

Canterbury Chatter



ATHLETICS CANTERBURY

May 2015

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ATHLETICS CANTERBURY AWARDS

Tom Walsh, Rosa Flanagan and Callan Moody were the big winners at the Athletics Canterbury Awards.

Tom Walsh was named as the Senior Athlete of the Year following his Commonwealth Games silver medal and sixth straight senior National shot put title. He also picked up the Thrower of the Year and the Harbison trophy for the best senior track and field athlete.

After a record breaking season and representing New Zealand at the World Junior Track and Field Champs Rosa Flanagan was named as the Junior Athlete of the Year. She also won the Distance Athlete of the Year, the Mayes trophy for best junior track and field athlete and shared the Edmond Cup with Angie Petty for the outstanding Canterbury Champs performance. Rosa and Angie are both due to depart soon for the World University Games and World Track and Field Champs.

Callan Moody won the out of stadia awards after a season where he won both the senior mens cross country and road titles. He also represented New Zealand at the Oceania Cross Country Championships placing second. Callan will look to defend his national titles later this season

starting with the cross country nationals to be held at Halswell Quarry.

Cameron Avery, Alex Mander and Angie Petty were the other multiple winners. Cameron picked up the junior and secondary school cross country trophies. Alex won the track and field secondary school athlete award and jumper of the year. Angie won the middle distance athlete award and shared the Edmond Cup.

Three other athletes leaving soon for the World University Games also received awards. Brad Mathas won the Technical Club Trophy for outstanding male performance in distances from 400m to the mile. Kelsey Berryman was named Sprinter of the Year and Jack Henry was named Combined Events athlete of the year.

Maria Hassan, who coaches Rosa, Angie and Brad amongst a large squad, was named coach of the year.

Other award winners are on the back of this newsletter.

Congratulations to all award winners and thanks to everyone for making the dinner a great night.

Special points of interest:

- CONTRIBUTIONS, PARTICULARLY PHOTOS, ALWAYS WELCOME FOR THE NEWSLETTER!

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NZ Teams

Great results from our athletes who competed in Cairns at the Oceania Championships.

William Stedman led the way with gold medals in the Para Long, 200 and 400. He also picked up a silver in the 100m

Fiona Morrison was the next best performed Canterbury athlete in winning the 100 Hurdles (just outside the Games record), and picking up a bronze as part of the senior womens 4x100 relay team.

Matt Dryden won the senior 10000m while Jarvis Hansen placed third in the Youth 100m and was a member of the 4x400 team who placed second.

Our multi eventers did well—Alex

Mander finishing third in the senior mens decathlon while Ben Collerton finished a very close second in the Youth Mens Octathlon.

Ben was further rewarded on his return home with selection into the Commonwealth Youth Team to compete in Samoa in September.

Also just announced is that Vajin Armstrong will represent NZ at the Long Distance World Mountain Running Championships in July.

The World University Games will be the next international event for our athletes with Canterbury represented by five—Rosa Flanagan, Angie Petty, Brad Mathas, Kelsey Berryman and Jack Henry. Good luck to all!

GOOD LUCK TO ALL ATHLETES IN NZ TEAMS. WE LOOK FORWARD TO FOLLOWING YOUR RESULTS OVER THE WINTER MONTHS!

Christchurch Marathon

Good luck to all those competing in the Christchurch Marathon and associated events.

This event incorporates the Canterbury

Marathon Champs and the National Half Marathon Champs.

It is going to be great to see the event back in the city



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Combined Club Run

The next Sunday combined club run will take place on Sunday 28th June following the South Island Cross Country Champs.

Over the past couple of years these have become known as teenage runs however the target audience covers the youth to senior grades.

For the run on the 28th June we are looking to incorporate having a go at the high ropes course at Spencer Park (Adrendalin Forest). This will be a participant pays activity but we are looking to get a group discount.

To get the group discount we will need to have an idea of numbers prior to that weekend. Details will be circulated via the clubs and coaches as soon as we can finalise them.

If we get the numbers we will look to set up mini competitions—perhaps squad vs squad or club vs club?? Book the date in to challenge yourself!!

MAY 2015

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2 CC&R Com Mtg	3	4 Exec Mtg	5	6 Holloway Cross Coun- try	7
8	9	10	11	12	13 Andrew Reese Cross Country	14
15	16	17	18 T&F Com Mtg	19	20 NZSS Cross Country	21
22	23	24	25	26	27 Kennett Steeple	28 Combined Club Run
29	30	31				

Please note committee meeting dates could differ depending on availability of committee members and how dates fall during the month



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You can keep up to date with what we are up via a number of different avenues!

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We want to get this newsletter to every person with an interest in our sport so please feel free to forward it on to your networks!



Awards Dinner

Other awards presented but not mentioned in article on front page:

Para Athlete of the Year : William Stedman

Technical Club Trophy (female throws) : Lauren Bruce

Walker of the Year : Courtney Ruske

Arthur Grayburn Cup (outstanding javelin thrower) : Caitlin Bonne

Exceptional Service to Athletics : Dave Thomas

Hurdler of the Year : James Sandilands



Well done to everyone at the Canterbury Secondary School Road and Cross Country Events.

Good luck to all the athletes who will be heading to Dunedin for the National Secondary School Cross Country Champs mid June.

We hope your final weeks of preparation go well and you perform up to your own expectations.