12 | 80M HURDLES | |
| 12.25PM | 13 | 80M HURDLES | |
| 12.30 PM | 14 | 100M HURDLES | |
| 12.35 PM | | LONG JUMP | 13 (PIT-A2) |
| | | DISCUS | 11 (CIRCLE B) |
| | 12 (CIRCLE A) | SHOT PUT | |
| 12.40PM | | 400M | 10 |
| 12.45 PM | | 400M | 12 |
| 12.50 PM | | 400M | 14 |
| 13.00 PM | 11,13,14 | 800M | |
| 13.15 PM | | 1500M (ALTERNATE) | 10,11,12,13,14 |