



**Athletics Canterbury Interclub 8 & 3000m Champs - 28/01/2023**  
**Nga Puna Wai- Results - Senior Interclub Results by HEATS**

**Girls 3000 Metre Run Championship Under 16**

Name	Age Team	Finals
1 Emily Watt	15 SUMN	11:48.13

**Girls 300 Metre Hurdles 762mm Under 16**

Name	Age Team	Finals
1 Ruby Simon	15 CHAV	50.90

**Girls Javelin Throw 500gm Under 16**

Name	Age Team	Finals
1 Charlotte Blake	15 SCAN	30.14m
		30.14m 28.59m 25.48m 28.41m 27.69m 27.73m

**Women 60 Metre Sprint Open**

Name	Age Team	Finals
Section 1 Wind: 1.3		
1 Eden Innes	15 SELW	8.25
2 Rebecca Bryant	23 CANU	8.28
3 Holly Thin	16 PTOC	8.49
4 Hollie Johnson	17 PHOX	8.92

**Women 100 Metre Sprint Open**

Name	Age Team	Finals
Section 1 Wind: -0.1		
1 Anna Percy	26 COBU	12.16
2 Emily Jackson	18 CANU	13.06
3 Rebecca Bryant	23 CANU	13.23
4 Eden Innes	15 SELW	13.30
5 Holly Thin	16 PTOC	13.45
Section 2 Wind: 0.8		
1 Ella Waldron	16 GERA	13.06
2 Sophie Mercer	16 SELW	13.50
3 Leah Pratten	16 PTOC	13.63
4 Charlotte Blake	15 SCAN	13.84
5 Hollie Johnson	17 PHOX	14.47

**Women 200 Metre Sprint Open**

Name	Age Team	Finals
Section 1 Wind: 3.0		
1 Eden Innes	15 SELW	26.77
2 Holly Thin	16 PTOC	26.90
3 Sophie Mercer	16 SELW	27.46
4 Rosa Twyford	21 CANU	27.61
5 Meg Edwards	16 COBU	27.91
6 Jorja Williams	18 PTOC	29.34

**Women High Jump Open**

Name	Age Team	Finals
1 Jody McCarthy-Dempsey	16 SELW	1.55m
		1.45 1.50 1.55 1.60
		0 0 0 X-

**Women Pole Vault Open**

Name	Age Team	Finals
1 Eliza Meekings 3.25 3.45 3.55 O XXO XXX	21 PTOC	3.45m
2 Isla Martin-Mckenzie 2.45 2.55 2.65 2.75 2.85 O O O XXO XXX	17 PTOC	2.75m
2 Miah Taylor 2.45 2.55 2.65 2.75 2.85 O O O XXO XXX	17 PTOC	2.75m
4 Sue Petrie 2.25 2.35 2.45 2.55 2.65 O O XO O XXX	17 PTOC	2.55m
5 Olivia Watt 2.35 2.45 2.55 XO XO XXX	18 PTOC	2.45m
6 Pera Gordon 1.55 1.65 1.75 1.85 1.95 2.05 2.15 2.25 2.35 O O O XO O O O XXO XXX	14 PRHL	2.25m
7 Grace Smith 1.85 1.95 2.05 2.15 2.25 XO XO XO XXO XXX	14 PRHL	2.15m

**Women Long Jump Open**

Name	Age Team	Finals	Wind
1 Kelsey Berryman 5.82m(1.3) 5.48m(0.7) 5.74m(1.9) X(-0.1) X(1.0) X(0.7)	31 COBU	5.82m	1.3
2 Christina Ryan X(0.8) 5.45m(-0.8) 5.41m(0.9) X(-2.2) X(-0.2) X(0.8)	25 COBU	5.45m	-0.8
3 Meg Edwards 5.11m(0.4) 4.63m(-0.1) X(-0.1) - - -	16 COBU	5.11m	0.4
4 Ella Waldron 4.95m(0.8) 4.89m(1.6) 4.86m(1.8) 4.98m(1.2) 4.95m(1.5) -	16 GERA	4.98m	1.2

**Women Triple Jump Open**

Name	Age Team	Finals	Wind
1 Lilla Faivre 9.87m(+0.0) 10.56m(0.2) 10.04m(1.7) 10.24m(1.1) -	17 PHOX	10.56m	0.2
			9.75m(-2.0)

**Women 3000 Metre Run Championship Senior**

Name	Age Team	Finals
Section 1		
1 Eva Pringle	22 UCAN	10:04.11
2 Anne McLeod	35 DGRS	10:09.65
3 Sophie Hicks	24 HCYU	10:10.81
4 Natalie Dryden	26 CANU	10:24.43
5 Fiona Crombie	41 DGRS	10:44.31
6 Zoe Griffiths	21 CANU	10:55.21

**Women 100 Metre Hurdles 838mm Senior**

Name	Age Team	Finals
Section 1 Wind: 0.4		
1 Anna Percy	26 COBU	13.81
2 Christina Ryan	25 COBU	15.13

**Women Hammer Throw 4.00kg Senior**

Name	Age	Team	Finals
1 Embla Wihk	21	HCYU	42.56m
X 41.26m			X X X

**Women 3000 Metre Run Championship Under 20**

Name	Age	Team	Finals
Section 1			
1 Kennedy Taylor	18	STPA	11:19.39

**Women Hammer Throw 4.00kg Under 20**

Name	Age	Team	Finals
1 Kirsty McCarthy-Dempsey	18	SELW	39.37m
39.13m 36.95m 37.31m		X 39.37m 36.06m	
2 Nora Quigley	18	COBU	34.26m
33.23m 34.26m	X 30.72m	X 29.70m	
3 Charlotte Lambie	19	COBU	28.42m
X 26.43m 28.23m 23.49m	X 28.42m		

**Women Javelin Throw 600gm Under 20**

Name	Age	Team	Finals
1 Abbey Moody	19	SCAN	41.38m
40.28m 40.03m 38.74m		41.38m - -	
2 Kirsty McCarthy-Dempsey	18	SELW	33.13m
31.11m 32.58m 28.54m	X 33.13m	32.57m	

**Women 3000 Metre Run Championship Under 18**

Name	Age	Team	Finals
1 Brynne Gordon	16	PRHL	10:27.41
2 Bridie Restieaux	17	CANU	10:45.60

**Women 100 Metre Hurdles 762mm Under 18**

Name	Age	Team	Finals
Section 1 Wind: 0.4			
1 Holly Gray	17	COBU	14.94
2 Ella Waldron	16	GERA	15.07
3 Meg Edwards	16	COBU	15.47

**Women 300 Metre Hurdles 762mm Under 18**

Name	Age	Team	Finals
1 Holly Gray	17	COBU	47.28
2 Emily Jackson	18	CANU	50.05
3 Lilla Faivre	17	PHOX	51.12

**Women Javelin Throw 500gm Under 18**

Name	Age	Team	Finals
Flight 1			
1 Mya Phillips	17	NCAN	37.42m
X 37.42m		X X 32.28m	X

2 Meg Edwards 16 COBU 27.90m  
- - 22.03m 27.90m 22.55m 27.16m

**Boys 3000 Metre Run Championship Under 16**

Name	Age	Team	Finals
1 Max Aldridge	15	CBHS	9:43.20

**Boys 100 Metre Hurdles 838mm Under 16**

Name	Age	Team	Finals
Section 1 Wind: -0.4			
1 Oliver-Tane Knowles	16	CAMB	16.55

**Boys 300 Metre Hurdles 762mm Under 16**

Name	Age	Team	Finals
1 Dylan Jackson	15	CANU	48.96

**Men 60 Metre Sprint Open**

Name	Age	Team	Finals
Section 1 Wind: 1.5			
1 Quinn Andis	20	PTOC	7.13
2 Mark Agnew	20	PHOX	7.23
3 Ciaran Dunnion	29	SELW	7.40
4 Sacha Tahī	17	PTOC	7.40
5 Zion Devon	17	COBU	7.80
6 Connor Tamihana	16	COBU	7.80
7 Victor Lusion	42	CANU	8.28

**Men 100 Metre Sprint Open**

Name	Age	Team	Finals
Section 1 Wind: 3.2			
1 John Gerber	22	HCYU	10.62
2 Asher Pettengell-Brand	18	COBU	10.88
3 AJ Madondo	17	CCCA	11.05
4 Marcus Wolton	28	COBU	11.08
5 Mark Agnew	20	PHOX	11.12
6 Hunter Scott	16	CANU	11.25
6 Joshua Price	19	COBU	11.25
8 Jordan Veitch	17	COBU	11.51
Section 2 Wind: 1.9			
1 Joseph Nash	18	CCCA	11.25
2 Brad Grooby	22	PTOC	11.43
3 Will Chunn	19	COBU	11.44
4 John Mottus	19	SELW	11.52
5 Sacha Tahī	17	PTOC	11.59
6 Louis Andrews	23	COBU	11.82
7 Harry Williamson	16	COBU	11.88
8 Ollie Singleton	17	COBU	11.90
9 Bill Quigley	16	COBU	12.01
Section 3 Wind: 0.9			
1 Levi Ferguson	19	PHOX	12.12
2 Zack Walton	16	COBU	12.16
3 Ethan Price	16	COBU	12.31
4 Connor Tamihana	16	COBU	12.42
5 Samuel de Roo	19	PTOC	12.64



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**Men 200 Metre Sprint Open**

Name	Age Team	Finals
Section 1 Wind: -0.1		
1 John Gerber	22 HCYU	21.64
2 Asher Pettengell-Brand	18 COBU	21.95
3 AJ Madondo	17 CCCA	22.23
4 Joseph Nash	18 CCCA	22.37
5 Marcus Wolton	28 COBU	22.46
6 Joshua Price	19 COBU	23.01
7 Jordan Veitch	17 COBU	23.17
8 Hunter Scott	16 CANU	23.42
Section 2 Wind: 1.7		
1 John Mottus	19 SELW	23.00
2 Oliver Dunshea	22 PTOC	23.14
3 Sacha Tahī	17 PTOC	23.35
4 Zack Walton	16 COBU	23.65
5 Ciaran Dunnion	29 SELW	23.71
-- Ollie Singleton	17 COBU	DQ

**Men High Jump Open**

Name	Age Team	Finals
1 Ethan Bone 1.80 1.85 1.90 1.97 - XO XO XXX	18 PTOC	1.90m
2 Tia Wynyard 1.80 1.85 1.90 - O XXX	18 PTOC	1.85m
3 Ethan Price 1.65 1.70 1.75 1.80 1.85 O O XXO XO XXX	16 COBU	1.80m
4 Levi Ferguson 1.75 1.80 XO XXX	19 PHOX	1.75m
5 Ethan Duke Norris 1.55 1.60 1.65 O O XXX	15 SELW	1.60m

**Men Pole Vault Open**

Name	Age Team	Finals
-- Masaki Tomooka 2.95 XXX	21 COBU	NH

**Men Long Jump Open**

Name	Age Team	Finals	Wind
1 Quinn Andis 2.67m(1.0) 6.16m(0.7) 6.27m(0.7) X(+0.0) -	20 PTOC	6.29m	2.7
2 Samuel de Roo 5.21m(-0.1) 5.60m(1.0) 5.71m(+0.0) 5.01m(0.3) X(+0.0) 5.52m(-0.4)	19 PTOC	5.71m	+0.0

**Men 3000 Metre Run Championship Senior**

Name	Age Team	Finals
Section 1		
1 Cameron Clark	21 CHAV	8:35.81
2 Corban Straker	21 CHAV	8:42.85



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3	Sam Petty	32	CANU	8:45.93
4	Alex Kelliher	39	CHAV	8:48.78
5	George Guerin	22	PTOC	8:53.06
6	Thomas Richards	31	CHAV	8:57.56
7	Buddy Small	23	STPA	9:06.45
8	Shogo Watanabe	29	CANU	9:11.91
9	Tom Galloway	31	NBOL	9:38.48
10	Matthew Clarke	20	PRHL	9:46.67

**Men 110 Metre Hurdles 1067mm Senior**

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Name	Age	Team	Finals	
Section 1 Wind: -0.4				
1	Masaki Tomooka	21	COBU	15.14

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**Men 400 Metre Hurdles 914mm Senior**

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Name	Age	Team	Finals	
1	Louis Andrews	23	COBU	59.27

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**Men Hammer Throw 7.26kg Senior**

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Name	Age	Team	Finals	
1	Todd Bates	29	TAIR	55.40m
53.92m 54.10m 55.30m 55.40m 54.33m X				

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**Men 3000 Metre Run Championship Under 20**

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Name	Age	Team	Finals	
1	Pai Wynyard	18	PTOC	8:43.74
2	Tram O'Callaghan	19	CHAV	9:30.07
3	Tom Allan	18	TIMA	9:37.53

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**Men 110 Metre Hurdles 990mm Under 20**

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Name	Age	Team	Finals	
Section 1 Wind: -0.4				
1	Beau Brackenridge	18	COBU	15.59
2	Joshua Price	19	COBU	16.47

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**Men 300 Metre Hurdles 914mm Under 20**

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Name	Age	Team	Finals	
1	Beau Brackenridge	18	COBU	40.77

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**Men 3000 Metre Run Championship Under 18**

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Name	Age	Team	Finals	
1	Cooper Wightman	16	SELW	9:15.52
2	Josh Loose	17	PRHL	9:47.34
3	Archie Jones	17	TIMA	10:11.72
--	Angus Sevier	17	PRHL	DNF

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**Men 110 Metre Hurdles 914mm Under 18**

Name	Age Team	Finals
Section 1 Wind: -0.4		
1 Wiremu Knowles	17 CAMB	15.47
2 Harry Williamson	16 COBU	16.87

**Men 300 Metre Hurdles 838mm Under 18**

Name	Age Team	Finals
Section 1		
1 Wiremu Knowles	17 CAMB	42.95

**Men Hammer Throw 5.00kg Under 18**

Name	Age Team	Finals
1 Bill Quigley	16 COBU	17.53m
X 17.07m 17.53m 15.87m 16.94m X		

**Men Javelin Throw 700gm Under 18**

Name	Age Team	Finals
1 Ollie Singleton	17 COBU	42.29m
39.72m 38.64m X 38.15m 42.29m X		
2 Bill Quigley	16 COBU	33.93m
33.73m 31.12m X 33.07m X 33.93m		

**Men 35-95 Javelin Throw Masters**

Name	Age Team	Finals
1 Victor Lusic	42 CANU	40.22m
37.78m 38.61m 38.87m 40.22m 37.74m 38.61m		
2 Jim Nguyen	52 SELW	34.40m
32.39m 34.40m 32.45m 34.04m 33.20m 32.28m		

**Men 17-19 Javelin Throw F37 600gm Ambulatory Para**

Name	Age Team	Finals
1 Zack Lappin	18 PTOC	27.74m
X 25.99m X X X 27.74m		

**Mixed 800 Metre Run Open**

Name	Age Team	Finals
Section 1		
1 Ethan Smolej	M20 PTOC	1:53.29
2 Angus Sevier	M17 PRHL	1:54.39
3 Oliver Dunshea	M22 PTOC	1:56.52
4 Louie Howell	M20 PRHL	1:56.64
5 Oska Baynes	M32 CANU	1:57.57
6 Cameron Swales	M27 CANU	1:58.56
7 Christopher Dryden	M24 CANU	1:58.79
8 Matthew Clarke	M20 PRHL	2:00.06
9 Shogo Watanabe	M29 CANU	2:02.32
10 Alexander McCorkindale	M18 CANU	2:02.41
11 William McMeeken	M18 SELW	2:03.21

Section 2

1	Rosa Twyford	W21	CANU	2:08.28
2	Angela Petty	W32	CANU	2:09.18
3	Kiera Hall	W18	PRHL	2:11.26
4	Chloe Hughes	W20	PRHL	2:16.53
5	Rosaria Gibson	W18	CANU	2:20.67
6	Malcolm Cornelius	M57	DGRS	2:26.68
7	Leah Pratten	W16	PTOC	2:29.26
8	Alexandra Rees-Thomas	W18	COBU	2:30.88
9	Andrew Stark	M65	CMA	2:31.09
10	Alyssa Buchan	W16	PTOC	2:31.31
11	Grace Howell	W18	PRHL	2:36.50
12	Mia McMath	W16	SELW	2:42.38
13	Georgie Simon	W14	CHAV	2:43.93

**Mixed 3000 Metre Race Walk Championship Open**

Name	Age	Team	Finals	
1	Jonah Cropp	M18	SUMN	12:58.85
2	Courtney Ruske	W29	CHAV	14:17.46
3	Madeline Thomas	W17	COBU	18:12.51
4	Lily Sewell	W13	SELW	18:33.52
5	Stacey Hooper	W16	SELW	18:59.96
6	Rozie Robinson	W33	CMA	19:09.32
7	Heather Mclean	W44	NBOL	20:50.01

**Mixed 30+ 3000 Metre Run Masters**

Name	Age	Team	Finals	
1	Michael Anderson	M42	DGRS	10:02.12
2	Shaun Fauth	M38	NCAN	10:39.74
3	Jo Van Rensburg	W45	NCAN	11:27.20
4	John Mulvaney	M76	NBOL	16:10.13