

SI & AC Combined Event Championships 2021 – DAY 1 @ NPW

SATURDAY 20th November 2021

Time	Event	Heptathlon	Event	Octathlon Decathlon	Inter-Club	Time
1330			100m	M-U20, SM, MM, M-U16, M-U18		13:30
1345						13:45
1350	80m H	W-16			80m & 100m Short Hurdles	13:50
1355	100m H	W-U18				13:55
	100m H	W-U20, SW				
1415			Long Jump	M-U18, M-U20, SM, MM	1500m	14:15
			Javelin	M-U16 (I/C)	Javelin (M)	
1440	High Jump	W-U16, W-U18, W-U20, SW	Pole Vault	M-U16	Pole Vault	14:40
1515	Javelin	W-U16 (I/C)			Javelin (W) 100m (M,F)	15:15
1530			Shot Put	M-U18, M-U20, SM, MM		15:30
1545						
1615	Shot Put	W-U18, W-U20, SW	High Jump	M-U18, M-U20, SM, MM	400m / Long Hurdles Hammer	16:15
1650					200m (M,F)	16:45
1715	200m	W-U16, W-U18, W-U20, SW				17:15
1730			300m	M-U16		17:30
1750						17:50

SI & AC Combined Event Championships 2021 – DAY 2 @ NPW

SUNDAY 21st November 2021

Time	Event	Heptathlon	Event	Octathlon Decathlon	Inter-Club	Time
0900					5000m	9:00
0930			110m H	M-U18, M-U20, SM, MM	110m H	9:30
0940			100m H	M-U16	100m H	9:40
0950						9:50
1000	Long Jump	W-U18, W-U20, SW			3000m inc Track walks	10:00
1015			Discus	M-U18, M-U20, SM, MM		10:15
1030					800m	10:30
1130			Discus	M-U16 (I/C)	Discus	11:30
1145			Pole Vault	M-U18 M-U20, SM, MM	200m (F,M)	11:45
12:00	Long Jump	W-U16 (I/C)			Long Jump	12:00
12:30	Javelin	W-U18, W-U20, SW				12:30
13:15			Long Jump	M-U16		13:15
13:30	Shot Put	W-U16 (I/C)	Javelin	M-U18 M-U20, SM, MM	Shot Put	13:30
14:30	600m	W-U16				14:30
14:45	800m	W-U18, W-U20, SW				14:45
14:55			1000m	M-U16		14:55
15:10			1500m	M-U18 M-U20, SM, MM		15:10