



MAIA BROUGHTON – NATIONAL UNDER 18 100M, 200M AND 400M CHAMPION

# Canterbury Chatter

Athletics Canterbury

April 2017

## Highlights

With Easter came the completion of the track and field season. Our Grade 12 and 13 team went close to winning the National title three years in a row but had to settle for a hard fought second place to Auckland.

National Track and Field Champs in Hamilton were a success for Canterbury bringing home 31 gold, 25 silver and 13 bronze seeing us finish second on the medal table behind Auckland.

Maia Broughton from Selwyn starred with five gold medals – winning the Under 18 sprint treble (100m, 200m and 400m) as well as being a key player in both the 4x100 and 4x400 teams.

800m was again a strong event for Canterbury with four titles (Brad Mathas, Tom Moulai, Nick

Moulai and Angie Petty) and two second placings to the province.

In the relays both the Under 18 and Senior women won their events while minor medals were picked up in many of the others.

Earlier this year Canterbury travelled to Dunedin to contest the South Island Under 16 and Under 20 teams titles – and came back with both!

South Island Secondary School Champs saw Canterbury athletes break or equal four records – Violette Perry – Under 14 Javelin, Jaidyn Busch – Under 16 Shot Put, Liliana Braun – Open Steeplechase and Villa Maria College – 4x400 Senior Relay. Nick Moulai also bettered the Senior Boys 1500m but finished second in the race.

On the National Champs front Max Attwell won the senior mens

decathlon title while Jared Neighbours won his first national medal with a bronze in the Under 18 event.

So all in all a very successful second half of the track and field season!

Now that we can start to see physical work happening at Nga Puna Wai we look forward to these sort of results continuing and getting even better.

Thank you to everyone who contributed to such a successful track and field season – the managers, officials, coaches, administrators and most importantly the athletes.

Now we move into the cross country season starting with the Hagley relays this Saturday. Look forward to seeing many of you there!

# Corporate Relay Series

For the cross country and road season we are looking to trial a corporate relay series.

This will consist of four of our races – Andrew Reese Memorial, Lakeside Relays, Greta Valley Relay and Takahe to Akaroa. If successful it may be extended to earlier relays in future years.

The basis behind the idea is to encourage more of the day to day runners to experience our

environment and then hopefully consider joining a club.

Do you work in an organization that could be interested in being involved? Let Anita Sutherland know -

[coachforce@athleticscanterbury.org.nz](mailto:coachforce@athleticscanterbury.org.nz) - so that the information can be sent to them.

We will also be looking to assign a mentor/coach to each

organization that signs up so will be talking to athletes and coaches about doing this. The idea being that you would provide advice about the event and possibly training advice.

The other event we are trialling this season is a Secondary School Road Relay Champs, hopefully as part of the Greta Valley relay – so secondary school students start working to get a team together!!

**ATHLETICS CANTERBURY**

## CORPORATE RELAY SERIES

**COME JOIN US!**

4 events

- Andrew Reese Memorial Relay
- Lakeside Relay
- Greta Valley Relay
- Takahe to Akaroa Road Relay

Enter one only or enter more for better chance at team prizes

MORE INFO: [WWW.ATHLETICSCANTERBURY.ORG.NZ](http://WWW.ATHLETICSCANTERBURY.ORG.NZ)

OR EMAIL: [COACHFORCE@ATHLETICSCANTERBURY.ORG.NZ](mailto:COACHFORCE@ATHLETICSCANTERBURY.ORG.NZ)

Choose how many events you wish to enter!

Declare individual names closer to the day of event . . . so you can use different runners from your organization for each event

Your organization will be assigned a mentor/coach from Athletics Canterbury who will assist you with race preparation and information along with training advice

#### Event details

Event One – Andrew Reese Memorial Relay	24 June (afternoon)
Venue: Woodend Beach Campground	
Cost: 5 person team - \$80.00	4 person female only team - \$68.00
Distance: 5 km per person	
Terrain: Handicap event – so you will need to enter an approximate 5km time	
Terrain: Sand and Forest	
Event Two – Lakeside Relays	22 July (afternoon)
Venue: Around Lake Roto Kohatu	
Cost: 5 person team - \$90.00	4 person female only team - \$72.00
Distance: 5km per person	
Terrain: Mixture of gravel and sealed roads	
Event Three – Greta Valley Relay	5 August (day trip)
Venue: Greta Valley Tavern (start and finish)	
Cost: 6 person team - \$165.00	
Distance: Range from 4.6km to 8.2km	
Terrain: Mixture of sealed and gravel roads	
Event Four – The iconic Takahe to Akaroa road relay	16 September (day trip)
Venue: Start – Sign of the Takahe, finish Akaroa Domain	
(Is a shorter 6 person option from Allandale Domain to Cooptown)	
Cost: 8 person - \$305	(6 person option - \$215)
Distance: Range from 6.8 km to 10.7km	
Terrain: Sealed open roads	

Enter all four events for discounted cost!

Ending with 8 person Takahe to Akaroa \$600  
Ending with 6 person Takahe to Akaroa \$500

For further information email Anita Sutherland - Athletics Canterbury Sport Development Manager

[coachforce@athleticscanterbury.org.nz](mailto:coachforce@athleticscanterbury.org.nz)

# May 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1	2 Cross Country Meeting	3	4	5	6 Children's Forest Relay	7
8	9 Track and Field Meeting	10	11 Exec meeting	12 Athletics Canterbury Awards	13	14
15	16	17	18	19	20 Jane Paterson Cross Country	22
22	23	24	25	26	27	28
29	30	1	2	3	4 Christchurch Marathon	

Please note: committee meeting dates may differ depending on availability of committee members and when days fall in the month. The above is a guide only - I am not always up to date with any changes

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Contact email :  
coachforce@athleticscanterbury.org.nz  
Contact cell phone : 027 466 0105



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