



Athletics Canterbury Track & Field

17 October 2020
Nga Puna Wai



OPENING DAY Modified PROGRAMME

Time	Track:	Field:
1230		Pole Vault
1345		*Long Jump (M,F) (No. of rounds depends on entries)
1400		Javelin (M,F)
1405	2000m (inc walks)	
1425	60m	

Shoe Clinic Athlete of the Week Awards

1445	145m	Shot Put (F)
1450		Discus (M)
1455		High Jump
1505	600m	
1530	1200m (inc walks)	Shot Put (M)
1535		Discus (F)
1550	300m	

* The long jump may be in two divisions depending on entries. This will be confirmed on Friday.

MAXIMUM spike length on the track is 6mm, CONE shape only.
For javelin & high jump only, 9mm CONE shaped spikes can be used.

Competition Fees: plus \$2 admin fee

Scheduled event start times are subject to variation depending on numbers reporting to the events. No event start times will be advanced.

Seniors & M30 - 64	U20 - U16 & M65+	Grades 12 to 14	Non-club Secondary School	Non-club Seniors
\$10.00	\$8.00	\$5.00	\$8.00	\$10.00
Manager	Track Referee	Field Referee	Field Referee	Duty Club(s)
TBA	TBA	TBA	TBA	TBA