



**Canterbury Children Athletics  
& Athletics Canterbury  
RELAY EVENT**

**18 December 2021  
Nga Puna Wai**



**RELAY PROGRAMME - Estimated start times**

*If you have are NOT registered with a club / CMA can can still compete.*

*However, you WILL be e-mailed and charged an additional fee.*

*Grade 13 athletes who enter MUST be at Secondary School this year to compete*

Time	Track:
0930	AC 4 x 100m Relay - Mixed
0940	Childrens 4 x100m - Grades 14-7
1040	AC Medley Relay (2x 200m, 400m & 800m) - Mixed
1100	Childrens Medley Relay (2x 100m 200m, 400, 800m) - Grades 14-10
1145	AC 4 x 400m Relay - (provided there are enough teams - TBC Friday)
1200	Open 2000m Track Walk or including Children 1200m & 1600m
1220	AC Steeplechase 2000m or 3000m (Distances TBC)
1245	Children 1500 Steeplechase - no barrier at water jump Grade 10 & 11
0945	AC Senior Shot Put - Mixed (No. rounds depends on entries) (Outer throwing area - NO records)
1015	AC Senior Triple Jump - Mixed (6 rounds)
1115	AC Senior Javelin - Mixed (No. rounds depends on entries) (Outer throwing area - NO records)

Note: AC 4 x 100m and Medley relays will be compiled first and if there is a demand, we will hold the 4 x 400m relay. Teams will be mixed and POSTED on the Athletics Canterbury website calendar by Friday 1200 noon (all going well)

**COST: \$5.00 + \$2.00 admin fee = \$7.00 (ATHLETICS CANTERBURY Events)**

**ALL Children's relay are FREE ... enter on the day**

The Senior 4 x 100m is the first event, so that will start on time.  
The other starts times an estimates and will be confirmed on the day.

**SENIOR Entries CLOSE Thursday 16th December 2021 @ 2:00 p.m.**