

Pak N Save Cooks Classic 2023 - 28/01/2023
Challenger World Athletics Continental Tour
Cooks Gardens, Whanganui
Results

Women 200 m .

Sponsor: Eye on Victoria

Meet Record: # 23.50 26/01/1977 Raylene Boyle, Australia

Meet Record: # 23.51 30/01/2022 Georgia Hulls, Hastings

Name	Age	Team	Finals	Points
Section 1 Wind: 0.6				
1 # 302 Bing, Portia	29	Waitakere City	24.14	
2 # 215 Collette, Chayill	18	NZ Sec Schools	24.27	
3 # 197 Harvey, Tamsin	24	Kiwi Ath Club	24.70	
4 # 214 Collette, Addira	18	NZ Sec Schools	24.75	
5 # 166 Ville, Loan	19	France	24.98	
6 # 206 Kilmister, Sacha	15	Mana Ath Club	26.43	
-- # 151 Wilson, Maddie	21	Chch Old Boys	DNS	

Women 400 m .

Sponsor: Loaders

Meet Record: # 51.98 22/01/2000 Tamsyn Lewis, Australia

Name	Age	Team	Finals	Points
Section 1				
1 # 146 Elliott, Rosie	26	Chch Old Boys	52.16	
2 # 302 Bing, Portia	29	Waitakere City	53.50	
3 # 140 Beer, Ellie	20	Australia	53.69	
4 # 223 Powell, Mia	18	NZ Sec Schools	54.86	
5 # 168 Hauke, Jennifer	30	Germany	55.51	
6 # 143 Thornton, Jessica	25	Australia	55.62	
7 # 166 Ville, Loan	19	France	56.77	
-- # 248 Neal, Isabel	21	Nth Harbour Bays	DNS	

Women 1 Mile NZ Champs .

Sponsor: J&S van Dalen

Meet Record: # 4:35.23 22/01/2022 Laura Nagel, Auckland

Name	Age	Team	Finals	Points
1 # 142 Griffith, Georgia	27	Australia	4:30.27#	
2 # 141 Billings, Sarah	25	Australia	4:32.30#	
3 # 190 Greene, Rebekah	28	Hill City Uni	4:32.92#	
4 # 179 Manning, Holly	27	Hastings Ath	4:39.96	
5 # 326 Hollyer, Tillie	21	Whippets Running	4:43.42	
6 # 245 Grogan, Anneke	25	Nth Harbour Bays	4:45.90	
7 # 243 Dennehy, Brigid	28	Nth Harbour Bays	4:47.16	
8 # 242 de Hora, Niamh	29	Nth Harbour Bays	4:55.55	
9 # 244 Floodsmith-ryan,	21	Nth Harbour Bays	4:57.20	
10 # 170 Ferguson, Aimee	21	Hamilton Hawks	5:04.10	
11 # 307 Cosgrove-Drayton,	20	Wtgn Harrier Ath	5:18.08	
-- # 168 Hauke, Jennifer	30	Germany	DNF	

Women 400 m Hurdles .

Sponsor: Whanganui & Partners

Meet Record: # 56.05 30/01/2021 Portia Bing, Auckland

Name	Age	Team	Finals	Points
1 # 227 Wisnewski, Grace	18	NZ Sec Schools	1:02.49	
2 # 219 Hancock, Sophie	17	NZ Sec Schools	1:02.66	
3 # 220 Jones, Maggie	19	NZ Sec Schools	1:02.81	

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....Women 400 m Hurdles .

4 #	221 Kelso-Heap, Maddi	18 NZ Sec Schools	1:03.86
5 #	119 Cromarty, Paige	19 Ath Wanganui	1:06.06
6 #	131 Adams, Sophie	20 Auck City Ath	1:06.86
7 #	250 Whiteman, Georgia	24 Nth Harbour Bays	1:07.50

Women High Jump .

Sponsor: Whanganui Collegiate School

Meet Record: # 1.83m 20/01/2015 Nicola McDermott, Australia

Name	Age	Team	Finals	Points
=====				
Flight 1				
1 #	134 Skelton, Imogen	22 Auck City Ath	1.82m	
	1.53 1.58 1.63 1.68 1.73 1.78 1.82 1.87			
	PPP PPP PPP PPP O XO XO XXX			
2 #	148 O'Hagan, Keeley	29 Chch Old Boys	1.78m	
	1.53 1.58 1.63 1.68 1.73 1.78 1.82			
	PPP PPP PPP PPP O O XXX			
3 #	169 de Jager, Mia	15 Hamilton Hawks	1.73m	
	1.53 1.58 1.63 1.68 1.73 1.78			
	O O O XO O XXX			
4 #	149 Reeves, Josephine	20 Chch Old Boys	1.68m	
	1.53 1.58 1.63 1.68 1.73			
	PPP PPP O XO XXX			
5 #	266 Trow, Courtney	19 Pal North H&A	J1.68m	
	1.53 1.58 1.63 1.68 1.73			
	O O O XXO XXX			
5 #	132 Hyland, Alexandra	22 Auck City Ath	J1.68m	
	1.53 1.58 1.63 1.68 1.73			
	PPP PPP O XXO XXX			
7 #	265 Trow, Amber	17 Pal North H&A	1.63m	
	1.53 1.58 1.63			
	PPP XO XXO			
-- #	151 Wilson, Maddie	21 Chch Old Boys	DNS	

Women Long Jump .

Sponsor: Over the Hill Runners

Meet Record: # 6.61m 17/01/1998 Nicole Boegman, Australia

Name	Age	Team	Finals	Wind	Points
=====					
1 #	150 Sandilands, Hanna	27 Chch Old Boys	5.82m	2.0	
	FOUL 5.82m(2.0) FOUL 5.78m(2.0) FOUL		3.72m(1.0)		
2 #	100 Bennett, Ashleigh	24 Ath Hawera	5.78m	1.6	
	FOUL 5.78m(1.6) 5.51m(0.5) 5.44m(1.3) FOUL		5.60m(2.2)		
3 #	217 Cullen, Bernice	17 NZ Sec Schools	5.33m	0.8	
	4.99m(1.8) 5.33m(0.8) 5.18m(2.1) 5.15m(1.1) 5.10m(0.9) 5.12m(1.2)				
4 #	261 Hurley-Langton, E	22 Pal North H&A	5.03m	1.7	
	FOUL 5.03m(1.7) FOUL 4.58m(1.5) 4.81m(-0.4) FOUL				
5 #	102 Terrill, Lauryn	15 Ath Hawera	4.57m	0.9	
	FOUL FOUL 4.57m(0.9) 4.47m(0.9) 4.53m(1.9) 4.33m(-0.1)				
6 #	267 Trow, Tayler	15 Pal North H&A	4.51m	1.8	
	4.43m(1.7) 4.51m(1.8) 4.50m(0.4) 3.38m(2.5) FOUL		4.49m(0.7)		
7 #	298 Domanski, Aleksan	15 Wairarapa T&F	4.37m	0.5	
	4.26m(1.3) 4.36m(3.1) 4.37m(0.5) 4.10m(1.0) 4.13m(2.1) 4.00m(-0.1)				
8 #	103 Thompson, Chloe	17 Ath Hawera	3.87m	2.6	
	FOUL 3.74m(0.6) FOUL 3.68m(2.4) 3.87m(2.6) 3.85m(1.5)				

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-- #	332	Morgan, Queenie	16	Levin Athletic Club	FOUL	
		FOUL		FOUL	FOUL	
-- #	151	Wilson, Maddie	21	Chch Old Boys	DNS	NWI
-- #	219	Hancock, Sophie	17	NZ Sec Schools	DNS	NWI
-- #	101	Hockly, Lara	19	Ath Hawera	DNS	NWI

Women Hammer Throw .

Sponsor: Unichem
 Meet Record: # 72.05m 30/01/2022 Lauren Bruce, South Canterbury

Name	Age	Team	Finals	Points
1 # 287 Bruce, Lauren	25	Sth Cant Ath	65.98m	
		64.00m 64.65m 65.98m	FOUL 64.31m 63.31m	
2 # 147 Maples, Lexi	23	Chch Old Boys	57.05m	
		57.05m FOUL 55.44m	FOUL 53.71m 55.98m	
3 # 109 Shepherd-Oates, D	23	Athletics Taieri	52.55m	
		52.55m FOUL FOUL FOUL	FOUL 51.87m	
4 # 225 Sola, Mikayla	17	NZ Sec Schools	44.04m	
		36.38m 39.94m 44.04m	FOUL 41.89m FOUL	
5 # 222 Kumerich, Nadja	17	NZ Sec Schools	43.67m	
		42.38m FOUL 43.30m	42.37m 43.67m 42.86m	
6 # 204 Dunlop-Brown, Any	19	Mana Ath Club	36.64m	
		35.73m 35.23m 33.31m	FOUL 35.75m 36.64m	
7 # 288 Motley, Orla	15	Sth Cant Ath	35.08m	
		32.86m 35.08m 28.82m	FOUL 32.56m FOUL	
8 # 117 Bartlett, Mia	17	Ath Wairarapa	34.02m	
		32.62m FOUL FOUL	32.75m 34.02m FOUL	
-- # 205 Hewitt, Elizabeth	19	Mana Ath Club	DNS	

Women Javelin Throw .

Sponsor: Pak'nSave
 Meet Record: # 58.95m 30/01/2022 Tori Peeters, Hamilton

Name	Age	Team	Finals	Points
1 # 117 Bartlett, Mia	17	Ath Wairarapa	33.99m	
		30.81m 33.99m 31.13m	FOUL 29.22m 33.40m	
2 # 160 Hall, Zoe	19	Egmont Athletics	32.13m	
		29.03m 30.98m 32.13m	30.42m 30.31m 28.48m	
3 # 288 Motley, Orla	15	Sth Cant Ath	30.01m	
		27.32m FOUL 30.01m	27.50m 29.59m FOUL	
-- # 151 Wilson, Maddie	21	Chch Old Boys	DNS	
-- # 226 Willman, Leala	17	NZ Sec Schools	DNS	

Women 200 m Open A .

Sponsor: Eye on Victoria
 Meet Record: # 23.50 26/01/1977 Raylene Boyle, Australia
 Meet Record: # 23.51 30/01/2022 Georgia Hulls, Hastings

Name	Age	Team	Finals	Points
Section 1 Wind: 1.3				
1 # 180 Pearce, Sarah	31	Hastings Ath	26.74	
2 # 264 Schaef, Ellen	31	Pal North H&A	26.97	
3 # 250 Whiteman, Georgia	24	Nth Harbour Bays	28.41	
4 # 301 Bing, Lilli	18	Waitakere City	28.63	
5 # 123 Wilson, Morgan	17	Ath Wanganui	28.75	

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....Women 200 m Open A .

6 # 202 Kjestrup, Verde 15 Levin Athletic Club 29.05

Women 400 m Open A .

Sponsor: Loaders

Meet Record: # 51.98 22/01/2000 Tamsyn Lewis, Australia

Name	Age Team	Finals	Points
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Section 1

1 # 178 Gearey, Shannon	25 Hastings Ath	58.05	
2 # 241 Borton, Kate	16 Nth Harbour Bays	58.26	
3 # 264 Schaef, Ellen	31 Pal North H&A	59.39	
4 # 279 MacDonald, Chanta	20 Papanui Toc H	59.57	
5 # 308 Healy, Poppy	16 Wtgn Harrier Ath	59.98	
6 # 159 Bascara, Chadelle	15 Egmont Athletics	1:05.18	
-- # 250 Whiteman, Georgia	24 Nth Harbour Bays	DNS	

Women 100 m Open A .

Sponsor: Velo Ronny's Bicycle Store

Meet Record: # 11.73 19/01/2002 Mindy Slomka, Australia

Name	Age Team	Finals	Points
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Section 1 Wind: 2.1

1 # 215 Collette, Chayill	18 NZ Sec Schools	11.74	
2 # 197 Harvey, Tamsin	24 Kiwi Ath Club	11.94	
3 # 214 Collette, Addira	18 NZ Sec Schools	11.97	
4 # 206 Kilmister, Sacha	15 Mana Ath Club	12.80	
-- # 150 Sandilands, Hanna	27 Chch Old Boys	DNS	

Women 800 m Open A .

Sponsor: Steelform Roofing Group

Meet Record: # 2:06.10 06/03/1998 Kelly Edge, Lower Hutt

Name	Age Team	Finals	Points
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Section 1

1 # 262 Jukes, Angela	18 Pal North H&A	2:20.51	
2 # 309 Yu, Kate	16 Wtgn Harrier Ath	2:25.02	
3 # 306 Abernethy, Amelia	17 Wtgn Harrier Ath	2:27.04	
4 # 255 Atkinson, Aaliyah	17 Olympic H&A Club	2:27.31	
5 # 249 Tucker, Anna	19 Nth Harbour Bays	2:29.43	
-- # 241 Borton, Kate	16 Nth Harbour Bays	DNS	

Women Triple Jump Open A .

Sponsor: Grassroots Trust

Meet Record: # 12.97m 22/01/2000 Shelley Avery, Auckland

Name	Age Team	Finals	Wind	Points
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Flight 1

1 # 207 Thomson, Anna	27 Mana Ath Club	12.33m	3.2	
12.33m(3.2) 11.86m(0.4) 11.96m(1.3) 11.80m(1.0) 12.03m(2.6) FOUL				
2 # 216 Collins, Hannah	17 NZ Sec Schools	11.30m	0.5	
11.00m(2.5) FOUL 11.05m(0.8) 11.04m(0.9) 11.13m(1.9) 11.30m(0.5)				
3 # 219 Hancock, Sophie	17 NZ Sec Schools	11.04m	2.3	
11.04m(2.3) 10.73m(0.9) 10.91m(0.5) 10.71m(2.0) PASS PASS				

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....Women Triple Jump Open A .

4 #	217 Cullen, Bernice	17 NZ Sec Schools	10.60m	2.2
	10.52m(2.2)	10.60m(2.2)	10.54m(1.8)	9.30m(0.2)
			10.52m(2.2)	PASS
5 #	101 Hockly, Lara	19 Ath Hawera	10.31m	2.3
	FOUL	10.31m(2.3)	10.18m(0.8)	9.98m(0.4)
			FOUL	PASS
6 #	261 Hurley-Langton, E	22 Pal North H&A	10.20m	1.8
	10.06m(2.3)	10.20m(1.8)	FOUL	9.95m(0.3)
			PASS	PASS
7 #	263 McKinlay, Juliet	15 Pal North H&A	9.95m	1.6
	FOUL	9.71m(1.5)	9.90m(0.5)	9.29m(0.5)
			9.95m(1.6)	9.76m(0.5)
8 #	102 Terrill, Lauryn	15 Ath Hawera	9.90m	1.0
	FOUL	FOUL	9.55m(1.0)	9.90m(1.0)
			9.87m(1.6)	9.71m(1.5)
9 #	103 Thompson, Chloe	17 Ath Hawera	8.47m	2.6
	8.47m(2.6)	7.93m(1.3)	8.23m(1.3)	
-- #	133 Iwunze, Jayne	29 Auck City Ath	DNS	NWI

Women 100 m Open B .

Sponsor: Velo Ronny's Bicycle Store

Meet Record: # 11.73 19/01/2002 Mindy Slomka, Australia

Name	Age	Team	Finals	Points
Section 1 Wind: 1.4				
1 #	119 Cromarty, Paige	19 Ath Wanganui	12.88	
2 #	298 Domanski, Aleksan	15 Wairarapa T&F	13.19	
3 #	263 McKinlay, Juliet	15 Pal North H&A	13.44	
4 #	301 Bing, Lilli	18 Waitakere City	13.77	
5 #	123 Wilson, Morgan	17 Ath Wanganui	13.78	
6 #	202 Kjestrup, Verde	15 Levin Athletic Club	13.90	

Women 1 Mile Masters .

Sponsor: H&A Print

Name	Age	Team	Finals	Points
Section 1				
1 #	320 Walker, Heather	51 Wtgn Scottish	5:23.63	
2 #	319 Shafi, Ayesha	36 Wtgn Scottish	5:28.42	
3 #	121 Gibbs, Sally	60 Ath Wanganui	5:36.29	
4 #	256 Humphries, Heidi-	45 Olympic H&A Club	6:35.43	
5 #	120 Dunne, Nuala	65 Ath Wanganui	7:17.33	

Women Under 20 1 Mile NZ Champs .

Sponsor: Phillips Electrical

Meet Record: # 4:46.46 22/01/2022 Hannah Newbould, Canterbury

Name	Age	Team	Finals	Points
1 #	224 Ritchie, Boh	16 NZ Sec Schools	4:49.07	
2 #	164 Ferguson, Emma	18 Feilding Moa	4:49.86	
3 #	200 Martin, Poppy	18 Lake City Ath	4:57.36	
4 #	247 Morgan, Mackenzie	19 Nth Harbour Bays	5:00.49	
5 #	294 Motley, Niamh	17 Timaru Harrier	5:05.94	
6 #	260 Fitzgibbon, Court	15 Pal North H&A	5:11.60	
7 #	291 Letica, Sascha	15 Takapuna Ath	5:13.69	
8 #	171 Jury, Sara	15 Hamilton Hawks	5:14.48	
9 #	177 Dunnett-Welch, So	14 Hastings Ath	5:17.21	
10 #	176 Dunnett-Welch, Ja	14 Hastings Ath	5:29.44	
11 #	246 Joyce, Amelia	15 Nth Harbour Bays	5:31.98	
-- #	213 Brabyn, Louise	16 NZ Sec Schools	DNS	

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Men 200 m .

Sponsor: Whanganui Eye Care

Meet Record: # 21.11 06/03/1998 Matthew Coad, Wellington

Name	Age	Team	Finals	Points
Section 1 Wind: 1.8				
1 # 254 Te Puni, Tommy	19	Nth Harbour Bays	21.16	
2 # 259 Saunders, Zachary	20	Pakuranga Ath	21.62	
3 # 304 Middleton, Troy	19	Waitakere City	21.92	
4 # 111 Millar, Joseph	30	Ath Tauranga	22.12	
5 # 198 Ledger, Josh	25	Kiwi Ath Club	22.52	
-- # 239 Trego, Tyrone	17	NZ Sec Schools	DNS	
-- # 208 Wilson, Cody	22	Mana Ath Club	DNS	
-- # 272 Lyver, Angus	18	Pal North H&A	DNS	

Men 400 m .

Sponsor: Loaders

Meet Record: # 46.09 06/03/1998 Shaun Farrell, Canterbury

Name	Age	Team	Finals	Points
Section 1				
1 # 191 McLeay, Fergus	21	Hill City Uni	48.42	
2 # 152 Attwell, Max	26	Chch Old Boys	48.82	
3 # 230 Ford, James	17	NZ Sec Schools	49.25	
4 # 274 Porritt, Aden	20	Pal North H&A	49.82	
5 # 156 O'Sullivan, Finn	18	Chch Old Boys	50.88	
-- # 254 Te Puni, Tommy	19	Nth Harbour Bays	DNS	
-- # 198 Ledger, Josh	25	Kiwi Ath Club	DNS	
-- # 304 Middleton, Troy	19	Waitakere City	DNS	

Men 1 Mile NZ Champs .

Sponsor: Pak'nSave

Meet Record: # 3:52.75 11/02/2006 Nick Willis, Lower Hutt

Name	Age	Team	Finals	Points
1 # 115 Tanner, Sam	22	Ath Tauranga	3:54.56	
2 # 144 Davies, Callum	23	Australia	3:56.06	
3 # 145 Thomas, Jude	20	Australia	3:58.29	
4 # 324 Preston, James	26	Wtgn Scottish	3:59.44	
5 # 212 Speakman, Eric	31	Napier Harriers	4:03.07	
6 # 240 Vesty, Karsen	17	NZ Sec Schools	4:04.24	
7 # 330 Paine, Jack	22	Whippets Running	4:05.12	
8 # 233 Johnston, William	17	NZ Sec Schools	4:06.11	
9 # 229 de Vaal, Christia	17	NZ Sec Schools	4:06.21	
10 # 328 Green, Russell	21	Whippets Running	4:07.88	
11 # 273 Macdermid, Noah	22	Pal North H&A	4:11.09	
12 # 295 Moulai, Tom	25	Uni of Cant Ath	4:12.65	
13 # 188 Sorouri, Darian	26	Hastings Ath	4:13.46	
14 # 173 Bidois, Ben	20	Hamilton Hawks	4:15.43	
15 # 313 Karamanolis, Max	22	Wtgn Harrier Ath	4:16.26	
16 # 316 Stewart, Callum	24	Wtgn Harrier Ath	4:17.61	
17 # 139 Uhlenberg, James	23	Auck City Ath	4:18.67	
18 # 257 Lee, Ronan	22	Pakuranga Ath	4:19.69	
19 # 317 Waterworth, Mason	20	Wtgn Harrier Ath	4:31.60	
20 # 322 Jones, Liam	24	Wtgn Scottish	4:41.54	
-- # 321 Hercus, James	17	Wtgn Scottish	DNF	
-- # 329 Melton, Connor	23	Whippets Running	DNS	

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Men 400 m Hurdles .

Sponsor: Whanganui & Partners

Meet Record: # 50.91 06/03/1998 Zion Armstrong, Auckland

Name	Age	Team	Finals	Points
1 # 129 Maples, Jonathan	21	Ath Wanganui	54.33	
2 # 192 Moffitt, Cameron	21	Hill City Uni	55.48	
3 # 232 Hansen, James	16	NZ Sec Schools	56.60	
4 # 128 Johnston, Flynn	19	Ath Wanganui	58.71	
5 # 137 Moloney, Tom	22	Auck City Ath	1:01.62	
-- # 235 Kirk, Nat	17	NZ Sec Schools	DNS	

Men High Jump .

Sponsor: Whanganui Collegiate School

Meet Record: # 2.28m 30/01/2022 Hamish Kerr, Canterbury

Name	Age	Team	Finals	Points
Flight 1				
1 # 154 Kerr, Hamish	26	Chch Old Boys	2.22m	
1.73 1.79 1.85 1.90 1.95 2.00 2.05 2.15 2.22 2.29				
PPP PPP PPP PPP PPP PPP O O XO XXX				
2 # 158 Stack, Adam	19	Chch Old Boys	2.00m	
1.73 1.79 1.85 1.90 1.95 2.00 2.05				
PPP PPP PPP O XO XO XXX				
3 # 312 Jones, Hugo	16	Wtgn Harrier Ath	1.95m	
1.73 1.79 1.85 1.90 1.95 2.00				
PPP PPP XO XO XO XXX				
4 # 137 Moloney, Tom	22	Auck City Ath	1.79m	
1.73 1.79 1.85				
O XO XXX				
-- # 189 Woodhead, Josh	19	Hastings Ath	NH	
1.73				
XXX				
-- # 275 Ridsdale, Sam	19	Pal North H&A	NH	
1.73				
XXX				

Men Long Jump .

Sponsor: Over the Hill Runners

Meet Record: # 7.70m 06/03/1998 Aaron Langdon, Counties

Name	Age	Team	Finals	Wind	Points
1 # 251 Arthur, Lewis	23	Nth Harbour Bays	6.86m	1.4	
6.86m(1.4) 6.74m(1.3) FOUL(1.1) 6.53m(1.6) 6.78m(0.8) 6.80m(0.2)					
2 # 192 Moffitt, Cameron	21	Hill City Uni	6.83m	1.0	
6.67m(1.1) 6.49m(1.5) 6.56m(1.2) 6.45m(1.5) FOUL(0.8) 6.83m(1.0)					
3 # 185 Peters, Jordan	28	Hastings Ath	6.80m	0.8	
6.54m(1.5) 6.52m(1.3) FOUL(1.4) 6.52m(1.1) FOUL(1.1) 6.80m(0.8)					
4 # 135 Barnett, Brendon	27	Auck City Ath	6.71m	1.3	
6.26m(1.2) 6.58m(0.3) 6.62m(0.6) 6.71m(1.3) 6.55m(0.8) 6.30m(1.1)					
5 # 152 Attwell, Max	26	Chch Old Boys	6.55m	1.1	
6.51m(1.4) FOUL(1.4) 6.55m(1.1) PASS PASS PASS					
6 # 157 Sinclair-Lomax, K	17	Chch Old Boys	6.38m	2.6	
4.76m(1.6) 6.18m(1.4) 6.38m(2.6) 6.07m(0.6) 6.19m(1.3) 6.20m(0.9)					
7 # 236 Moffitt, Luke	18	NZ Sec Schools	6.31m	1.5	
6.31m(1.5) FOUL(1.8) 6.16m(0.9) 6.13m(1.8) 6.17m(1.3) 5.93m(0.8)					

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8 #	189 Woodhead, Josh	19 Hastings Ath	6.08m	0.6
	6.01m(0.7) 6.08m(0.6) FOUL(1.8) 4.18m(1.1) PASS		PASS	
9 #	211 Bryan, Jack	27 Napier Ath Club	5.93m	2.2
	3.62m(0.3) 5.93m(2.2) 5.83m(0.7)			
10 #	104 MacPhail, Cody	13 Ath Hawera	5.16m	1.5
	5.16m(1.5) 4.89m(0.9) 4.88m(1.1)			
11 #	105 Wills, Elliot	14 Ath Hawera	5.10m	0.9
	5.10m(0.9) 4.83m(1.0) FOUL(0.6)			
-- #	234 Kennedy, Forbes	17 NZ Sec Schools	JDNS	NWI

Men Shot Put .

Sponsor: Mitre 10 Mega
 Meet Record: # 21.11m 30/01/2021 Jacko Gill, Auckland

Name	Age	Team	Finals	Points
1 # 289 Walsh, Tom	31	Sth Cant Ath	J21.09m	
		20.17m 21.09m 20.79m FOUL 20.26m 20.52m		
2 # 183 Palmer, Nick	23	Hastings Ath	J18.83m	
		FOUL FOUL 17.15m 17.37m 18.83m 18.14m		
3 # 278 Ngchok-Wulf, Liam	18	Papakura Ath	J17.24m	
		FOUL 16.31m FOUL 16.44m FOUL 17.24m		
4 # 237 Sefo, Blessing	18	NZ Sec Schools	J15.61m	6kg
		13.96m 14.74m 15.61m 15.57m FOUL FOUL		
5 # 155 Neighbours, Jared	22	Chch Old Boys	J12.55m	
		12.54m 12.42m 11.50m PASS PASS 12.55m		
6 # 152 Attwell, Max	26	Chch Old Boys	J12.54m	
		12.09m 12.54m 12.27m PASS		

Men Javelin Throw .

Sponsor: Pak'nSave
 Meet Record: # 87.58m 16/01/1980 Arto Harkonen, Finland

Name	Age	Team	Finals	Points
1 # 167 Vahai Sosaia, Fel	22	France	64.55m	
		FOUL FOUL 63.69m 62.20m 64.55m 63.79m		
2 # 277 Botes, Douw	18	Papakura Ath	58.06m	
		57.63m 51.89m 54.56m 50.55m 54.93m 58.06m		
3 # 155 Neighbours, Jared	22	Chch Old Boys	56.49m	
		55.03m 56.49m 55.08m FOUL FOUL 50.71m		
4 # 194 van der Merwe, Ky	15	Inglewood Ath	53.98m	
		51.88m 50.72m 45.01m 50.87m 53.98m 49.74m		
5 # 203 Sola, Kaleb	20	Lower Hutt Aac	51.75m	
		46.39m 51.02m 48.30m 49.89m 50.48m 51.75m		
6 # 174 Bidois, Bradley	18	Hamilton Hawks	48.68m	
		42.12m 42.07m 43.75m 42.24m 48.68m 46.44m		
7 # 152 Attwell, Max	26	Chch Old Boys	44.30m	
		44.30m FOUL x		
8 # 253 Phillips, Ethan	24	Nth Harbour Bays	43.56m	
		39.83m 39.60m 42.98m 43.56m 38.98m 41.56m		
9 # 118 Graham, Cjay	18	Ath Wairarapa	42.35m	
		FOUL 39.75m 42.35m		
10 # 189 Woodhead, Josh	19	Hastings Ath	41.85m	
		41.85m 39.39m 40.85m		
-- # 235 Kirk, Nat	17	NZ Sec Schools	DNS	

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Men 100 m Open A .

Sponsor: Velo Ronny's Bicycle Store

Meet Record: # 10.49 22/01/2000 Gus Nketia, Auckland

Name	Age	Team	Finals	Points
Section 1 Wind: 2.1				
1 # 191 McLeay, Fergus	21	Hill City Uni	10.73	
2 # 111 Millar, Joseph	30	Ath Tauranga	10.83	
3 # 283 Lambert, Ben	18	Paraparaumu T&F	10.86	
4 # 181 Noome, Rylan	17	Hastings Ath	10.98	
-- # 239 Trego, Tyrone	17	NZ Sec Schools	DNS	
-- # 208 Wilson, Cody	22	Mana Ath Club	DNS	
-- # 163 Stockwell, Jacob	20	Egmont Athletics	DNS	
-- # 254 Te Puni, Tommy	19	Nth Harbour Bays	DNS	

Men 200 m Open A .

Sponsor: Whanganui Eye Care

Meet Record: # 21.11 06/03/1998 Matthew Coad, Wellington

Name	Age	Team	Finals	Points
Section 1 Wind: 1.9				
1 # 283 Lambert, Ben	18	Paraparaumu T&F	22.31	
2 # 234 Kennedy, Forbes	17	NZ Sec Schools	22.86	
3 # 314 Skelton, Seb	16	Wtgn Harrier Ath	23.24	
4 # 315 Sos, Saravee	31	Wtgn Harrier Ath	23.32	
5 # 187 Roil, Charles	17	Hastings Ath	23.71	
6 # 275 Ridsdale, Sam	19	Pal North H&A	24.77	
-- # 252 Joynt T64, Mitch	28	Nth Harbour Bays	DNS	

Men 400 m Open A .

Sponsor: Loaders

Meet Record: # 46.09 06/03/1998 Shaun Farrell, Canterbury

Name	Age	Team	Finals	Points
Section 1				
1 # 228 Cotterill, Kahura	16	NZ Sec Schools	49.93	
2 # 281 Calder-Cass, Etha	21	Paraparaumu T&F	50.46	
3 # 271 Grant, Brayden	38	Pal North H&A	50.77	
4 # 282 Kilmister, Jacob	18	Paraparaumu T&F	52.14	
5 # 232 Hansen, James	16	NZ Sec Schools	52.46	
6 # 199 Sew Hoy, William	32	Kiwi Ath Club	55.61	

Men 800 m Open A .

Sponsor: Steelform Roofing Group

Meet Record: # 1:46.72 17/01/1988 Shaun Farrell, Canterbury

Name	Age	Team	Finals	Points
Section 1				
1 # 327 Dawson, Michael	25	Whippets Running	1:53.20	
2 # 195 Martin, Alex	17	Karori Ath	1:55.61	
3 # 311 Evett, Luca	15	Wtgn Harrier Ath	1:55.83	
4 # 125 Bayler, Travis	20	Ath Wanganui	1:58.93	
5 # 113 Murray, Hamish	16	Ath Tauranga	2:00.80	
-- # 285 O'Donnell, Liam	16	Port Hills Ath	DNS	
-- # 182 O'Keeffe, Callum	17	Hastings Ath	DNS	
-- # 318 Willers, Jag	15	Wtgn Harrier Ath	DNS	

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Men Triple Jump Open A .

Sponsor: Grassroots Trust

Meet Record: # 15.43m 17/01/2004 Tom Davie, Otago

Name	Age	Team	Finals	Wind	Points
Flight 1					
1 # 138 Thomson, Scott	30	Auck City Ath	14.16m	1.0	
FOUL	FOUL	13.81m(2.5)	14.16m(1.0)	12.59m(3.3)	FOUL
2 # 236 Moffitt, Luke	18	NZ Sec Schools	13.17m	1.6	
12.74m(4.7)	12.88m(-0.2)	12.71m(0.6)	13.00m(0.8)	13.17m(1.6)	12.89m(0.2)
3 # 153 Gow, Ethan	19	Chch Old Boys	13.10m	1.5	
FOUL	13.04m(0.3)	12.98m(1.2)	FOUL	13.10m(1.5)	12.82m(1.2)
4 # 105 Wills, Elliot	14	Ath Hawera	12.17m	2.3	
11.08m(1.8)	11.09m(1.1)	11.82m(2.2)	FOUL	12.05m(0.9)	12.17m(2.3)
5 # 104 MacPhail, Cody	13	Ath Hawera	10.85m	2.9	
10.85m(2.9)	10.11m(0.7)	10.37m(2.8)	PASS	PASS	PASS

Men 100 m Open B .

Sponsor: Velo Ronny's Bicycle Store

Meet Record: # 10.49 22/01/2000 Gus Nketia, Auckland

Name	Age	Team	Finals	Points
Section 1 Wind: 2.6				
1 # 129 Maples, Jonathan	21	Ath Wanganui	10.87	
2 # 305 Taylor, Kadin	16	Waitakere City	10.93	
3 # 124 Almazan, Theo	19	Ath Wanganui	11.75	
4 # 189 Woodhead, Josh	19	Hastings Ath	11.94	

Men 400 m Open B .

Sponsor: Loaders

Meet Record: # 46.09 06/03/1998 Shaun Farrell, Canterbury

Name	Age	Team	Finals	Points
Section 1				
-- # 315 Sos, Saravee	31	Wtgn Harrier Ath	DNS	
-- # 182 O'Keefe, Callum	17	Hastings Ath	DNS	

Men 800 m Open B .

Sponsor: Steelform Roofing Group

Meet Record: # 1:46.72 17/01/1988 Shaun Farrell, Canterbury

Name	Age	Team	Finals	Points
1 # 196 Martin, Joe	16	Karori Ath	2:01.08	
2 # 282 Kilmister, Jacob	18	Paraparaumu T&F	2:01.31	
3 # 162 Field, Felix	15	Egmont Athletics	2:04.09	
4 # 296 Marks, Keeran	19	Victoria Uni	2:04.42	
5 # 268 Austin, Greg	19	Pal North H&A	2:06.51	
6 # 270 Cunningham, Justi	13	Pal North H&A	2:08.37	
7 # 161 Dobbie, Nick	17	Egmont Athletics	2:12.49	
-- # 269 Cooper, Daniel	20	Pal North H&A	DNS	

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Men 100 m Open C .

Sponsor: Velo Ronny's Bicycle Store

Meet Record: # 10.49 22/01/2000 Gus Nketia, Auckland

Name	Age	Team	Finals	Points
Section 1 Wind: 2.2				
1 # 156 O'Sullivan, Finn	18	Chch Old Boys	11.41	
2 # 315 Sos, Saravee	31	Wtgn Harrier Ath	11.57	
3 # 284 Lambert, Lucas	15	Paraparaumu T&F	11.61	
4 # 157 Sinclair-Lomax, K	17	Chch Old Boys	11.61	
5 # 187 Roil, Charles	17	Hastings Ath	11.78	
6 # 209 Collete, Vern	51	Mwa Masters	12.86	

Men 1 Mile Masters .

Sponsor: H&A Print

Name	Age	Team	Finals	Points
Section 1				
1 # 193 Rogers, Mathew	43	Hutt Valley H&A	4:52.73	
2 # 325 Stevens, Peter	58	Wtgn Scottish	4:56.37	
3 # 293 Letica, Jared	51	Takapuna Ath	5:00.17	
4 # 323 Kerr, Andrew	51	Wtgn Scottish	5:07.08	
5 # 201 Edwards, Bruce	61	Lake City Ath	5:32.96	
6 # 165 Twiss, William	54	Feilding Moa	5:34.85	
7 # 210 Hansen, David	44	Marlborough Ath	5:40.09	
8 # 331 Hayes, Brian	76	Wtgn Harrier Ath	6:44.78	
9 # 110 James, David	59	Ath Tauranga	7:23.91	
10 # 297 Robinson, Roger	83	Victoria Uni	8:09.60	
-- # 127 Dunne, Brian	63	Ath Wanganui	DNF	

Men Shot Put Para Ambulatory .

Sponsor: Mitre 10 Mega

Name	Age	Team	Finals	Points
Flight 1				
-- # 231 Hanning F12, Corr	18	NZ Sec Schools	DNS	6kg

Men Under 20 1 Mile NZ Champs .

Sponsor: Mitre 10 Mega

Meet Record: # 3:58.41 22/01/2022 Samuel Tanner, Tauranga

Name	Age	Team	Finals	Points
Section 1				
1 # 238 Steedman, Alfie	16	NZ Sec Schools	4:09.96	
2 # 114 Pugh, Elliott	16	Ath Tauranga	4:11.02	
3 # 112 Murray, Callum	17	Ath Tauranga	4:13.55	
4 # 286 Prescott, Daniel	15	Selwyn Ath	4:14.95	
5 # 258 O'dwyer, Zach	16	Pakuranga Ath	4:16.38	
6 # 292 Davies, Nick	18	Takapuna Ath	4:17.12	
7 # 290 McLeay, James	17	St Pauls H&A	4:17.27	
8 # 108 Gill, Joshua	18	Ath Nelson	4:19.68	
9 # 285 O'Donnell, Liam	16	Port Hills Ath	4:20.02	
10 # 186 Rabbittte, Lorcan	16	Hastings Ath	4:24.22	
11 # 107 Fitzgerald, Joshu	19	Ath Nelson	4:25.53	
12 # 126 Caro, Toby	17	Ath Wanganui	4:26.27	
13 # 184 Patel, Tayne	17	Hastings Ath	4:26.70	

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....Men Under 20 1 Mile NZ Champs .

14 #	300 Larkin, William	19 Wairarapa T&F	4:29.34
15 #	106 Bayley, Fenlon	17 Ath Nelson	4:34.23
-- #	116 Wyllie, George	16 Ath Tauranga	DNF
-- #	130 Sinclair, Daniel	17 Ath Wanganui	DNF
-- #	136 Barry, Tomas	19 Auck City Ath	DNS

Mixed Shot Put Sec Schools .

Sponsor: Mitre 10 Mega

Name	Age Team	Finals	Points
Flight 1			
1 #	225 Sola, Mikayla	W17 NZ Sec Schools	12.77m
	10.99m 12.61m 12.07m	12.77m 12.23m 12.18m	3kg

Mixed 400 m .

Sponsor: Loaders

Name	Age Team	Finals	Points
Section 1			
1 #	305 Taylor, Kadin	M16 Waitakere City	50.53
2 #	210 Hansen, David	M44 Marlborough Ath	54.16
3 #	268 Austin, Greg	M19 Pal North H&A	54.34
4 #	276 Robinson, Hayden	M49 Pal North H&A	55.04
5 #	218 Fairclough, Ameli	W18 NZ Sec Schools	56.67
6 #	122 Osborne, Emma	W21 Ath Wanganui	59.74
-- #	253 Phillips, Ethan	M24 Nth Harbour Bays	DNS