



**Canterbury Children Athletics  
& Athletics Canterbury  
RELAY EVENT**

**17 December 2022**  
Nga Puna Wai



**RELAY PROGRAMME - Estimated start times**

*If you have are NOT registered with a club / CMA can still compete.  
However, you WILL be e-mailed and charged an additional fee.*

*Grade 13 athletes who enter MUST be at Secondary School this year to compete*

Time	Track:
0930	AC 4 x 100m Relay - Mixed
0940	Childrens 4 x100m - Grades 7-14
1040	AC Medley Relay - Mixed Handicap (800m, 400m, 2x 200m)
1100	Grades 10-14 Medley Relay (2x 100m 200m, 400, 800m)
1130	Grades 7-9 Medley Relay (2x 200, 2x 100)
1200	Open 2000m Track Walk or including Children 1200m & 1600m
1215	Children 1500 Steeplechase no barrier at water jump Grade 10 & 11

**MAXIMUM spike length on the track is 6mm, CONE shape only.  
For javelin & high jump only, 9mm CONE shaped spikes can be used.**

<b>Competition Fees:</b> <i>includes \$2 admin fee</i>	Scheduled event start times are subject to variation depending on numbers reporting to the events. No event start times will be advanced.			
Seniors & M30 - M64	U20 - U18 & M65+	U16 & Grades 13 / 14	Non-club Secondary School	Non-club Seniors
<b>\$5.00</b>	<b>\$5.00</b>	<b>\$5.00</b>	<b>\$5.00</b>	<b>\$5.00</b>
<b>Manager</b>	<b>Track Referee</b>	<b>Field Referee</b>	<b>Field Referee</b>	<b>Duty Club(s)</b>