



ATHLETICS CANTERBURY

TRACK AND FIELD RECORDS

as at 01/07/2020

Note: All **NEW records** set during the 2019 / 2020 season appear as **BOLD** and *Italic*.

Senior Men				
100 m	David Ambler	Old Boys United	13.03.09	10.35
200 m	Mark Keddell	Old Boys United	05.03.95	20.51
400 m	Shaun Farrell	Papanui Toc H	07.03.98	46.09
800 m	Shaun Farrell	Papanui Toc H	28.02.98	1:45.45
1000 m	Standard			TBA
1500 m	Michael Gilchrist	Technical	01.04.83	3:38.4
One Mile	Malcolm Hicks	University	27.01.12	3:59.87
3000 m	Paul Smith	Olympic	16.01.93	7:57.90
5000 m	Rodney Dixon	University	21.01.78	13:25.2
10000 m	David Burridge	University	05.02.87	28:06.16
1 Hour Track	Tony Good	New Brighton	08.03.75	19422m
110 m Hurdles	Nicholas Bolton	Old Boys United	18.02.98	14.47
400 m Hurdles	Wayne Paul	Papanui/Redwood	26.03.86	50.70
3000m Steeplechase	Peter Renner	New Brighton	29.08.84	8:14.05
4 x 100m Relay	Old Boys United		11.02.95	40.51
4 x 200m Relay	Old Boys United		27.02.93	1:26.6
4 x 400 m Relay	Old Boys United		13.02.93	3:10.20
Long Jump	John Hunt	South Canterbury	13.04.85	7.55m
Triple Jump	Matthew Walsh	Old Boys United	25.05.19	15.58m
High Jump	Hamish Kerr	Old Boys United	28.06.19	2.30m
Pole Vault	Kieran McKee	Toc H	25.02.84	5.02m
Shot Put	Tomas Walsh	South Canterbury	05.10.19	22.90m
Discus Throw	Christopher Mene	Papanui Toc H	25.02.01	56.25m
Javelin Throw	John Stapylton- Smith	Papanui Toc H	18.02.89	78.14m
Hammer Throw	Warrick Nichol	Technical	25.01.74	63.72m
Decathlon	John Hunt	South Canterbury	24/25.11.84	7473 points
Pentathlon	Standard			TBA
3000 m Track Walk	Standard			11:55.0
5000 m Track Walk	Graham Seatter	Old Boys / Te Kura	01.02.86	20:33.0
20000 m Track Walk	Graham Seatter	Old Boys / Te Kura	09.02.80	1:30:17.3

Men Under 20

100 m	David Ambler	Old Boys United	13.03.09	10.35
200 m	Mark Keddell	Old Boys United	06.03.93	20.95
400 m	Shaun Farrell	Papanui Toc H	22.07.94	46.31
800 m	Clyde McIntosh	Papanui Toc H	14.02.98	1:49.35
1000 m	Standard			TBA
1500 m	Nicholas Moulai	Papanui Toc H	23.01.18	3:47.05
3000 m	Richard Lindroos	Old Boys United	21.01.89	8:10.47
5000 m	Richard Lindroos	Old Boys United	26.11.89	14:05.83
110 m Hurdles (990mm)	James Sandilands	South Canterbury	13.03.15	13.92
400 m Hurdles	Mark Edmond	Old Boys United	03.03.96	52.66
3000 m Steeplechase	Peter Renner	New Brighton	11.03.78	8:51.8
4 X 100m Relay	Standard			43.44
	(Toc H 4x110 yd		14.12.68	43.5
4x400m Relay	Avon		20.02.77	3:21.8
Long Jump	Jesse Bryant	University	15.03.12	7.49m
Triple Jump	Matthew Walsh	Papanui Toc H	17.02.18	14.67m
High Jump	Glenn Howard	Papanui Toc H	03.02.96	2.23m
Pole Vault	Tim McKee	Papanui Toc H	07.03.10	4.61m
Shot Put (6kg)	Tomas Walsh	South Canterbury	02.07.11	20.56m
Discus Throw (1.75 kg)	Chistopher Mene	Papanui Toc H	17.01.91	55.54m
Javelin Throw (800g)	Andrew Harrison	Papanui Toc H	17.01.96	71.74m
Hammer Throw (6.00 kg)	Micheal Hancock	Old Boys United	29.01.05	61.10m
Decathlon	Kieran Fowler	Geraldine	2/3.03.07	7222 pts
Pentathlon	Standard			TBA
3000 m Track Walk	Andrew Causer	Christchurch Avon	16.03.91	12:25.9
10000 m Track Walk	Daniel Lord	South Canterbury	20.02.10	46:37.26

Men Under 19

100 m	Mark Keddell	Old Boys United	07.03.93	10.70
200 m	Mark Keddell	Old Boys United	06.03.93	20.95
400 m	Mark Keddell	Old Boys United	30.01.93	46.38
800 m	Clyde McIntosh	St Andrews	28.12.94	1min 51.4
1000 m	Standard			TBA
1500 m	Nicholas Moulai	Papanui Toc H	23.01.18	3:47.05
3000 m	Nick Moulai	Papanui TocH	03.12.16	8:16.77
5000 m	David Burrige	University	17.01.81	14:09.6
110 m Hurdles (990mm)	James Sandilands	South Canterbury	13.03.15	13.92
400m Hurdles	Hayo van Gestel	Avon	09.03.86	54.27
3000 m Steeplechase	Peter Renner	New Brighton	11.03.78	8 mn 51.8

Men Under 19 (continued)

4 x 100m Relay	Standard			43.44
	(Toc H 4 x 110 yds)		14.12.68	43.5
4 x 400m Relay	Ashburton		18.02.79	3:23.2
Long Jump	Jesse Bryant	University	15.03.12	7.49m
Triple Jump	Matthew Walsh	Papanui Toc H	03.02.18	14.49m
High Jump	Glenn Howard	Papanui Toc H	12.02.94	2.17m
Pole Vault	Alex Mander	Papanui Toc H	21.02.16	4.50m
Shot Put (6.00kg)	Tomas Walsh	South Canterbury	18.03.10	18.82m
Discus Throw (1.75kg)	Christopher Mene	Papanui Toc H	16.02.91	55.54m
Javelin Throw (800 g)	Andrew Harrison	Papanui Toc H	28.01.96	64.20m
Hammer Throw (6.00 kg)	Michael Hancock	Old Boys United	29.01.05	61.10m
Decathlon (6.00 kg)	Kieran Fowler	Geraldine	2/3.03.07	7222 pts
Pentathlon	Standard			TBA
3000m Track Walk	Andrew Causer	Christchurch Avon	16.03.91	12:25.9
10000m Track Walk	Daniel Lord	South Canterbury	20.02.10	46:37.26

Men Under 18

100 m	Mark Keddell	Old Boys United	27.10.91	10.83
200 m	Mark Keddell	Old Boys United	15.01.92	21.37
400 m	Mark Keddell	Old Boys United	30.01.93	46.38
800 m	Clyde McIntosh	St Andrews	28.12.94	1:51.4
1500 m	Nicholas Moulai	Papanui Toc H	23.01.18	3:47.05
3000 m	Nick Moulai	Papanui Toc H	03.12.16	8:16.77
5000m	Hayden McLaren	New Brighton	12.02.05	14:32.56
110m Hurdles (914 mm)	James Sandilands	South Canterbury	05.04.14	13.84
300m Hurdles (840mm)	Mark Edmond	Old Boys United	04.12.94	37.35
2000m Steeplechase	Peter Renner	Cashmere	29.01.77	5:51.2
4 x 100m Relay	St Andrews		12.02.84	43.62
4 x 400m Relay	Ashburton		18.02.79	3:23.2
Long Jump	Jessie Bryant	University	15.03.12	7.49m
Triple Jump	Matthew Walsh	Papanui Toc H	03.12.16	14.17m
High Jump	Glenn Howard	Papanui Toc H	12.02.94	2.17m
Pole Vault	Tim McKee	Papanui Toc H	09.02.08	4.35m
Shot Put (5.00kg)	Tomas Walsh	South Canterbury	12.12.09	20.21m
Discus Throw (1.5 kg)	Nikolas Kini	Old Boys United	26.10.19	60.60m
Javelin Throw (700g)	Andrew Harrison	Papanui Toc H	05.12.93	63.88m
Hammer Throw (5.00 kg)	Michael Hancock	Old Boys United	15.02.04	65.10m
Octathlon	Standard			5945 pts
3000 m Track Walk	Andrew Causer	Christchurch Avon	16.03.91	12:25.9sec

Men Under 17				
100 m	Mark Keddell	Old Boys United	02.12.90	10.88
200 m	Mark Keddell	Old Boys United	02.12.90	21.52
400 m	Mark Keddell	Old Boys United	30.03.91	48.33
800 m	Clyde McIntosh	St Andrews	28.12.94	1:51.4
1500 m	Elliott Drayton	Avon	15.01.83	3:54.4
3000 m	Nick Moulai	Papanui Toc H	03.12.16	8:16.77
110m Hurdles (914 mm)	James Sandilands	South Canterbury	23.03.13	13.88
300 m Hurdles (840 mm)	Martin Swart	Christchurch BHS	29.03.09	39.07
2000m Steeplechase	Hayden McLaren	New Brighton	24.01.06	6:13.36
4 x 100m Relay	Chch Boys High School		23.02.08	44.45
4 x 400m Relay	Standard			3:31.0
Long Jump	Jesse Bryant	University	11.12.11	7.13m
Triple Jump	Matthew Walsh	Papanui Toc H	06.12.15	13.42m
High Jump	Glenn Howard	Papanui Toc H	09.04.92	2.05m
Pole Vault	Tim McKee	Papanui Toc H	01.12.07	4.30m
Shot Put (5.00kg)	Tomas Walsh	South Canterbury	13.12.08	18.38m
Discus Throw (1.5kg)	Charlie Gamble	Papanui Toc H	06.03.13	59.00m
Javelin Throw (700g)	Guy Archibald	Christ's College	24.03.07	61.71m
Hammer Throw (5.00kg)	Richard Mavor	Old Boys United	13.03.04	52.61m
Octathlon	Kieran Fowler	Geraldine	13/14.07.05	5929 pts
3000m Track Walk	Daniel Lord	South Canterbury	02.02.08	12:50.34
Men Under 16				
100m	Mark Keddell	Old Boys United	02.12.90	10.88
200 m	Mark Keddell	Old Boys United	02.12.90	21.52
400 m	Shaun Farrell	Papanui Toc H	02.02.91	49.24
800 m	Shaun Farrell	Papanui Toc H	23.03.91	1:56.19
1500 m	Andrew Lewis	Old Boys United	07.03.92	4:04.52
3000m	Nick Moulai	Papanui Toc H	21.11.15	8:40.21
100m Hurdles (840mm)	Christopher Wiramu	Christchurch BHS	12.12.09	13.24
300m Hurdles (840mm)	Standard			40.64
2000m Steeplechase	Standard			6:16.3
4 x 100m Relay	Papanui Toc H		18.02.90	45.87
Long Jump	Kieran Fowler	Geraldine	13.07.05	6.90m
Triple Jump	Callum Stewart	Old Boys United	04.12.16	13.37m
High Jump	Glenn Howard	Papanui Toc H	21.03.92	2.01m
Pole Vault	Tim McKee	Papanui Toc H	25.11.06	3.91m
Shot Put (5.00kg)	Kieran Fowler	Geraldine	13.07.05	16.43m
Discus Throw (1.25kg)	Jordan Pinnock	Greymouth	17.11.12	56.25m
Discus Throw (1.50kg)	Charlie Gamble	North Canterbury	11.02.12	51.56m
Javelin Throw (700gm)	Mathew McKellar	Christ's College	08.11.2014	54.99m
Octathlon	Kieran Fowler	Geraldine	13/14.07.05	5929 pts
3000m Track Walk	Jonathon Lord	South Canterbury	11.12.11	13:41.38

Senior Women				
100m	Caro Hunt	Old Boys United	18.02.01	11.50
200m	Caro Hunt	Old Boys United	22.07.00	23.52
400m	Rebecca Wardell	Old Boys United	24.03.01	52.67
800m	Angela Smit	University	10.07.15	1:59.06
1000 m	Angela Petty	University	15.08.15	2:37.28
1500m	Angela Petty	University	29.06.17	4:07.83
One Mile	Sue Bruce	New Brighton	15.01.83	4:37.89
3000m	Sue Bruce	New Brighton	05.02.85	8:56.2
5000m	Mary O'Connor	University	21.01.84	15:49.3
10000m	Anne Hannam	University	09.12.89	32:18.53
100m Hurdles	Fiona Morrison	Old Boys United	03.04.16	13.16
400m Hurdles	Rebecca Wardell	Old Boys United	23.03.03	56.25
3000m Steeplechase	Rosa Flanagan	University	21.03.15	9:41.42
4 x 100m Relay	Old Boys United		05.02.00	46.00
4 x 400m Relay	Technical		20.02.83	3:49.40
Long Jump	Jayne Mitchell	Old Boys United	26.11.88	6.55m
Triple Jump	Jayne Mitchell	Old Boys United	23.02.91	13.00m
High Jump	Kim Brown	Old Boys United	21.03.98	1.84m
Pole Vault	Melina Hamilton	Old Boys United	12.04.03	4.40m
Shot Put	Valerie Young	Technical	23.10.64	16.71m
Discus Throw	Adrienne Lynn	Papanui Toc H	12.03.95	56.10m
Javelin Throw (new)	Standard			59.10m
Javelin Throw (old)	Kaye Nordstrom	Papanui Toc H	16.02.92	60.84m
Hammer Throw	Lauren Bruce	South Canterbury	02.02.20	68.14m
Heptathlon	Joanne Henry	South Canterbury	29.2/1.3.92	6278 pts
Decathlon	Standard			TBA
3000m Track Walk	Courtney Ruske	Christchurch Avon	24.01.15	13:36.31
5000m Track Walk	Courtney Ruske	Christchurch Avon	31.10.15	23:23.97
10000m Track Walk	Courtney Ruske	Christchurch Avon	13.07.14	49:40.78



Women Under 20				
100m	Standard			11.74
	(Beverley Peterson	Technical	18.01.75	11.5)
200m	Standard			24.44
	(Beverley Peterson	Technical	17.03.74	24.2
400m	Joanna Beckett	Technical	26.01.75	53.42
800m	Angela Smit	North Canterbury	07.07.10	2:03.87
1000m	Rosa Flanagan	University	15.08.15	2:50.62
1500 m	Rosa Flanagan	University	06.03.15	4:14.19
3000m	Sue Bruce	New Brighton	20.01.84	9:05.95
5000m	Rosa Flanagan	University	15.12.15	15:52.10
100m Hurdles	Joanne Henry	South Canterbury	16.02.91	14.01
400m Hurdles	Anna Percy	Old Boys United	09.07.17	58.60
2000m Steeplechase	Rosa Flanagan	University	23.11.13	6:33.97
3000m Steeplechase	Rosa Flanagan	University	21.03.15	9:41.42
4 x 100m Relay	Standard			47.94
	(Technical		16.03.74	47.8)
4 x 400m Relay	Standard			3:55.0
Long Jump	Joanne Henry	South Canterbury	14.02.91	6.36m
Triple Jump	Bridgette Pateman	South Canterbury	08.03.98	12.60
High Jump	Angela Pule	New Brighton	21.03.81	1.80m
	Emma Sutherland	Old Boys United	05.01.13	1.80m
Pole Vault	Julia Brown	North Canterbury	11.03.05	3.50m
Shot Put	Jaidyn Busch	Old Boys United	06.03.20	14.95m
Discus Throw	Adrienne Lynn	Papanui Toc H	20.01.93	52.44m
Javelin Throw	Kaye Nordstrom	Papanui Toc H	06.03.87	49.04m
Hammer Throw (4kg)	Lauren Bruce	South Canterbury	02.04.17	59.53
Heptathlon	Joanne Henry	South Canterbury	16/17.03.91	6092 pts
3000m Track Walk	Kate Newitt	Port Hills	22.01.10	13:41.52
5000m Track Walk	Courtney Ruske	ChCh-Avon	13.07.14	24:11.5(h)
10000m Track Walk	Courtney Ruske	ChCh-Avon	13.07.14	49:40.78
Women Under 19				
100m	Standard			11.74
	(Beverley Peterson	Technical	18.01.75	11.5)
200m	Standard			24.44
	(Beverley Peterson	Technical	17.03.74	24.2
400m	Joanna Beckett	Technical	26.01.75	53.42
800m	Angela Smit	North Canterbury	07.07.10	2:03.87
1500m	Rosa Flanagan	University	26.02.15	4:15.86
3000m	Rosa Flanagan	University	23.01.15	9:07.85
100m Hurdles (840 mm)	Fiona Morrison	Old Boys United	26.02.06	14.41
400m Hurdles	Anna Percy	Old Boys United	01.04.16	60.76
2000m Steeplechase	Rosa Flanagan	University	23.11.13	6:33.97
3000m Steeplechase	Rosa Flanagan	University	07.02.15	9:48.39

Women Under 19 (continued)

4 x 100m Relay	Standard			47.94
	(Technical		16.03.74	47.8)
4 x 400m Relay	Standard			3:55.0
Long Jump	Susan Burnside	Technical	19.12.73	6.19m
Triple Jump	Bridgette Pateman	South Canterbury	08.03.98	12.60m
High Jump	Angela Pule	New Brighton	21.03.81	1.80m
Pole Vault	Julia Brown	North Canterbury	11.03.05	3.50m
Shot Put	Jaidyn	Old Boys United	02.04.19	14.38m
Discus Throw	Adrienne Lynn	Papanui Toc H	14.02.91	50.30m
Javelin Throw	Kaye Nordstrom	Papanui Toc H	06.03.87	49.04m
Hammer Throw (4kg)	Lauren Bruce	South Canterbury	05.03.16	58.37m
Heptathlon	Joanne Henry	South Canterbury	18/19.02.89	5136 pts
3000m Track Walk	Kate Newitt	Port Hills	10.11.07	14:21.09
5000m Track Walk	Kate Newitt	Port Hills	12.07.07	24:20.26
10000m Track Walk	Courney Ruske	Christchurch Avon	17.12.11	52:42.7

Women Under 18

100m	Standard			11.74
	(Beverley Peterson	Technical	18.01.75	11.5)
200m	Standard			24.44
	(Beverley Peterson	Technical	17.03.74	24.2)
400m	Katie Johnstone	South Canterbury	10.02.01	55.32
800m	Rachael Rowberry	Papanui Toc H	02.02.92	2:06.42
1500m	Sue Bruce	New Brighton	15.02.81	4:21.18
3000m	Sue Bruce	New Brighton	11.02.81	9:19.76
100m Hurdles (762 mm)	Georgina Allison	North Canterbury	14.12.08	14.11
300m Hurdles (762 mm)	Georgina Allison	North Canterbury	14.12.08	43.16
2000m Steeplechase	Rosa Flanagan	University	23.11.13	6:33.97
3000m Steeplechase	Rosa Flanagan	University	22.03.14	9:56.98
4 x 100m Relay	Standard			47.94
	(Technical		16.03.74	47.8)
Long Jump	Susan Burnside	Technical	19.12.73	6.19m
Triple Jump	Bridgette Pateman	South Canterbury	09.03.97	12.45m
High Jump	Angela Pule	New Brighton	21.03.81	1.80m
Pole Vault	Julia Brown	North Canterbury	11.03.05	3.50m
Shot Put (4.00kg)	Jaidyn Busch	Old Boys United	02.04.19	14.38m
Shot Put (3.00kg)	Jaidyn Busch	Old Boys United	01.12.18	16.00m
Discus Throw	Adrienne Lynn	Papanui Toc H	14.02.91	50.30m
Javelin Throw	Kaye Nordstrom	Papanui Toc H	22.03.86	46.40m
Hammer Throw (4kg)	Rebecca Hodgson	South Canterbury	04.12.10	48.01m
Hammer Throw (3kg)	Lauren Bruce	South Canterbury	06.12.14	63.67m
Heptathlon	Joanne Henry	South Canterbury	18/19.02.89	5136 pts
3000m Track Walk	Kate Newitt	Port Hills	10.11.07	14:21.09
5000m Track Walk	Kate Newitt	Port Hills	12.07.07	24:20.26

Women Under 17				
100m	Maia Broughton	Selwyn	01.12.17	12.13
200m	Standard			24.44
	(Beverley Peterson	Technical	17.03.74	24.2)
400m	Anna Rowberry	Papanui Toc H	10.04.92	56.30
800m	Angela Smit	North Canterbury	08.07.08	2:08.15
1500m	Sue Bruce	New Brighton	15.02.81	4:21.18
3000m	Sue Bruce	New Brighton	11.02.81	9:19.76
100m Hurdles (762 mm)	Mackenzie Keenan	Old Boys United	26.03.11	14.14
300m Hurdles (762 mm)	Kelsey Berryman	Old Boys United	30.03.08	44.06
2000m Steeplechase	Liliana Braun	Port Hills	03.12.17	6:59.55
4x 100m Relay	Standard			50.64
	(Technical		28.12.74	50.5)
Long Jump	Susan Burnside	Technical	19.12.73	6.19m
Triple Jump	Phoebe Lester	Port Hills	19.03.05	11.52m
High Jump	Angela Pule	New Brighton	21.03.81	1.80m
Pole Vault	Julia Brown	North Canterbury	11.03.05	3.50m
Shot Put (4.00kg)	Barbara Poulson	Technical	26.02.66	13.27m
Shot Put (3.00kg)	Tapenisa Havea	Lions	06.03.19	15.92m
Discus Throw	Lauren Bruce	South Canterbury	04.01.14	42.94m
	Larissa McKewan	Port Hills	16.03.15	42.94m
Javelin Throw	Caitlin Bonné	Papanui Toc H	13.02.16	43.70m
Hammer Throw (4kg)	Rebecca Hodgson	South Canterbury	28.03.10	47.01m
Hammer Throw (3kg)	Lauren Bruce	South Canterbury	14.12.13	60.17m
Heptathlon	Joanne Henry	South Canterbury	19/20.03.88	4743 pts
3000m Track Walk	Kate Newitt	Port Hills	28.10.06	14:33.70
5000m Track walk	Kate Newitt	Port Hills	18.11.06	24:41.70
Girls Under 16				
100m	Maia Broughton	Selwyn	01.12.17	12.13
400m	Anna Hayward	South Canterbury	05.03.16	56.39
800m	Angela Smit	North Canterbury	30.11.05	2:10.48
1500m	Sue Bruce	New Brighton	10.02.80	4:28.8
3000m	Rosa Flanagan	University	11.02.12	9:46.56
80m Hurdles (762mm)	Rowena Welford	South Canterbury	18.11.89	11.4
100m Hurdles (762 mm)	Charlotte Hastings	Papanui Toc H	05.03.93	14.55
300m Hurdles (762 mm)	Olivia Burnham	Old Boys United	04.12.16	44.48
4 x 100m Relay	Standard			50.64
	(Technical		28.12.74	50.5)
Long Jump	Annabelle Coates	Old Boys United	26.03.05	5.76m
Triple Jump	Phoebe Lester	Port Hills	19.03.05	11.52m
High Jump	Erica Winton	Phoenix	12.12.10	1.74m
Shot Put (3.25kg)	Bernice Mene	Papanui Toc H	02.12.90	13.85m
Shot Put (4.00kg)	Sally Flynn	Technical	31.10.64	10.99m
Shot Put (3.00kg)	Tapenisa Havea	Lions	06.03.19	15.92m
Discus Throw	Adrienne Lynn	Papanui Toc H	28.01.89	41.24m
Javelin Throw	Caitlin Bonné	Papanui Toc H	13.02.16	43.70m
Hammer Throw (3kg)	Lauren Bruce	South Canterbury	28.02.13	55.67m
2000m Track Walk	Courtney Ruske	Christchurch Avon	05.12.09	9:58.5