

Athletics Canterbury Track & Field

27 February 2021

Nga Puna Wai

DRAFT MODIFIED PROGRAMME B

Time	Track:	Field:
1130		Pole Vault (Mixed)
1345	Short Hurdles (All grades)	
1400		Hammer practice (Back field) Shot Put practice (Back field)
1410	3000m including Track Walk (Mixed all grades)	
1425	60m (F, M)	High Jump (mixed)
1445	100m (F, M)	Discus practice (Back field)
1500	1500m (Mixed all grades)	Javelin practice (Back field)
<i>Shoe Clinic Athlete of the Week Awards</i>		
1515		Long Jump (F, M 3 jumps)
1530	200m (F, M)	
1600	400m (F, M)	* Number of rounds depends on number of entries & available officials

\$5.00 LATE ENTRY FEE will be charged, so PLEASE enter online as requested.

MAXIMUM spike length on the track is 6mm, CONE shape only.
For javelin & high jump only, 9mm CONE shaped spikes can be used.

Competition Fees: plus \$2 admin fee	Scheduled event start times are subject to variation depending on numbers reporting to the events. No event start times will be advanced.			
Seniors & M30 - 64	U20 - U16 & M65+	Grades 12 to 14	Non-club Secondary School	Non-club Seniors
\$10.00	\$8.00	\$5.00	\$8.00	\$10.00
Manager	Track Referee	Field Referee	Field Referee	Duty Club(s)