



Dear Athlete,

In this Newsletter you'll find important information about:

- **Important maps for the meet now available [here](#). VERY IMPORTANT: familiarise yourself with your POD details including your designated entry/exit points, bathrooms, seating and warm up areas**
- **Covid Protocols for this Meet**
- **Six Key Athlete Protocols to Enable This Meet to Go Ahead**
- **Pre-Event Training Times at Mitre 10 Park**
- **Physio & First Aid/Medical**
- **Technical Regulations**

We are delighted you can compete in the Jennian Homes New Zealand Track & Field Championships in Hastings from this Thursday-Sunday 3-6 March.

As you can appreciate, the red traffic light settings have not made preparing for this important meet easy. We have been forced to modify and manage this and other key events during the summer to ensure they adhere to government protocols and go ahead.

To make certain that these events continue to form the peak of the New Zealand track and field calendar in 2022 everybody in the athletics community need to play their part.

As you should now all be aware the Jennian Homes New Zealand Track & Field Championships in Hastings will go ahead without spectators and only key support personnel will be allowed to attend.

All meet attendees in their pod/event grouping will have designated areas of Mitre 10 Park they can occupy. Each pod will have a specific entrance/exit point at the facility with specific viewing areas and bathroom facilities. Our essential workers to enable the event to happen include officials, volunteers, Athletics NZ and High Performance NZ Staff, medics, Team Managers and Coaches



While we all love and embrace the social aspects to our sport, it is critical that competing athletes in pods maintain social distancing as much as possible within the competition arena and other designated areas.

We all care passionately about this amazing sport, but to ensure it proceeds in its modified form at a red traffic light setting it is more important than ever we take the time to familiarise all the information provided.

Covid Protocols

Please remember that if you have been sick, are recovering or are feeling symptomatic follow the Ministry of Health advice [here](#) before coming to the meet. We have also set up an email address at nationalt&f@athletics.org.nz to email if you can no longer come because of Covid related reasons or you may prefer or text on 027 541 3211.

We will have a limited number of RAT's tests available at the Meet if you start getting sick or feel symptomatic, please contact your Team Manager who will contact Athletics NZ staff to obtain.

We thank you all for your co-operation and understanding in these challenging and exceptionally demanding times. If you have any questions, feel free to ask us when we are on site at Mitre 10 Park from tomorrow. Have a successful Championships and stay safe.

In athletics,

The Athletics NZ Competitions Team

Six Key Athlete Protocols to Enable This Meet to Go Ahead

1. This is a My Vaccine Pass (MVP) enabled event. Please come prepared with yours. Everyone needs one.
2. A custom wristband will be issued to every athlete when they enter the venue on their opening day of competition. The wristband must be worn for the duration of the meet. No wristband no entry.



3. Face coverings **MUST** be worn except when eating, drinking, warming up/warming down and competing. This is to ensure that we retain as many of our officials, volunteers and other essential staff who are involved.
4. Stay in your designated POD/Grouping.
5. When you have finished competing leave the venue.
6. Take best practicable steps to physically distance from others when in the venue.

Pre-Event Training Times at Mitre 10 Park

Under 18 & Under 20 Athletes

Under 18 and Under 20 athletes and their coaches, support staff may come to train/prepare at the venue after 6.00pm Wednesday 2 March only and will not need to MVP Check/Receive their wristband until when competition begins the following day. Please do not come to train before 6.00pm as the venue will be set up throughout Wednesday.

Senior Athletes

Senior athletes and their coaches, support staff can come to train/prepare at the venue on Thursday and Friday and will not need to MVP Check/Receive their wristband until when competition begins the following day.

Training Times for Senior Athletes Thursday & Friday

- Thursday 3rd March 6.00pm onwards
- Friday 4th March 6.00am to 7.15am and 6.00pm onwards Note: senior athletes must be clear of the venue by 7.30am before under-age athletes start arriving.

Physio & First Aid/Medical

Physio is located on the grass behind the 100m start and first aid/medical in the First Aid Room in the foyer underneath the Grandstand.

Technical Regulations

All athletes need to ensure they are familiar with the technical regulations pertaining to their event. These can be found [here](#).