## **Athletic Canterbury Clubs**

All Athletic Canterbury clubs have been built on a passion for running and racewalking. Each club is unique so there will be a club that is right for you and your family.

The benefits of club membership include the opportunity to socialise and train with like-minded runners as well as discounted access to Athletic Canterbury events.

## **Christchurch Clubs:**

CHRISTCHURCH AVON: While there is a competitive side to this club, runners of all abilities are welcomed and catered for with social memberships. Christchurch Avon members are a social bunch, enjoying club runs, dinners, and other activities, and aim to have one or two club trips away each year. Contact them at <u>miquevee@gmail.com</u>

DON GREIG RACING STABLES: Established in 2020, Don Greig Racing Stables caters for adult runners of all abilities. They use structured training sessions, in Hagley Park and on the Port Hills, in a friendly supportive environment to enable members to achieve their running goals. Contact them at m.gilpin@rangiruru.school.nz

METHODIST: This is a very social, adults only, club with partners, extended friends and family all enjoying getting out and participating. There are no pretentions with this club – the focus is on fun, fellowship and achieving to the best of your ability. Contact them at evanslj@xtra.co.nz

NEW BRIGHTON OLYMPIC: NBO caters for people from all age groups who want to find friends through running, jumping, and throwing. Their members are both competitive and social and the club operates all year round. NBO have Clubrooms and grass track plus field set-up at Rawhiti Domain off Keyes Rd including a small gym. Contact them at <a href="clubsec@nbo.org.nz">clubsec@nbo.org.nz</a>

PAPANUI TOC H Club: This club is based at Papanui High School with the equipment and high school grounds open for all their athletes and training groups to use. Coaching and specialist training are available to all interested members and their club coaches can assist with developing training programmes. Contact them at <u>mark.oreilly@aingertomlin.co.nz</u>

PHOENIX: Established in 2006, the Phoenix Athletic Club based in Upper Riccarton, provides coaching and equipment for athletes, in a supportive family culture. Club members range from junior all the way through to Masters athletes, with a strong intermediate to senior age group (from 10 years to early twenties). Contact Vanessa Buchan <u>phoenixsecretarynz@gmail.com</u>

PORT HILLS: Port Hills is one of the largest athletics clubs in Canterbury with over 400 members. Port Hills Athletic Club takes pride in being a very social group of people who regularly combine our fantastic sport with the fun side of life. Contact them at <u>bkjago@gmail.com</u>

SELWYN: Selwyn Athletic Club welcomes children and adults to join in the fun and excitement of athletics. They encourage children to learn skills in all track and field events and to have fun. They support those athletes who choose to compete against other athletes in local interclub and national competitions. Contact them at <u>selwyn.athletics@gmail.com</u>

SUMNER: As Christchurch's adventure-focused running club, Club members participate and successfully compete in a variety of outdoor adventure sports including road, cross country & trail running, and orienteering. The club has an active children's section with a focus on achieving personal bests. Contact them at president.sumnerrc@gmail.com

UNIVERSITY OF CANTERBURY: CANU believe it does not matter how old or fit you currently are as everyone starts somewhere. They say, "Most of our top athletes came from humble beginnings and have trained hard to get to where they are now". If this is, you then Contact them at ucathletics@gmail.com

## **Regional Clubs:**

ASHBURTON HARRIERS: Whether you're a first timer or a seasoned runner or walker, this club is proud to cater for a variety of backgrounds and a range of abilities for the athletes in their area. Contact them at <u>Ford.tim.joe.kim@xtra.co.nz</u>

NORTH CANTERBURY: Since forming in 1978, this club have had many members participate in running events with some of them becoming Canterbury and New Zealand champions representing New Zealand at World Championships, Commonwealth and Olympic Games. They welcome athletes of all ages & abilities. Contact them at <a href="mailto:pawseydk@gmail.com">pawseydk@gmail.com</a>

SOUTH CANTERBURY: Founded in 1871, The South Canterbury Amateur Athletics Club is the oldest athletics club in New Zealand. The Club has Saturday competitions during the summer months from the start of October to the end of March AND had **TWO** of its members, Lauren Bruce, and Tom Walsh competing at the Tokyo Olympic Games. **Contact:** Grant Lord: <u>scathleticsclub@gmail.com</u>. People in the South Canterbury region who wish to compete in the Cross Country and Road Season can contact Mark Peters at <u>markp97@hotmail.com</u>.

RUN TIMARU: Run Timaru is a club that welcomes runners of all abilities. They have a long history in South Canterbury. Updated to suit modern runners and running, Run Timaru is going from strength to strength, supporting local runners, young and old, to always put their best foot forward. Contact them at <a href="mailto:secretary@runtimaru.co.nz">secretary@runtimaru.co.nz</a>

## Other:

CANTERBURY MASTERS: Canterbury Masters is not officially a club, but a voluntary organisation helping older athletes, from 35, all over NZ perform and do their best in track and field events. Contact them at: <a href="mailto:aws@xtra.co.nz">aws@xtra.co.nz</a>

OLD BOYS UNITED: This club caters primarily for summer competing athletes from high school-aged athletes to senior athletes in sprints, throws and jumps. Contact Karen Forbes-Henry at <a href="mailto:pjdhenry@icloud.com">pjdhenry@icloud.com</a>