



**CAN
RUN**

18 November 2021

Nga Puna Wai

Track Series

TIMED PROGRAMME -

Time	Track:	
1830	60m (M,F)	
1845	100m (M,F)	High Jump (Mixed)
1905	1500m	
1910		
1920	3000m	
1940	400m (M,F)	
1955	2 x 100m Relay (or other relays by request)	

Please REPORT at least 15 minutes before the scheduled start times.