

Athletics Canterbury 2022 - 2023 (Draft October 2022)

Draft programme of events per interclub meeting. NOTE: Relay events can be added to any interclub, as requested by clubs / school teams.

*

Oct	60	100	200	400	800	1500	*3000	*5000	SC	10k	Wk	SH	LH	LJ	TJ	HJ	PV	SP	DT	HT	JT	Note:	
15 th (Sat)	80		135		600	1200	2000					??	200	W	M								Odd race distances
22 nd (Sat)													?	M	W								
29 th (Sat)													?	W	M								
Nov	60	100	200	400	800	1500	3000	5000	SC	10k	Wk	SH	LH	LJ	TJ	HJ	PV	SP	DT	HT	JT	Note:	
3 rd (Thurs)				300		1 Mile					?												Some SS events, 3000m, PV, HT
5 th (Sat)	NO Interclub – Canterbury Secondary School Championships																						
10 th (Thurs)											?			W	M								
12 th (Sat)	NO Interclub – Show Weekend																						
17 th (Thurs)											?												
19 th (Sat)									?				?	M	W								
24 th (Thurs)				300			2000				?												Odd track race distances
25 th (Fri)	Rhythm & Jumps																					Selected athletes only	
26 th (Sat)									?				?	W	M								
Dec	60	100	200	400	800	1500	3000	5000	SC	10k	Wk	SH	LH	LJ	TJ	HJ	PV	SP	DT	HT	JT	Note:	
1 st Thurs				300		1200					?												
3 rd (Sat)							2000		?				?	M	W								
9 th (Fri)						?																	Trial distance events only
NZSSC	NO Interclub – NZSSC in Inglewood																					NO Meeting	
16 th (Fri)					?																		Trial distance events only
17 th (Sat)	4x 100m, 4x 400m & Distance Medley relay (2x 200, 400 & 800)																					Part of a Children's meeting	
28 th (Wed)	Events TBC																					Events to be confirmed	

Points to consider for all athletes and coaches:

1. Timetabling a full track & field meeting is becoming more challenging, based on the number of officials required. Offering any more than TWO throwing events can only happen if more officials / helpers become available. Two events can be handled by ONE team.
2. To ensure we can offer what is within this draft programme, we require up to 20 helpers each meeting to assist our officials.
3. Over the past few seasons, PV, HJ & SH events have been consistently offered because those participating / helpers have assisted in running the event. ALL other field event competitors are encouraged to help when they can, either during the event or on a day when not competing. Alternatively, encourage a family member or friend to help assist.
4. Walk events distances will be added after consultation i.e. 2000m, 3000m, 5000m & 10000m, and run separately or as part of a distance running event (TBC). We will offer walks at twilight meeting, if there is a demand.
5. Single gender (W) & (M) LJ and TJ, however senior athletes only (20+) can compete in opposite gender events.
6. Canterbury SS Championship organizers (Saturday 5th) have requested some events to occur at our Thursday 3rd November twilight, i.e. 3000m, PV & hammer. Other events offered aimed at non-school athletes.
7. To complete the rotation of steeplechase and long hurdle events, we ask that athletes / coaches of those events request when would be the most appropriate meeting to timetable these events. We have held a LH 300 / 400 event within a flat 300 / 400m.
8. To ensure no athlete is disadvantaged, it will be made known that if a record could potentially be achieved the athlete / coach needs to inform the event officials prior to the competition starts. This should allow us enough time to ensure we have an appropriately graded official present at the time of their attempt.

Many of these decisions will be reviewed and modified on a weekly basis. If we consistently have more officials / helpers available, we can offer more field events.