

Athletics Canterbury 2022 - 2023 (Updated December 2022)

26 th (Sat)									?				?	W	M									
Dec	60	100	200	400	800	1500	3000	5000	SC	10k	Wk	SH	LH	LJ	TJ	HJ	PV	SP	DT	HT	JT	Note:		
1 st Thurs				300		1200					?													
3 rd (Sat)							2000		?				?	M	W									
NZSSC	NO Interclub – NZSSC in Inglewood																							
17 th (Sat)	Medley Relay- 100m, 200m, 400m 800m event options																							
28 th (Wed)				300							1M												Xmas Cracker Twilight Meeting	
Jan 2023	60	100	200	400	800	1500	*3000	*5000	SC	10k	Wk	SH	LH	LJ	TJ	HJ	PV	SP	DT	HT	JT	Note:		
7 th (Sat)						1M																	Lovelock Classic	
14 th (Sat)																							NO Meeting - SI Colgate Games	
20 th (Fri)											Wk						SP		DT	HT	JT	MASTERS / Community 3000m		
21 st (Sat)									Wk				LJ	TJ									SI Masters (Fri / Sat / Sun)	
22 nd (Sun)	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	Request for 10km TRACK WALK?
28 th (Sat)						*3000	*5000	SC	10k	Wk	SH	LH	LJ	TJ									AC 3000m Champs	
Feb 2023	60	100	200	400	800	1500	*3000	*5000	SC	10k	Wk	SH	LH	LJ	TJ	HJ	PV	SP	DT	HT	JT	Note:		
4 th (Sat)						*3000	*5000	SC	10k	Wk	SH	LH	LJ	TJ									U20/Open/Masters 5000m U18/U16 2000m Steeplechase	
7 th (Tues) or 8 th (Wed)								#								PV							Pole Vault Champs (Day TBC)	
10 th (Fri)	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	Canterbury Champs (6-9)
11 th (Sat)	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	#	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	MASTERS / Community 3000m	Wk	HT	JT	Canterbury Champs (5-9)
18 th (Sat)	?	?		?		?							?	?		?	?	?	?	?	?	?	?	Cannot confirm event until the DRAFT ITM program is available
19 th (Sun)																							International Track Meet -12:00	
25 th (Sat)																		?	?	?	?		Throws TBC	
Mar 2023	60	100	200	400	800	1500	*3000	*5000	SC	10k	Wk	SH	LH	LJ	TJ	HJ	PV	SP	DT	HT	JT	Note:		
1 st – 4 th																							ATHLETICS NZ CHAMPS	

10 th (Fri)																						DGRS Night of FIVES
25 th (Sat)																						AC 1000m Champs and Team Challenge

U20 / Senior Steeplechase date has yet to be confirmed, complicated by the Classic Events taking those involved away. Possible dates indicated by #.