



Annual Reports for the 120th Year 2022 / 2023



To be presented at the Annual General Meetings of

Athletics Canterbury Centre

Wednesday 26th July 2023

&

Athletics Canterbury Track & Field Committee

Wednesday 26th July 2023

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NOTICE OF ANNUAL GENERAL MEETINGS

NOTICE IS GIVEN that the Annual General Meeting of Athletics Canterbury will be held on **WEDNESDAY, 26 JULY 2023 at 7.30pm** at **The Cashmere Club, Hunter Terrace,** Cashmere, Christchurch.

AGENDA

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|----|--|
| 1 | Roll Call |
| 2 | Apologies for Absence |
| 3 | Approval of Proxies |
| 4 | Approval of Minutes of Annual General Meeting held on 27 July 2022 |
| 5 | Consideration and Approval of Annual Report |
| 6 | Consideration and Approval of Annual Financial Statements |
| 7 | Consideration of Notices of Motion |
| 8 | Consideration of Remits |
| 9 | Consideration of any Recommendation for Life Membership |
| 10 | Election of Officers and Executive for 2023/2024. |
| 11 | Setting of Registration and Affiliation Fees |
| 12 | General Business |
-

Daniel Reese
Secretary
Athletics Canterbury



NOTICE OF ANNUAL GENERAL MEETINGS

NOTICE IS GIVEN that the Annual General Meeting of
Athletics Canterbury Track and Field Delegates
will be held on
WEDNESDAY, 26 JULY 2023 at 7.30pm
at **The Cashmere Club, Hunter Terrace,**
Cashmere, Christchurch.

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| 7 | Consideration of Remits |
| 8 | Election of Track and Field Committee for 2023/2024 |
| 9 | Election of Track and Field Selectors for 2023/2024 |
| 10 | Consideration of Season's Programme for 2023/2024 |
| 11 | General Business |
-

Ruth Liong
Chair
Athletics Canterbury Track and Field Committee

Nominations for Athletics Canterbury Board for 2023 / 2024 season

Chair:	Andrew Stark	
Board Members:	Avril Davies	Katherine Ewer
	Anthony (Tony) Fallon	Victor Gamperle
	Michael Henstock	Tim Jones
	Paul Nicholls	

(Note: Secretary & Treasurer positions are appointed by the Board)

Nominations for Athletics Canterbury Track & Field Committee for 2023 / 2024 season

Chairman:	Ruth Liong	
Secretary	Adrienne Bruce	
Treasurer		
Committee:	Paul Nicholls	Terry Lomax
	George McNaughton	Martin Scott
	Andrew Stark	Brian Theobald

Track & Field Selectors:



CENTRE CLUB AFFILIATION FEE = \$100.00

ANZ Membership Category	ANZ Category Description	ANZ Fee (inc GST)	Athletics Canterbury Fees 2024 / 2025
Active Member 6 Years & Under	Annual membership for children born in 2017 or later who are participating in club nights and/or activities.	\$10 (no change)	\$20.00
Quarterly Member 6 Years & Under	A 3-month membership that aligns with either the first or second half of the summer children's athletics season. Q3; October 1 – December 31 Q4; January 1 – March 31	\$7 per quarter	\$14.00
Active Member 7 to 14 Years	Annual membership for members born between 2010-2017 who are participating in club nights and/or club runs and other competitive activities.	\$35 (no change)	\$20.00
Quarterly Member 7 to 14 Years	A 3-month membership that aligns with either the first or second half of the summer children's athletics season. Q3; October 1 – December 31 Q4; January 1 – March 31	\$25 per quarter	\$15.00
Competitive Member 15 to 19 Years	Annual membership for members born between 2004-2008 who participate in any activities the club and centre may offer that are generally considered of a competitive nature. This could include inter-club events, centre championships, national championships, etc.	\$51 (no change)	\$30.00
Quarterly Member 15 to 19 Years	A 3-month membership giving the most flexible membership options to older teenagers Q1; April 1 – June 31 Q2; July 1 – September 31 Q3; October 1 – December 31 Q4; January 1 – March 31	\$20 per quarter (Q1 & Q2) \$29 per quarter (Q3 & Q4)	\$12.00 (Q1 & Q2) \$17.00 (Q3 & Q4)
Competitive Member 20 Years & Over	A rolling 12-month membership for people born in 2003 or earlier who participate in any activities the club and centre may offer that are generally considered of a competitive nature. This could include inter-club events, centre championships, national championships, etc.	\$66 (no change in price, but note now a rolling membership)	\$40.00
Winter Seasonal Member 20Years & Over	A membership that aligns with the winter distance running season. The membership term runs from April 1 through to the National Road Relay Championship in October. A summer membership 'top up' will be available to purchase for those who initially register for the winter season and then want to register for the full year.	\$52 (\$26 top up for winter to summer)	\$32.00 (\$16.00 top up for winter to summer)
Social Member 15 Years & Over	A rolling 12-month membership for people born in or before 2008 who only participate at club nights and club runs. This generally does not include competitions offered through their centre or inter-club competitions. Some clubs have 'friendly, noncompetitive runs', these are considered to be social for membership purposes.	\$36 (no change in price, but note now a rolling membership)	\$20.00
Community Volunteer Member	Community Volunteers Membership (CVM) is for individuals who support their centre or club but do not take part in club nights and club runs as a participant. CVM supports safe sport by including police vetting, child safety education and agreeing to abide by the Athletics NZ Code of Conduct.	\$0	\$0

Athletics Canterbury Officers for 2022 - 2023

Athletics Canterbury Board:

President:	Andrew Stark		
Board Members:	Avril Davies	Victor Gamperle	Tim Jones
	Paul Nicholls	Daniel Reese	Haidee Stratford
Secretary:	Daniel Reese	Treasurer:	Victor Gamperle
Registration Secretary:	Chris Rowe, Fleur Pettengell (from 15th March 2023)		

Athletics Canterbury Track & Field Sub-Committee:

Chairperson:	Ruth Liong		
Secretary:		Treasurer:	Victor Gamperle
Committee:	Adrienne Bruce	Terry Lomax	Paul Nicholls
	Andrew Stark	Brian Theobald	

Athletics Canterbury Cross-Country & Road Sub-Committee:

Chairperson:	Annette Campbell	Treasurer:	Victor Gamperle
Secretary:	Robin Perkins	Race Secretary:	Anne Kennedy
Committee:	John Gamblin	Sandie Gamperle	John Ingles
	Peter King	Kevin Prendergast	Daniel Reese

Canterbury Masters Athletics Inc:

President:	Andrew Stark		
Secretary:		Treasurer:	Anna Lynch
Committee:			

Canterbury Children's Athletics Association:

President:	Martin Scott	Secretary:	Gail Krsinic
Treasurer:	Neroli Chant		

Mid-South Canterbury Sub-Centre:

Chairperson:	Charlotte Bowan	Secretary / Treasurer:	Helen Mackle
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Key Personnel:

General Manager:	Ian Thomas	Officials Educator:	Ruth Liong
Honorary Lawyer:	Richard Sprott		
Reviewer:	Smith & Jack Chartered Accountants		

Life Members of Athletics Canterbury:

Mrs P A Boland	Mrs S A Brown	Mrs A R Davies	Mrs B M Jago
Miss A L Kennedy	Mrs V I Young OBE	C M Brown	J D Gamblin
V Gamperle	E J Gilliver	W E Hastings	K W R Jago
B Leadley	J P McBrearty	D W Mackenzie (MNZM)	R F B Perry
M R Peters	D Reese	T A Spittle	R W G Syme (ONZM)
I D Teague	B N J Towart	A S Tucker	G G Vivian
G R Young			

With all the Covid 19 restrictions now lifted, the 2022-2023 year has been business as usual. However, it would appear that overall registration numbers are slightly down on previous years. This possibly has been a result of the interrupted training and lack of available events that occurred during times of restrictions. Speaking personally, it seems a lot harder to regain fitness, rather than maintain fitness, so coming back from an enforced break can be a challenge.

For many of us, the sense of connection that being part of the Athletics Canterbury community brings, plays an important role in our lives. This creates a 'feel good' factor within and also makes a change from our regular lives. However, we are all volunteers. Therefore, whatever we decide as the 'way forward' for our sport, it has to be achievable in such a way that those in positions of responsibility do not end up over-stressed and burnt out.

The on-going challenge is to attract and retain new people to some of the more specialised areas of the sport. It is not sustainable going forward if we do not do this. The challenge for some, is to pass on your knowledge before it is too late, rather than to continue doing it yourself.

During the past five years, we have become more professional about how we operate. However, we have held back by only having one paid employee. The Board has become more aware of the difference between governance and operational roles, helped by the skill level of some of the current Board members. This is not always easy as many on the Board members also have roles on a Working Group or on an Operational Committee, if not both.

Achievements during the 2022-2023 season:

- ◆ ***Governance, Strategic & Work Plans, Working Groups & Operational Committees:*** In 2021 the Board actively engaged with all sectors of the sport, seeking ideas and input to create our 2022-2028 Strategic Plan. This is available on our website. Like all plans, while it might look good on paper, it has to be achievable. We are doing best to implement our plan, but it all takes time, resources and people.

During the past year I have been involved in a 'one on one' mentoring programme organised through Sport Canterbury. I found it beneficial to be able to talk over issues and hearing a different point of view as to how to deal with and approach difficult situations. Ian and I have also been involved in the Board Governance mentoring programme, again organised by Sport Canterbury. This allow us to interact with other sport's administrators to gain a better appreciation of the challenges that all 'not for profit' sporting organisations face. What did become apparent was that with only one paid employee, we have to pick and chose where best to invest our time and energy.

With only one paid fulltime employee, I remind you all that we need to be realistic about what we can achieve. Most Working Groups are working well, however we do need more members to be involved with making things 'happen'. It is proving more difficult to attract new people to these groups, so if you can help on the Board, a working group or an operational committee, please let me know.

Our two key operational committees (Track & Field and Cross-Country & Road) continue to focus on creating and delivering events. Their aim is to make their respective events a positive experience for all who attend, including officials, coaches and spectators. As mentioned earlier, there has been a drop off in attendance and exact reasons for this are uncertain. We have tried promoting sectors of the sport with targeted marketing. However, it is a balancing act to know just how much to spend and then measure the success or otherwise of that investment.

The Board is also fully supportive and appreciative of the Mid-South Canterbury Sub-Centre, the Canterbury Children's Athletics & the Canterbury Masters Athletics Committees for their involvement in the sport in delivering quality events to their target markets. I would like to acknowledge and thank all operational committees for the work they do, plus the many volunteers who step up on the day to help. A full report from each Committee is in this booklet.

In January 2023 the South Island Colgate Games were held in Timaru. I would like to acknowledge the work done by the local LOC and clubs in the region, assisted by Ian Thomas. By all accounts, it was a successful event.

- ◆ **Finances - Funding & Sponsorship:** On the past few years, we have endeavoured to create a 'whole of sport' budget and this has been coordinated by Victor Gamperle. It has taken some time for the operational committee to 'get on board' with the concept, so some unexpected expenses have occurred making balancing the budget more difficult. In many cases, the purchase of, or replacement of new equipment has occurred because we have identified who would pay prior to the item being purchased. I would like to thank the Krispin Sanderson Trust (18x starting blocks & 2x trolley) and Canterbury Masters (2x laptops / 1x starting block trolley) who have made donations over the past year for the purchase of these capital assets.

Chris Rowe, had a contract role as registration secretary, printing of registrations numbers and also assisted in reconciling payments in Xero. However, she has since left the region and is now living in Invercargill. Fleur Pettengell has taken over from Chris, but is still getting 'upskilled' on what the role involves.

The funding of our one paid role is an on-going challenge. All funding applications have been prepared by Ian Thomas and myself. Previously we have been well supported by the **Rata Foundation** to fund the bulk of the General Manager's salary, with assistance from the **New Zealand Community Trust**. Our annual Rata application was submitted in August / September 2022, at which time the Rata Foundation advised that they no longer fund general salaries. However, if Athletics Canterbury created an activity that took our sport to the more disadvantaged areas of the city, they would fund the salary for that activity. In reality, we do not have the 'man power' to create such events, plus it does not help us look after those already involved in the sport. This has created a major issue of how we fund the General Manager's role. Unfortunately this change of funding emphasis is not unique to the Rata Foundation. Consequently, we have been funding the General Manager's salary out of our reserves. We have also applied to the Christchurch City Council for financial assistance and we are hopeful that we get a positive response, given we oversee the running of Nga Puna Wai on their behalf.

The Rata Foundation did advise, that they would fund a private provider to assist us to create an on-going operational fundraising strategy. Upon their recommendation, we successfully applied for and received funds from the Rata Foundation. With additional financial assistance from Sport Canterbury, plus investing more of our reserves, we have engaged **Barrer & Co** to create such a plan. This involved an initial planning meeting in February 2023 to discuss the issues we face, what we are trying to achieve and the potential income required. Following on from this meeting, Barrer & Co have created a comprehensive document outlining a three to five year plan as to how Athletics Canterbury could become financially sustainable, with the long term goal of removing the need to be so reliant on the traditional funders.

The fund raising streams they have identified include one-off donations, regular giving, trusts & foundations, corporate partnerships, major gifts, bequests and endowment funds. The potential income this could generate is unknown and it will take time to implement. However we need to do something different from the past. To make any of this happen, a further recommendation from Barrer & Co was for us to employ a Fundraising Manager. At the time of writing my report, we were in the process of doing this and I will update you at the AGM.

During the past year, we have been successful in receiving additional funds for targeted events such as the National Road Relay and the Colgate Games, along with the track & field items mentioned above. On behalf of Athletics Canterbury, I sincerely thank all funders and those who have made donations to the sport. I thank Kevin Prendergast for his assistance with the non-stadia funding applications.

I would also like to acknowledge Gary Cockram Hyundai who have agreed to continue their sponsorship by providing us with a car. Thank you to Dougal Cockram for making this happen.

We are aware that there are law changes coming to the Incorporated Societies, which require us to reregister as from 5 October 2023. Given we have been using Xero for several years and have our

accounts reviewed, the accounting changes are minimal for us. It will however require us to review and update and possibly create a new constitution.

- ◆ **Marketing & Promotional Working Group:** Over the past few years we have invested considerable funds in marketing the sport, utilising the skills of Connex World. For specific events, such as the Takahe to Akaroa Relay it has worked very well. Measuring the success of attracting new people to other events is a bit more difficult to measure. If it is taken purely on the number of community runners at each event, the return for the investment would appear not that great. However, the same marketing may well have encouraged more club athletes to attend, therefore helping to retain their involvement in the sport.

For part of the year that group had been led by Robyn Perkins, assisted by Annette Campbell and Sandie Gamperle. However, Robyn stepped down in January due to family and work commitments. Two new members have joined the group part way through the year, Heather MacLean and Megan Gould. Currently the marketing group is concentrating their efforts on internal marketing, focusing mainly on our non-stadia events.

Being mindful of the current financial situation we find ourselves in, we have pulled back from investing as broadly as before. We all agree that some promotion of the sport is necessary, in addition to our website and race specific website we already use, simply to make current members aware of what is on. The challenge is how do we compete against non Athletics Canterbury providers, to attract more of those runners to our events and what level of investment can be realistically afford for the return on the expenditure?

During the past year, a sub-committee was created to oversee the **Bill Richards Marathon Trust**. A new website has been created and the criteria for applying for a grant has been formalised. Since then they have made donations to athletes who meet the criteria.

- ◆ **Coaches Working Group:** This group has been led by Dion Andrews. During the year this group has created and delivered a series of four educational modules to local coaches. These modules included 'Your Coaching Philosophy', 'Your Personality Parts 1 & 2' and 'Group Coaching. These would be considered soft styles rather the more technical coaching, such as how to put the shot. All coaches play a significant role in an athlete's development, not just their athletic development and the feedback from these modules has been positive.

Athletics NZ also delivered four 101 modules on the finer points of coaching sprinting, jumping, hurdling and throwing.

- ◆ **Officials Working Group:** This group has been led by Brian Theobald. The ongoing challenge is to attract new officials. During the past season a few new officials have joined the ranks, but equally several have left. We still have far too few officials with bulk of the skills and knowledge, which makes the sport vulnerable should anything happen to those people. This is across all areas on the sport and all committees too.

Once again Canterbury officials filled many of the skilled roles at national championships throughout the year, but particularly at the track & field championships in Wellington. Brian Theobald spent a week in Wellington setting up the venue, assisted for a few days by Dave Clark. What frustrates me as an official / administrator at such events is that if everything looks okay, then everyone assumes there are no 'issues'. At some point in the future, an event needs to 'fail' to make others more aware that more help is needed. Out of a sense of pride, I suspect that will not happen.

- ◆ **Athletes Working Group:** With the Bill Richards Marathon Trust becoming more formalised, it was decided to combine this group with the Track & Field Committee, while we endeavour to work out how best this group can support athlete development. Two members of the group were unavailable most of the year, with only George McNaughton being a regular attendee at committee meetings.

- ◆ **Constitution & By-Laws:** The Athletics Canterbury Constitution and By-laws are now up to date. However, we are aware that potential changes are coming. This role has been co-ordinated by Daniel Reese. I would like to also acknowledge the help we have received from Rod Syme, Don Mackenzie

and John McBrearty (Athletics New Zealand Rules Committee), to ensure any changes we make are appropriate. This group is also responsible for checking all record applications.

- ◆ **Communication with Members:** We continue to communicate with our members, using Facebook regularly to promote events & report on the successes of our athletes. The General Manager creates a monthly newsletter and uses Facebook posts as and when required in an effort to keep everyone better informed.

The functionality of the main Athletics Canterbury website has its limitations. Keeping it up to date is a time-consuming task and this is currently overseen by Daniel Reese and myself. My role within track & field is to promote that side of the sport via the website, setting up the online entries and seeded programmes for interclub meetings. Annette Campbell oversees the non-stadia event websites, keeping them up to date, and making sure they are all linked to the main website.

Athletics Canterbury Board Update: Three years ago we talked about introducing an alternative way of electing Board members, aligning the election process used by Athletics New Zealand. We have agreed that each Board member is elected for a period of two years, with the option for two further terms of two years, a total of six consecutive years. At any given AGM, no more than half the Board is up for election. At the time of writing this report, we have three Board members stepping down and two, possibly three new members. Annette Purvis is the club representative in the selection process and she has agreed those seeking to join the Board are all worthy candidates.

The current Board is made up of myself as **Chair**. It is a challenging role and at times I feel somewhat overwhelmed. I am looking to step back within the next year or so. My passion is track & field, as the organiser of interclub meetings, however I would like to get back to being a competitor too. Holding events at Ngā Puna Wai is our point of difference between other providers of our sport. Therefore, creating more community / school events there, offers participants something 'special' they do not get anywhere else.

Victor Gamperle is in his third year on the Board, with the Board elected role of **Treasurer**. This is a demanding role, with very little down time throughout the year. Victor single handedly covers all sectors of the sport and oversees the creation of our annual budget. Making sure all transactions are coded correctly, the task of creating the consolidated accounts ready for 'review' has been a challenging exercise. The Board is currently looking at ways that this responsibility can be shared, particularly now that Chris Rowe has moved on. He has also been heavily involved with investigating a replacement course for the Takahe to Akaroa Relay and has worked tirelessly to ensure the new Loburn course is workable.

Daniel Reese was elected from within the Board as **Secretary**. Daniel's contribution to the sport is enormous and probably under-estimated by many. He oversees the website & Facebook page, with of bit help from others, plus has worked on Constitution & By-Laws updates. He is more heavily involved in the non-stadia events and has been on the Cross-Country & Road Committee for more years than I can remember. For the second year in a row we have used the services of **Liz van Til** to create the Board minutes, allowing Daniel to take a more active role in meetings. Daniel's health is currently proving problematic and we all wish him well for the future.

Avril Davies is an active official all year round. She regularly attends local events and travels to major events throughout New Zealand, including Oceania events oversea. She has been on the Board for numerous years, helps to co-ordinate the Awards Function, along with Daniel Reese and Ian Thomas, plus sits on the Officials Working Group.

Diana Ismagilova joined the Board last year. She is a keen young triple jumper who lives in Auckland. However, she was expecting to move to Christchurch, but ended up moving to Hamilton. Therefore she has decided to step down this year. I have enjoyed having someone on the Board who is younger than my children, and she has brought new ideas to the table.

Tim Jones is also new to the Board this year. In his mid thirty, with a history of competing with success in the sport, he is still finding his feet amongst us 'oldie' and balancing work and family commitments is an on-going challenge. Again, like Diana, I appreciate hearing a young persons point of view and thank him for his involvement.

Paul Nichols has been on the Board for two years. He brings a wealth of governance expertise having been chair of the Christchurch Boys High School Board. He often challenges the way we have done things in the past, which has helped us all gain a better understanding of governance, making for a better organisation. He is a well qualified official, being one of a select few within New Zealand with the qualifications to officiate at World Para Championships. At the time of writing this report, he is in Paris at the World Para Athletic Championships, along with Ruth Liong and Trevor Spittle. He also serves on the Track & Field Committee.

Haidee Stratford is stepping down after three years on the Board. She has a challenging job as CEO of the Canterbury Tactics netball team and with two young children, balancing all the demands this involved has been a challenge. She has brought fresh ideas to the table via her experience in sports management and governance. She has made a positive contribution, always willing to challenge how we do things and not afraid to ask the hard questions. She will be missed around the table.

The General Manager's Role – Ian Thomas: Looking back over the past five years and reflecting on the amount of work involved in this role, it is hard to imagine how we coped without a paid employee. The GM role has enhanced our reputation with numerous organisations we interact with and that is a credit to Ian. There have certainly been some challenging times, not least what we are currently going through around financial sustainability and athlete welfare. It is a huge job for one person, and ideally, with the addition of a fundraising manager, some of the pressure will come off the GM role. Ideally we will have more part-time or contract roles if everything goes to plan.

Sponsorship and Advertising:

The sport would struggle to survive without the generous support of our sponsors. Thank you to Shoe Clinic and Asics who sponsor the various 'Athlete of the Week' awards throughout the year and XCM Clothing who assisted with Official's uniforms.

As mentioned before Gary Cockram Hyundai supports the sport by providing the General Manager with a car. I look forward to this being an on-going association.

Special thank you to the New Zealand Community Trust for assisting with funding the General Manager's role. I would also like to acknowledge Air Rescue, Mainland Foundation and Lion Foundation who were the main sponsors of the Takahe to Akaroa Relay.

Annual Awards:

The annual Athletics Canterbury Awards function was held on 12th May, once again using the Gary Cockram Hyundai showroom. It is good opportunity to celebrate the successes from the past year and acknowledge the dedicated officials and coaches. Well done to all winners.

At the 2022 **Athletics New Zealand AGM** held in July (Upper Hutt), I had the pleasure of reading the citation prepared for Alan Tucker, to be inducted as a Life Member of Athletics NZ. Alan has been involved in the sport for over 60 years, firstly as an athlete, as a coach & mentor, and finally as one of the most highly qualified officials in New Zealand. His attention to detail, design skills and passion for high tech 'toys' is well known. It is because of Alan and the thousands of volunteer hours he put in, that we have Nga Puna Wai, the best track & field facility in the country.

The **2023 ORIX NZ / Sports Canterbury Sports Awards** were held on 28th April at the Wigram Air Force Museum. This year they gave out two awards per category. Athletics Canterbury had the following category finalists / winners:

*Blackwells Mazda Officials of the Year Award - **Brian Theobald (winner)***

*University of Canterbury Coaches of the Year - **Terry Lomax (finalist)***

*Lincoln University Outstanding Youth in Sport Award - **Jonah Cropp (finalist)***

*Anstice Optometrists Para Athletes of the Year - **Sarah James (finalist)***

*Craigs Investment Partners Athletes of the Year - **Tom Walsh (finalist)***

*Craigs Investment Partners Athletes of the Year - **Hamish Kerr (winner)***

Code of Ethics and Code of Conduct:

Over the past couple of months, two prominent coaches have brought our sport into disrepute by their unacceptable behaviour, one of whom coaches in Canterbury - Andrew Maclennan. I remind ALL coaches (and officials) that we have a 'duty of care', particularly to the young vulnerable athletes, to ensure we provide a safe and supportive environment. Athletics Canterbury fully supports Athletics NZ's Code of Conduct, their Member Protection & Anti-Harassment Regulations, along with the SportNZ's code of ethics for coaches.

ALL athletes should be able to trust that the intentions of their coach, is to have their best interests at heart. Sadly, that has not been the case. My personal opinion is that such coaches (or officials) should not be allowed to be involved in our sport. At the time of writing my report, Ian and I have been working through how we deal with this situation. This has involved many hours of discussions with Athletics NZ, Sport Canterbury, Christchurch City Council, Nga Puna Wai Trust and various lawyers, plus the Athletics Canterbury Board and few members of the athletics community. It is a challenging situation with no easy solution and we are doing what we can.

Finally and on a more positive note ... the success of our sport relies heavily on our dedicated and passionate volunteers. On behalf of all athletes I would like to take this opportunity to thank all sectors of the sport who have contributed to the running of our sport. Full reports from each sector are also included in the AGM Booklet.

Condolences:

During the past twelve months several long standing members of the
Athletics Canterbury community passed away.

Ted Gilliver (Life Member), Steve McKee, Ian Sim, Lyn Ferris and Walter Hume

Athletics Canterbury Sports Award Function:

This year the Awards Function were held at Gary Cockram Hyundai showroom.

Congratulations to the following award recipients:

<i>The Edmond Champagne Trophy Most outstanding athlete at the Canterbury Track & Field Championships</i>	Christina Ryan
<i>Arthur Grayburn Cup - Most outstanding javelin thrower</i>	Abbey Moody
<i>Technical Club Trophy (Female) - Most meritorious performance in either shot put, discus or hammer by a female athlete</i>	Lexi Maples
<i>Technical Club Trophy (Male) - Most meritorious performance in either 400m, 800m, 1500m or one mile by a male athlete</i>	Max Atwell
<i>The O'Grady Trophy Most outstanding track & field athlete still attending school</i>	AJ Madondo
<i>E.E. Mayes Memorial Trophy Awarded to an U20 athlete for performance, sportsmanship & contribution to the sport.</i>	Asher Pettengell-Brand
<i>R.H. Harbison Memorial Cup Awarded to a senior athlete for performance, sportsmanship & contribution to the sport.</i>	Masaki Tomooka
<i>Sprinter of the Year</i>	Rosie Elliot
<i>Middle Distance Athlete of the Year</i>	Cooper Wightman
<i>Distance Athlete of the Year</i>	Connor Melton
<i>Hurdler of the Year</i>	Anna Percy
<i>Thrower of the Year</i>	Tom Walsh
<i>Jumper of the Year</i>	Hamish Kerr
<i>Para Athlete of the Year</i>	William Stedman
<i>Combined Events Athlete of the Year</i>	Max Atwell
<i>Walker of the Year</i>	Jonah Cropp
<i>Cross Country Runner of the Year</i>	Cameron Avery
<i>Road Runner of the Year</i>	Daniel Balchin
<i>Secondary School Non Stadia Athlete of the Year</i>	Daniel Prescott
<i>Junior Non Stadia Athlete of the Year</i>	Charlie Hazlett
<i>Senior Non Stadia Athlete of the Year</i>	Daniel Prescott
<i>Masters Athlete of the Year</i>	Helena Dinnissen
<i>Community Coach of the Year</i>	Jill Morrison
<i>Valdemars Briedis Memorial Cup for Coach of the Year</i>	Terry Lomax
<i>New Official of the Year</i>	Bevan Ralfe
<i>Official of the Year</i>	Ann Wells
<i>Merit Award for Exceptional Service to Athletics:</i>	Peter King
<i>Merit Award for Exceptional Service to Athletics:</i>	Helen Mackle
<i>Merit Award for Exceptional Service to Athletics:</i>	Ruth Liong
<i>Junior Athlete of the Year</i>	AJ Madondo
<i>Senior Athlete of the Year</i>	Hamish Kerr

Performance Report

Athletics Canterbury Incorporated
For the year ended 31 March 2023

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Entity Information

Athletics Canterbury Incorporated for the year ended 31 March 2022

Legal Name of Entity

Athletics Canterbury Incorporated

Entity Type and Legal Basis

Charitable Trust and Registered Charity

Registration Number

CC39446

Entity's Purpose or Mission

To lead and inspire participation, development and excellence in our sport.

Entity Structure

The Constitution states that the affairs of the Association be governed by an elected Board consisting of a Chairperson, plus up to six committee members. The Treasurer and Secretary are appointed by the Board.

The governance of the sport is managed by the Board. Four Working Groups assist the Board to deliver their strategic outcomes. The delivery of the sport is via the following operational committees, the Track and Field Committee, the Cross-Country and Road Committee and the Mid South Canterbury Sub-Centre (Timaru and surrounding region). Canterbury Childrens Athletics is a associate member of Athletics Canterbury who organise and deliver events to our younger members. All committee members are volunteers. Numerous other volunteers support the association with its various activities and events throughout the year.

There is one full time General Manager's role which started 1st August 2018. There is two part-time contract roles, a Registration Secretary and Track & Field Interclub setup role.

Main Sources of Entity's Cash and Resources

The Association receives its income from registrations, race entry fees, grants and donations.

Main Methods Used by Entity to Raise Funds

Generally, the Association does not formally fund-raise. The proceeds from locally authorised athletics events and registrations cover the cost of running events, with minimal to no expected surplus.

The Association has successfully approached three organisations for grants to cover the cost of the General Manager's role. The Association has used a marketing company to assist with non-stadia race sponsorship, plus sort grants to cover the cost running non-stadia events. Any larger purchases of new or replacement capital equipment items is generally funded by grants.

Reviewer

Smith & Jack Chartered Accountants
34 Birmingham Drive,
Christchurch

Smith + Jack
Chartered Accountants

Entity's Reliance on Volunteers and Donated Goods or Services

The Association is almost completely reliant on volunteers, who contribute to the running of the Board, Track and Field Committee and Cross-Country and Road Committee, organising local athletics events and organising and accompanying athletes to various meetings.

Bankers

Westpac

Statement of Service Performance

Athletics Canterbury Incorporated for the year ended 31 March 2021

'What did we do?', 'When did we do it?'

Description of Entity's Outcomes

The objective of Athletics Canterbury is to foster and support the sport of athletics in the Canterbury & West Coast regions and support the Mid-South Canterbury Sub-Centre based in Timaru as our representative in that region. These objectives are delivered in the following areas:

Governance:

With the all the Covid restrictions removed, it was business as usual during the past financial year. We have continued to strengthen our leadership group, with a greater emphasis on succession planning. We are fully aware there are very few people with the key skills and expertise in specialist areas, which is a real concern going forward.

Attracting new members to the Board, the Track & Field Committee and the Cross Country & Road Committee has been a challenge. However, we have encouraged more of our athletic community members to become involved via our Working Groups. There are four working groups as listed below, with the Athletes Pathway group now joining the Track & Field Committee. These groups are charged with investigating and making recommendations to the Board, via the General Manager, as to how we best implement our strategic plan objectives.

1. Marketing & Communications Group
2. Funding & Sponsorship Group
3. Officials Pathway Group
4. Coaches Pathway Group

The delivery of the sport is dependent of two committees, i.e. the Track & Field Committee and the Cross-Country & Road Committee. We offer assistance to the Canterbury Childrens Athletics Association, who are charged with delivering the sport to our younger members. Canterbury Masters Athletics Association is essentially merged within Athletics Canterbury as all of their members compete within the events we organised. We also appreciate the role the Mid-South Canterbury Sub-Centre who organise and deliver the sport on our behalf in the Timaru and surrounding districts.

We have actively engaged with Athletics New Zealand to ensure we deliver events that align with their requirements.

We continue to be actively involved with the Christchurch City Council and the Ngā Puna Wai Manager to we are good tenants at Nga Puna Wai and that it is future proofed and fit for purpose, not just for the athletic community, but also for the wider community. Use the expertise of Sport Canterbury to offer guidance as and when needed. Both the General Manager and the Board Chair have been involved in Governance mentoring programme.

The success of Athletics Canterbury depends on the continuation of the General Manager's role. Over the past four years we have relied on the positive relationship with had with the Rata Foundation to fund the bulk of the General Manager's salary. However, in September 2022 we were informed by Rata Foundation that they no longer fund salaries. Since that time, we have funded the GM salary out of our reserves, while we investigated alternative funding options. As advised by Rata, we engaged Barrer & Co to create an Operational Fundraising Strategy for the sport. The cost of this plan being paid for by contributions from Rata and Sport Canterbury, with balance paid out of our resources. The New Zealand Community Trust also contributed towards the General Manager's salary, and we will look to submitting a higher fund application next year, to allow us time implement the new funding model as suggested by Barrer & Co.

We are always actively seeking new sponsors and apply for various smaller grants as and when appropriate to ensure the sport can deliver events successfully. We have two contract roles to assist in the delivery of the sport. One role to ensure all events at Nga Puna Wai run smoothly and a second role ensuring the registration of our members is up to date, and this includes the printing of registration numbers.

Delivery:

We organised inter-club stadia and non-stadia competitions, annual provincial championship events and selected national championships events in partnership with Athletics New Zealand, for Athletics New Zealand Club affiliated members.

Due to Covid 19, we modified the setup of numerous events throughout the season to ensure we delivered these events within the appropriate gathering restrictions.

We supported both the Canterbury Masters Athletics & Canterbury Childrens Athletics Association in the delivery of their programmes throughout the year.

We selected and managed Canterbury teams attending national athletics competitions in both non-stadia and stadia events. We provided financial support to athletes, officials and coaches where possible and appropriate, when travelling to venues outside of the Canterbury region.

We offered education and training opportunities for coaches and officials to ensure we can successfully organise athletic events. We assisted with the organisation of the primary, combined country & secondary school athletic competitions

Description and Quantification of the Entity's Outputs

During the 2022/2023 competition year, Athletics Canterbury provided the following services to the sport and its participants, either directly as the organiser or by assisting affiliated athletics clubs in the region:

Winter programme (April – October) catering for up to 500 competitors aged from seven years to over eighty years:

We held twelve individual inter-club cross-country and road events, including four Canterbury Regional Championships (Cross-country, road, half marathon & marathon).

In April we hosted a national Marathon and Half Marathon event in Tai Tapu.

We held five inter-club cross-country and road relay events. The annual Takahe to Akaroa Relay (October) was to be the National Road Relay Championships. However, due to the road management plan not meeting requirements, the venue was changed to Bottle Lake Plantation. Following on from this event, there was an independent investigation to determine what improvements in planning needed to be made to avoid this situation from occurring again.

We selected and managed regional representative teams that competed in national cross country, national road and national road relay championships. We supported Secondary School Sport Canterbury in the running of their cross-country & road championships.

The Summer programme (October – April) caters for athletes aged from fourteen years plus, that is those attending high school. Competition for children aged from seven years to fourteen years is organised by Canterbury Children's Athletic Association, with assistance from Athletics Canterbury:

The Opening Day for the track & field season at Nga Puna Wai was on 15th October 2022.

Five Thursday night community events were planned to be held at Nga Puna Wai during November & early December.

From late-October to late-March, we held twelve Saturday interclub track and field meetings at Nga Puna Wai. Within these meetings we held the following Championship events: 3000m, 5000m, 10000m & steeplechase.

In early November we assisted Secondary School Sport Canterbury to run the regionals Secondary School Track & Field

Championships that was cancelled in March 2022. We also assisted with the 2023 event held in March 2023. In late November, we supported a club organised event at their facility at Christchurch Boys High School.

In early December we assisted Primary School Sports to run the regional Primary School Track & Field Championships at Nga Puna Wai.

In late December we held a twilight meeting at Nga Puna Wai aimed at all age groups within our region. In early January we supported the Mid-South Canterbury Centre to host the Lovelock Classic in Timaru.

In mid-January we hosted the South Island Masters Track & Field Championships over two and half days, held in conjunction with a normal senior interclub programme at Nga Puna Wai.

In mid-February we held the Canterbury Championship event at Nga Puna Wai, a Friday night / Saturday afternoon meeting. Within this event we included the Canterbury Masters Track & Field Championship events.

In early March, 104 athletes attended the Athletics NZ Track & Field Championships held in Wellington. Athletics Canterbury supported the meeting by providing specialist equipment and numerous officials in key roles.

Athletics Canterbury ran several official education courses throughout the year particularly concentrating on officials to be used at the Colgate Games, covering the areas of track events, field events, non-stadia events and technical.

Throughout the fourth term 2022 and the first term 2023, Athletics Canterbury assisted school athletic sports held at Nga Puna Wai by providing onsite teacher education (if required) and equipment.

Many of the events organised by Athletics Canterbury and its affiliated clubs catered for members of the public, as well as for club athletes.

Several Canterbury athletes were selected to represent New Zealand in several competitions. The most notable being Tom Walsh (shot put), Lauren Bruce (hammer), Rosie Elliot (400m) and Hamish Kerr (high jump).

Statement of Financial Performance

Athletics Canterbury Incorporated For the year ended 31 March 2023

'How was it funded?' and 'What did it cost?'

	NOTES	2023	2022
Revenue			
Donations, fundraising and other similar revenue	1	107,742	112,450
Fees, subscriptions and other revenue from members	1	99,299	120,160
Revenue from providing goods or services	1	100,359	26,259
Interest, dividends and other investment revenue	1	6,939	5,017
Other revenue	1	1,183	223
Total Revenue		315,521	264,110
Expenses			
Volunteer and employee related costs	2	112,921	117,009
Costs related to providing goods or service	2	203,794	124,494
Grants and Donations made	2	20,100	34,900
Other expenses	2	34,032	46,766
Total Expenses		370,848	323,170
Operating Surplus/(Deficit) for the Year		(55,326)	(59,060)
Transfer to Reserves			
Transfer (to) / from Bill Richards Marathon Fund		15,019	(289)
Transfers (to) / from Thomas Harbut		1,112	2,600
Total Transfer to Reserves		16,131	2,311
Surplus/Deficit for the Year		(39,196)	(56,750)

The Notes to the Financial Statements and Reviewer's Report form part of and are to be read in conjunction with these Financial Statements.

Statement of Financial Position

Athletics Canterbury Incorporated As at 31 March 2023

'What the entity owns?' and 'What the entity owes?'

	NOTES	31 MAR 2023	31 MAR 2022
Assets			
Current Assets			
Bank accounts and cash	3	281,610	160,661
Term Deposits	3	165,645	354,797
Debtors and prepayments	3	37,349	17,128
Inventory	3	3,890	2,164
Total Current Assets		488,494	534,751
Non-Current Assets			
Property, Plant and Equipment	5	137,191	147,490
Total Non-Current Assets		137,191	147,490
Total Assets		625,686	682,240
Liabilities			
Current Liabilities			
Bank overdraft		320	-
Creditors and accrued expenses	4	38,842	19,035
Employee costs payable	4	18,434	13,117
Unused donations and grants with conditions	4	-	30,000
Other current liabilities	4	3,329	-
Total Current Liabilities		60,924	62,152
Total Liabilities		60,924	62,152
Total Assets less Total Liabilities (Net Assets)		564,762	620,088
Accumulated Funds			
Reserves	6	151,227	167,357
Accumulated surpluses or (deficits)	6	413,535	452,731
Total Accumulated Funds		564,762	620,088

The Notes to the Financial Statements and Reviewer's Report form part of and are to be read in conjunction with these Financial Statements.

Statement of Cash Flows

Athletics Canterbury Incorporated For the year ended 31 March 2023

'How the entity has received and used cash'

	2023	2022
Cash Flows from Operating Activities		
Donations, grants and other similar receipts	82,742	112,450
Fees, subscriptions and other receipts from members	30,472	98,417
Receipts from providing goods or services	77,025	56,663
Interest, dividends and other investment receipts	6,994	3,375
Cash receipts from other operating activities	75,696	223
GST	(7,088)	(4,313)
Payments to suppliers and employees	(286,358)	(261,440)
Donations or grants paid	(3,700)	(32,900)
Total Cash Flows from Operating Activities	(24,218)	(27,525)
Cash Flows from Investing and Financing Activities		
Receipts/(Payments) of property, plant and equipment	(37,952)	11,146
Cash flows from other investing and financing activities	182,799	(3,953)
Total Cash Flows from Investing and Financing Activities	144,847	7,194
Net Increase/(Decrease) in Cash	120,629	(20,332)
Bank Accounts and Cash		
Opening cash	160,661	180,993
Closing cash	281,290	160,661
Net change in cash for period	120,629	(20,332)

The Notes to the Financial Statements and Reviewer's Report form part of and are to be read in conjunction with these Financial Statements.

Statement of Accounting Policies

Athletics Canterbury Incorporated For the year ended 31 March 2023

'How did we do our accounting?'

Basis of Preparation

The entity has elected to apply PBE SFR-A (NFP) Public Benefit Entity Simple Format Reporting - Accrual (Not-For-Profit) on the basis that it does not have public accountability and has total annual expenses equal to or less than \$2,000,000. All transactions in the Performance Report are reported using the accrual basis of accounting. The Performance Report is prepared under the assumption that the entity will continue to operate in the foreseeable future.

Goods and Services Tax (GST)

The entity is registered for GST. All amounts are stated exclusive of goods and services tax (GST) except for accounts payable and accounts receivable which are stated inclusive of GST.

Income Tax

Athletics Canterbury Incorporated is wholly exempt from New Zealand income tax having fully complied with all statutory conditions for these exemptions.

Bank Accounts and Cash

Bank accounts and cash in the Statement of Cash Flows comprise cash balances and bank balances (including short term deposits).

Changes in Accounting Policies

There have been no changes in accounting policies. Policies have been applied on a consistent basis with those of the previous reporting period.

Fixed Assets

Fixed Assets are recognised at cost less accumulated depreciation

Revenue Recognition

Grants that are received with conditions attached are initially recognised a liability and are transferred to income when the conditions have been fulfilled, All Donations are recognised upon receipt.

Notes to the Performance Report

Athletics Canterbury Incorporated For the year ended 31 March 2023

2023 2022

1. Analysis of Revenue

Donations, grants, and other similar revenue

Donations	20,000	5,250
CCC	-	20,000
Grants	15,386	-
New Zealand Community Trust	20,000	20,000
Sargood Bequest	5,000	5,000
Lion Foundation	4,781	-
Mainland Foundation	4,000	2,200
Pub Charity	5,575	-
Rata Foundation	33,000	60,000
Total Donations, grants, and other similar revenue	107,742	112,450

Fees, subscriptions and other revenue from members

Nga Puna Wai Track Hire	44,397	21,515
Nga Puna Wai Training Fees	6,781	8,889
Registration Fees	39,662	46,702
Affiliation Fees	1,120	1,853
Entry Fees	3,153	30,765
Sanction Fees	4,185	10,437
Total Fees, subscriptions and other revenue from members	99,299	120,160

Revenue from providing goods or services

Annual Awards Dinner	1,670	1,336
Coaching Income	870	-
Equipment Hire	14,898	5,847
Other Revenue	1,950	3,520
Signage at NPW	(1,479)	1,562
Sponsorship	6,275	12,299
Uniform Sales	1,662	1,696
Total Revenue from providing goods or services	25,846	26,259

Interest, dividends and other investment revenue

Interest Income	6,939	5,017
Total Interest, dividends and other investment revenue	6,939	5,017

Other revenue

Miscellaneous Income

Miscellaneous Income	1,183	223
Total Miscellaneous Income	1,183	223
Total Other revenue	1,183	223

2023 2022

2. Analysis of Expenses**Volunteer and employee related costs**

ACC	576	541
Marketing Consultancy	20,472	20,159
Wages	91,873	96,310
Total Volunteer and employee related costs	112,921	117,009

Costs related to providing goods or services

Miscellaneous Expenses	-	62
Advertising	3,140	1,619
AGM Expenses	422	261
Annual Awards Dinner Expenses	2,167	715
Audit/Review Fees	2,500	2,500
Bank Fees	122	385
Computer Expenses	463	640
Engraving	1,858	2,244
Hire Expenses	70,729	54,230
Insurance	8,565	7,984
Equipment Repairs	5,383	10,542
Medals	3,505	2,308
Medical Services	1,590	1,554
Meeting Room Hire	947	413
Printing, Stamps & Stationery	4,472	4,326
Race Expenses	52,474	25,077
Training Course	1,308	-
Telephone & Internet	650	742
Vehicle Expenses	4,598	7,385
Travel Costs	11,351	817
Uniform Purchases	1,374	690
Total Costs related to providing goods or services	177,617	124,494

Grants and donations made

Bill Richards Marathon Fund - Grants	16,400	2,000
CCC - Contribution to Equipment	-	30,000
Lorna Overend Award	300	300
Officials Subsidy	3,400	2,600
Total Grants and donations made	20,100	34,900

Other expenses

Depreciation and Loss on Sale	32,120	44,815
General Expenses	1,912	1,952
Total Other expenses	34,032	46,766

	2023	2022
3. Analysis of Assets		
Bank accounts and cash		
Cheque Account (Coachforce)	380	1,057
Cheque Account (Board)	259,549	123,906
Cheque Account (Track & Field)	5,235	11,109
Cheque Account (XC & Road)	16,444	24,384
Westpac Credit Card	(320)	205
Total Bank accounts and cash	281,290	160,661
Term Deposits		
Rabobank Term Deposits	-	191,763
SBS Term Deposits	64,142	63,049
Westpac Term Deposits	101,503	99,985
Total Term Deposits	165,645	354,797
Debtors and prepayments		
Accrued Interest	2,560	2,615
Accounts Receivable	31,733	10,756
Prepayments	3,056	3,757
Total Debtors and prepayments	37,349	17,128
Other current assets		
Uniforms on Hand	3,890	2,164
Total Other current assets	3,890	2,164
	2023	2022

4. Analysis of Liabilities

Creditors and accrued expenses		
Accounts Payable	46,916	20,021
GST	(8,075)	(986)
Total Creditors and accrued expenses	38,842	19,035
Employee costs payable		
Holiday Pay Accrual	18,434	13,117
Total Employee costs payable	18,434	13,117
Unused donations and grants with conditions		
Rata Foundation	-	25,000
Tu Manawa	-	5,000
Total Unused donations and grants with conditions	-	30,000
Other current liabilities		
Provision for Doubtful Debts	3,329	-
Total Other current liabilities	3,329	-

2023

2022

5. Property, Plant and Equipment

Athletics Equipment	137,191	147,490
Total Property, Plant and Equipment	137,191	147,490

	Opening Book Value	Additions/ (Disposals)	Depreciation and Loss on Sale	Closing Book Value
Athletics Equipment	147,490	21,821	32,120	137,191

2023

2022

6. Accumulated Funds

Retained Earnings	452,731	509,481
Current Year Earnings	(39,196)	(56,750)
Reserves	151,227	167,357
Accumulated Funds	564,762	620,088

Reserves

Description	Opening Balance	Current Year Surplus/(Deficit)	Transfer To/(from) reserves	Closing Balance
Reserves				
Bill Richards Marathon Fund	166,245	3295	(18,313)	151,227
Thomas Harbut Fund	1,112		(1,112)	0
Total Reserves	167,357	3,295	(19,425)	151,227
Accumulated Funds	452,731	(39,196)		413,535
Total	620,088	(35,901)	(19,425)	564,762

The Bill Richards Marathon Fund is to be used for Marathon running expenses incurred by the club or it's athletes

Thomas Harbut Fund is to be used for Officials Travel costs

7. Contingent Liabilities and Guarantees

Nil (2022 Nil).

8. Related Parties

Andrew Stark, Chairman of the Executive Board, is also director of AWS Publications Limited. Athletics Canterbury Limited used the services of AWS Publications Limited, with all payments being at market value, totalling \$9,467 (2021: \$9,425). There was \$5,729 outstanding at year end (2021: \$Nil)

9. Events After the Balance Date

There were no events that have occurred after the balance date that would have a material impact on the Performance Report (Last year - nil).

10. Covid 19

The Covid 19 pandemic resulted in a series of restrictions on everyday activities of New Zealanders, which meant Athletics Canterbury had to adapt the way it operated as the rules changed. Modifications to the programme and the way we delivered events were made to enable us to offer events during both the winter and summer seasons.

The Takahe to Akaroa Relay was assigned the National Road Relay Championships (October 2021). However, Covid 19 restrictions meant it was downgraded to a local event, which resulted in the event losing money. Similarly, the hire of Nga Puan Wai by schools was affected, with many schools cancelling their athletics sports.

The financial impact of Covid 19 on Athletics Canterbury was moderate, even though we were unable to apply to Covid related assistance grants (2021 \$41,007). However, it continued to meet its financial commitments.

11. Donated Goods and Services

During the year Athletics Canterbury entered into a sponsorship agreement with Gary Cockram Hyundai which has provided a vehicle for the General Managers use.

ATHLETICS CANTERBURY INCORPORATED - REGISTRATIONS 2022 / 2023

	SM	MM	SW	MW	MU20	WU20	MU18	WU18	B7-14	G7-14	B3-6	G3-6	Social	Volunteer /Life Members	2022/23	2021/22
Ashburton Athletic Club					1		1		28	35	3			10	78	88
Canterbury Tri Club															0	15
Christchurch Avon Athletic Club Inc	9	23	8	8	4		2	5	105	105	10	13		4	296	289
Christchurch Old Boys United Athletic Club	6	2	12	2	2		8	3							35	67
Christchurch Methodist Harrier Club	1	7													8	7
Christ's College Athletic Club							5								5	6
Don Greig Racing Stables	6	36	10	19											71	53
Geraldine Athletic Club								2	17	36	1	1	1	9	67	82
Greymouth Athletic Club Inc								19	26	26	14	4		1	64	47
Lions Athletics Club					1										1	0
New Brighton Olympic Athletic Club Inc	2	20	1	3	1	1	3		29	39	5	12	1	4	120	164
North Canterbury Athletic Club		4		1	2	2		1	17	23				1	49	41
Papanui Toc H Athletic Club Inc	8	9	3	2	5	4	18	22	49	67	16	8	2	22	235	238
Phoenix Athletic Club Inc					2	1	2	2	13	12					32	0
Port Hills Athletic Club Inc	2	10		6	3	2	12	8	47	58	3	7	8	24	190	295
Run Timaru	15	8	7	1	2	1	4	3	1	2			3	5	52	84
Selwyn Athletic Club	2	5		1	2	2	7	8	72	69	19	15			200	230
South Canterbury Athletic Club	1		1		1	1	1	7	30	30	4	3		15	94	105
Sumner Running Club Inc	4	19	1	14			2	1	28	30	1	1		3	104	119
Temuka Athletic Club							2	19	10					1	32	42
University of Canterbury Athletic Club Inc	27	7	14	3	4	5	7	6	41	31	7	4		7	163	175
Waimate Athletic Club				1			2	11	17				1	2	34	50
Whippets Running Project - Canterbury	9	3	9	1		2									24	0
Grade Totals:	92	153	66	60	26	22	72	72	526	590	83	68	16	108	1954	2197

It was good to see no restrictions for the 2022-2023 season which meant that we could offer a full programme of events.

During the winter months, not much happened at Nga Puna Wai except for a good working bee clearing out the unnecessary and broken items out of the main storage shed and container. Thanks to the committee and others for their hard work in doing this long overdue clean up. We are still waiting to have the shelves installed and this will create a lot more clear spaces where we can have the space well organised.

The opening day for senior interclub was held on 15th October 2022. The online entries is now well established and enables a seeded meeting to be done prior to interclub, ably coordinated by Andrew Stark. The system works well, although late entries in the sprint events can cause issues in terms of ensuring athletes are in the most appropriate race for their ability. We have looked at not having the opportunity for late entries which most other centres enforce. Given our desire is to offer the opportunity for all athletes to compete, we have not given in to this.

The track runs usual run well, with a good mix of events. However, running the field is more of a challenge. Each week our ability to offer a full selection of events is constrained by the number of officials we have to run the events. It is difficult to offer a full programme that would be pleasing to both athletes and coaches, with the small number of officials we have. Having said that, I sincerely thank all our dedicated officials who turn out week after week, ensuring that athletes get well run events regularly.

While we have a world class facility and equipment, it all has a limited life span. We are looking to the future as to what will need replacing and when. A stocktake has been undertaken over the winter months, identifying equipment that requires replacing and enabling us to establish a plan for an ongoing replacement policy. Once identified these will then be purchased. This season we purchased a camera for the long jump take off board enabling us to comply with the rules and offer accurate instant ruling on the take-off board. The need to look for and obtain funding for bigger items and newer technology is a challenge that we are constantly looking for ways to achieve.

Below is a table of attendance at each interclub during 2022-23 season, based on who actually competed.

DATE(S)	M-U16	W-U16	M-U18	W-U18	M-U20	W-U20	SM	SW	MM	MW	
15/10/2022	9	14	17	17	13	8	6	8	3	4	99
22/10/2022	13	18	27	16	15	7	5	2	3	2	108
29/10/2022	22	15	33	24	20	12	9	8	8	3	154
19/11/2022	15	15	19	22	10	3	4	5	5	2	100
26/11/2022	17	20	26	23	12	9	12	10	5	2	136
3/12/2022	17	16	19	16	8	7	5	6	2	1	97
28/12/2022	33	50	7	4	7	1	9	12	11	1	135
21/01/2023	6	3	8	13	17	6	18	8	47	23	149
28/01/2023	3	8	18	19	17	13	24	15	10	4	131
4/02/2023	4	5	24	23	18	7	17	11	13	3	125
10-11/02/2023	12	16	29	34	18	15	23	11	17	6	181
18/02/2023	11	3	15	14	11	8	7	2	5	2	78
25/02/2023	13	8	26	18	15	9	8	4	8	1	110
AVERAGE 2022/23	13.5	14.7	20.6	18.7	13.9	8.1	11.3	7.8	10.5	4.2	123.3
2021/22	16	16	26	23	14	9	15	12	10	4	146
2020/21:	20	20	26	20	13	9	12	13	10	5	146
2019/20:	26	20	32	24	18	9	11	9	14	6	169
2018/19:	#(non-reg = 34)		39	34	18	12	12	9	10	5	173

Season in Review:

As the table of attendance figure indicates, the bulk of our athletes are under 18. However, it was good to see an increase in the senior men numbers. The numbers remained static as the same as last season. The pre-Christmas interclub meetings were well attended by our secondary school athletes preparing for the NZSS Championships. We look forward to it being held later this year in December at Nga Puna Wai. The numbers drop off over the holiday period and then start increasing again in the build-up to ANZ track and field Nationals held in March.

Athletics Canterbury is responsible for all bookings of the track & field venue at Ngā Puna, which includes schools and community groups. Along with funds generated from seasonal training card purchases and casual user fees, hiring the venue & equipment is an important income stream for the sport. It is important that those using the venue do contribute by paying to train there.

The **Track twilight meetings**, held on Thursday evenings during November and the first Thursday in December. The first evening had some selected Christchurch Secondary School events as well as Interclub events. This was due to Christchurch Secondary School having to be cancelled earlier in the year and was instead held on the 5th November. This season we only offered one field event due to low number of officials. We will be evaluating this along with a survey to determine what is the best way to offer enough variety for our athletes.

Once again Terry Lomax organised the **Rhythm & Jumps Meeting** on the 25th November, held at the Christchurch Boys High School training facility. This was a great meeting with a good number in attendance.

National Secondary Schools Championships were held in December in Inglewood in difficult weather conditions for our secondary school athletes, having been cancelled the year before due to Covid 19. It is the biggest track & field competition each season and as mentioned, we look forward to hosting this in December 2023 at Nga Puna Wai.

On the 17th December we held along with Canterbury Children's a relay meeting, this was a good opportunity for clubs, groups of friends to make a relay team and compete. Unfortunately, it was not well supported by our senior athletes, so it may not happen next season.

The **Christmas Cracker Twilight** meeting was held on the 28th of December, organised with the help of Craig Motley based in Timaru. Numbers were up on last season with 131 attending. It is always uncertain how many will attend this meeting being in the week between Christmas and New Year. It was enjoyed by those who attended and is a regular fixture on the calendar.

The new year started with a successful **Lovelock Classic** meeting held in Timaru on the 7th January 2022. Thank you once again to the Lovelock Classic LOC for organising this event.

The **ITM Continental Bronze Meet** returned to February this season with a **Fast Five** competition held prior to the start of the ITM competition. It was great to see the participation of athletes from around the country.

The **Canterbury Track & Field Championships**, were held on Friday night / Saturday afternoon (10th / 11th February). This is the third year we have run our championships over these two sessions. This year the National Touch tournament was being held at Nga Puna Wai which was a disruption.

Athletics New Zealand National Track and Field Championships (1 – 4 March) were held in Wellington over four days, given the inclusion of an U16 grade so staying at four days. It was great to see a large team representing Canterbury. Congratulations to all the athletes that took part with good results, plus a special thank you to Canterbury Team Managers and parents who helped during the event.

On page 31 there is a table of team sizes over the last few seasons, and medallists who won at the Athletics New Zealand Championships.

	2023	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012
Team Size	103	120	50	130	148	84	65	86	70	89	71	?
Gold	22	29	17	32	15	21	31	32	26	30	21	17
Silver	32	34	18	22	21	25	23	25	19	19	21	17
Bronze	36	26	20	32	27	18	14	24	15	19	25	23
Total Medals:	90	89	55	86	63	64	68	81	60	68	67	57

GOLD MEDALS		Grade / Event	Performance
Charlotte	Blake	WU16 Javelin	34.58m
Lauren	Bruce	SW Hammer	67.83m
Hannah	Collins	WU20 Triple Jump	11.91m
Rosie	Elliott	SW 400m	52.39
Jess	Hendren	WU20 High Jump	1.70m
Sarah	James	Para Open 1500m Wheelchair	5:50.87
Sarah	James	Para Open 800m Wheelchair	2:57.24
Hamish	Kerr	Senior High Jump	2.20m
Zack	Lappin	Para Open Javelin	28.18m
Samantha	Lascalles	WU18 800m	2:14.05
AJ	Madondo	MU18 Triple Jump	13.64m
Isla	Martin-Mckenzie	WU20 Pole Vault	2.97m
Abbey	Moody	WU20 Javelin	43.36m
Anna	Percy	SW 100m Hurdles	13.57
Rorie	Poff	Para Open Shot Put Seated	7.28m
William	Stedman	Para Open 200m	25.20
William	Stedman	Para Open 400m	54.56
William	Stedman	Para Open Long Jump	5.28m
Madeline	Thomas	WU18 3000m Track Walk	18:50.62
Tiaan	Whelpton	SM 100m	10.13
Jordan Veitch, AJ Madondo, Sacha Tah, Hunter Scott		MU18 4 x 100m	42.85
Ollie Singleton, Harrison Laing, Sacha Tah, Jordan Veitch		MU18 4 x 400m	3:30.08

SILVER MEDALS		Grade / Event	Performance
Kelsey	Berryman	SW Long Jump	6.00m
Hannah	Collins	WU20 Long Jump	5.31m
Jonah	Cropp	MU20 10,000m Track Walk	48:28.34
Jonah	Cropp	MU20 3000m Track Walk	12:58.60
Joshiah	Early	MU16 High Jump	1.72m
Rosie	Elliott	SW 100m	11.36
Pera	Gordon	WU16 Pole Vault	2.14m
Ethan	Gow	MU20 Triple Jump	13.54m
Holly	Gray	WU18 300m Hurdles	45.71
Holly	Gray	WU18 Women 100m Hurdles	14.62
Kiera	Hall	WU20 800m	2:11.47
Kiera	Hall	WU20 1500m	4:40.40
Stacey	Hooper	WU18 3000m Track Walk	19:10.28
Zack	Lappin	Para Open Discus	32.19m
Samantha	Lascalles	WU18 1500m	4:39.62
AJ	Madondo	MU18 200m	22.36
Lexi	Maples	SW Hammer	59.81m
Abbey	Moody	SW Javelin	45.19m

Jared	Neighbours	SM Javelin	60.64m
Courtney	Ruske	SW 10,000m Track Walk	52:18.87
Henry	Sevier	MU16 800m	2:06.17
Adam	Stack	SM High Jump	2:07m
Masaki	Tomooka	SM 110m Hurdles	15.37
Tom	Walsh	SM Shot Put	21.25m
Harry	Williamson	MU18 300m Hurdles	41.06
Maddie	Wilson	SW High Jump	1.84m
Amelia Henstock, Jody McCarthy-Dempsey, Holly Gray, Samantha Lascelles		WU18 4 x 400m	4:01.32
Emily Jackson, Alexandra Rees-Thomas, Niamh Motley, Kiera Hall		WU20 4 x 400m	3:59.19
Joshua Price, Asher Pettengall-Brand, Finn O'Sullivan, Kieran Sinclair-Lomax		MU20 4 x 100m	43.25
Asher Pettengall-Brand, John Mottus, Caleb Robinson, Beau Brackenridge		MU20 4 x 400m	3:27.30
Christina Ryan, Angie Petty, Chantal MacDonald, Katherine Camp		SW 4 x 400m	3:50.36

BRONZE MEDALS		Grade / Event	Performance
Louis	Andrews	SM 400m Hurdles	58.29
Max	Attwell	SM 110m Hurdles	15.70
Max	Attwell	SM Pole Vault	4.81m
Beau	Brackenridge	MU20 Men 400m Hurdles	58.51
Katherine	Camp	SW 5000m	16:48.28
Hannah	Collins	SW Triple Jump	11.51m
Kate	Currie	WU18 1500m	4:41.12
Kate	Currie	WU18 3000m	10:14.81
Grabriel	Dickerson	MU18 Triple Jump	11.98m
Grabriel	Dickerson	MU18 Javelin	41.54m
Caitlin	Dore	Para Open Shot Put	8.70m
Ethan	Gow	SM Triple Jump	13.54m
Russell	Green	SM 1500m	3:54.13
Sam	Idiens	MU20 5000m	14:57.57
Emily	Jackson	WU20 Long Jump	5.31m
Sarah	James	Para Open 100m Wheelchair	13.95
Sarah	James	Para Open 200m Wheelchair	37.81
Sarah	James	Para Open 400m Wheelchair	79.37
Couper	Killick	MU20 Shot Put	15.16m
Armani	Lemalu	MU18 Discus	46.03m
AJ	Madondo	MU18 Long Jump	6.11m
Connor	Melton	SM 5000m	14:10.11
Abbey	Moody	WU20 Discus	41.16m
Orla	Motley	WU18 Javelin	36.37m
Asher	Pettengall-Brand	MU20 200m	22.05
Asher	Pettengall-Brand	MU20 Long Jump	6.84m
Hannah	Sandilands	SW Long Jump	5.94m
Angus	Sevier	MU18 800m	1:54.63
Ella	Waldron	WU18 100m Hurdles	14.89
Cooper	Wightman	MU18 1500m	3:58.73
Tia	Wynyard	MU20 High Jump	1.97m

Ella Waldron, Madeline Thomas, Jody McCarthy-Dempsey, Holly Gray	WU18 4 x 100m	50.47
Henry Sevier, Cooper Wightman, Harry Williamson, Bill Quigley	MU18 4 x 400m	3:47.27
Quinn Andis, Masaki Tomooka, John Wells, Max Attwell	SM 4 x 100m	42.31
John Wells, Oliver Dunshea, Masaki Tomooka, Max Attwell	SM 4 x 400m	3:16.33

Athletics Canterbury officials / volunteers have made themselves available weekly for interclub and other meets held around the region. A large contingent also went to ANZ National Championships, and without them and their expertise, it would be hard to run an event of this size. It was good to welcome some new officials, including some of our current athletes this season. Thank you to all officials who without them we would not be able to offer the events we do, officiating at Nga Puna Wai offers challenges with often windy cold conditions. Education courses have been offered with good attendance.

Congratulations to **Adrienne Bruce** and **Paul Nicholls** on passing and obtaining their Silver Referee qualification from World athletics, joining Trevor Spittle – Gold Referee and Ruth Liong – Silver Referee.

Congratulations are also in order to Trevor Spittle for passing the World Para Athletics (WPA) International Technical Official (ITO) recertification and appointment to the panel for a further four years. To Paul Nicholls on passing the WPA ITO training and then passing the recertification exams and selected onto the WPA ITO panel for four years. Ruth Liong was automatically appointed to the WPA ITO panel as was one of the certifiers setting and assessing the candidates over the recertification process. Great to see some of our local officials being appointed to both World Athletics and World Para Athletics panels.

Thank you to Brian Theobald for his work in organising the weekly officials roster, taking care to move officials around giving them a lot of experience over all the different event groups.

The challenges for athletics at Nga Puna Wai

The biggest challenge we faced all season is **NOT** having enough officials to offer all the events our athletic community would like at any given interclub meeting. This meant we had to modify the programme offering fewer field events or restricting the number of attempts. Almost weekly we requested help from the spectators to manage events and on the surface it looks like we are 'coping'. However, it is coming at a cost as our mature officials are struggling, with deciding it has become too difficult and demanding. **THIS IS A MAJOR ISSUE FOR OUR SPORT, SO WE NEED YOUR HELP.** The officials working group would love to hear of any ideas that you may have to tackle this issue. Please contact Brian Theobald, Ian or myself if you are able to help in any way ... either as a volunteer at an event, as an official or to join the track & field committee.

The Nga Puna Wai venue is our point of difference from other providers offering running events in Canterbury. If you have any ideas about events that you would like to see please, approach the track and field committee and work together to ensure that athletics is alive and vibrant in Canterbury.

While change can be challenging, it also can also be exciting. It is a very costly exercise for us to be at Nga Puna Wai, due to the expectation from CCC in terms of the required income generated from activities held there. We need to do things differently, but our ability to do this successfully depends on the willingness of the athletic community to help out.

I would like to thank the Track and Field Committee, who along with Ian Thomas, Canterbury Athletics General Manager work hard in the background ensuring all the necessary tasks and extra are carried out. Ian is the face of our sport and liaises with a large number of groups creating opportunities for all to use the first class facility we have.

Athletics Canterbury - Ngā Puna Wai Activity Financial Information For the year ended 31st March 2023

Note: The above information relating to Ngā Puna Wai has been extracted from the consolidated accounts.
** This income is not annual income, but dependant on national events being held at Nga Puna Wai.

	2022 / 2023	2021 / 2022
Income		
Weekly Interclub Fees	\$15,307.72	\$19,307.09
Championship Entry Fees	\$3,115.00	\$3,360.58
Nga Puna Wai Track Hire	\$44,397.46	\$21,514.80
Nga Puna Wai Training Fees	\$6,781.42	\$8,888.93
Equipment Hire	\$14,548.26	\$5,050.00
Donations	\$1,000.00	\$2,000.00
Miscellaneous Income	\$100.00	\$80.30
Other Revenue	195015%	351957%
Interest Income	\$293.02	\$80.92
	\$87,493.03	\$63,802.19
Less Operating Expenses		
Track Hire & Related Costs	\$46,880.96	\$31,467.91
NPW Storage/Training Fees	\$13,063.48	\$11,956.52
Equipment Repairs	\$3,649.95	\$8,821.52
Sport Days Set up/Assist Fee	\$4,981.35	\$6,942.39
Software Licences	\$462.92	\$640.07
Printing/Stationery - Miscellaneous	\$353.26	\$177.94
Race Expenses	\$417.39	\$0.00
Travel	\$967.39	\$0.00
Catering	\$173.22	\$400.08
Audit Fees	\$750.00	\$750.00
Bank Fees	\$25.00	\$207.00
General Expenses	\$285.52	\$154.73
Miscellaneous Expenses	\$0.00	\$62.18
	\$72,010.44	\$61,580.34
Gross Profit	\$15,482.59	\$2,221.85
Depreciation Expense	\$27,788.34	\$32,300.67
Net Loss	-\$12,305.75	-\$30,078.82

It gives me great pleasure to be able to write this Presidents report for a full athletics season that has not been disrupted by COVID – 19. It has been a busy season with the many local events put on by the Mid-South Sub Centre Committee, in particular hosting a large event like the 2023 Colgate games, and watching the new All-Weather track upgrade taking place.

I would firstly like to thank the entire organisation of the Mid-South Canterbury Sub Centre who have once again worked tirelessly behind the scenes to organise many local events for our local and surrounding club athletes to compete in. This would not be possible without the support from clubs, athletes and of course volunteers. A special mention goes to Helen who makes sure all the administration is complete before and after each event and Reg who works hard placing officials to make sure all events run smoothly.

Our Friday night interclub and Ribbon nights are always well attended by local athletes. It is always so great to see the enjoyment of many athletes who can shine at these local events. We were lucky that the weather was suitable for these to all go ahead on the days planned and that we managed to have all the events up at the track.

As usual the Annual local Sunday Inter-club competitions were held in various locations around the region I would like to thank Temuka athletics for hosting the Arthur Cup this year, the numbers were slightly down on previous years due to Selwyn not attending as it clashed with another event.

Unfortunately, the Rose Shield was cancelled this year due to waterlogged grounds.

Jubilee Shield is always a great meeting in Waimate for the country clubs.

I would like to thank the local clubs, parents and volunteers for attending these events to help officiate.

Ashburton club hosted the Mid-South Canterbury Champs this year and it was a great event enjoyed by all who attended.

The South Island Master Games was again hosted in Timaru this season in October and I would like to make a special mention to Toni Oudemans from Waimate Club who put her hand up to make this event happen.

Thank you to Sub Centre Executive, members of Waimate Club (which included the whole Oudemans family), and a couple of other Sub Centre officials who ensured the event went ahead with officiating and running the event. We must thank the attending athletes who also helped to officiate at their own event again due to lack of personnel.

The Throws pentathlon is a newer event which is still gaining momentum but once again thank you to the Waimate Club and the Oudemans family for driving this event and making it happen with the help of Sub Centre Executive. It is a great event to expose athletes and potential athletes to new disciplines in Athletics. Hopefully we see more support to help this event grow over the next few years.

It has been a long awaited 12 months but we finally have the new All Weather track surface laid and it looks great! A change for the eyes to get used to from red to now blue. It is such a great facility for athletes to use locally. The track will hopefully attract some big names at the now recognised National Permit meet of the Lovelock Classic. The Track Trust has put in a huge amount of work in upgrading the facility, it is years of planning, gaining donations and sponsorship to get this track in place. The personal hours that go into this is like a fulltime job with many local businesses donating labour hours and money to get the upgrade of the track and also the Hammer cage in place. As a Mid-South Committee I thank everyone involved in this.

Our region certainly does well at a Regional, National and International level in many grades, I congratulate all athletes that have been selected to represented and participate at these levels for Canterbury and New Zealand teams. It is also wonderful to see athletes and volunteers be recognised at our local Trust Aoraki South Canterbury Sports Awards and Athletic Canterbury Sports Awards.

Finally the Colgate Games 2023 was a huge success, I would like to thank the Local Organising Committee which consisted of members from Geraldine, Temuka and Waimate who put many hours in to make this event work. With the additional help from Ashburton in the week leading up to the Games, and Run Timaru and South Canterbury Clubs during the games, the event was a huge success. A special mention goes to Helen Mackle who goes above and beyond, her wealth of knowledge and organisational skills made everyone's job so much easier.

Athletics NZ gave a very good report on the Colgate Games, we were so successful in our organising and hosting of the event that they have advised they intend using it as an example of what other centres need to do with hosting the games. We did everything on time as per their date line. We managed to get a number of Grants required to host and set up the facility. Athletics NZ was impressed with how the facility was almost completely set up when they arrived on the Wednesday afternoon, and how the club packs were all done, and they just had to put in their stuff and all was ready for pick up by Thursday morning. They commented that it certainly made their job easier.

Communication with Athletics NZ was excellent and they have thanked us for our hard work.

Athletics NZ would like to bring more big events to the region and All Weather Track, we already have the Lovelock Classic, but that LOC has proven that they are doing a great job with running that National Permit Meet, and therefore that LOC and the Sub Centre has shown it is very capable of organising and running big events, as it stands at the present time.

Again, thank you to all those who have made my position as President of the Sub Centre an enjoyable position and I look forward to working with you all again in the coming season.

Canterbury Masters Athletic Association Report 2022 - 2023

Andrew Stark

Introduction:

With all Covid restrictions now removed, it was busy as usual for the sport during the past year. The CMA AGM was delayed from August until the 22nd September 2022. The same small group of members gathered at the St Luke's Union Church Hall in Halswell, with the venue being kindly organised by Lois Anderson. The future of CMA was discussed as the on-going trend seems to be fewer members joining CMA and fewer Canterbury club masters competing at the track & field meetings. While there were suggestions about promoting ourselves better, offering 'have a go day', it requires a coordinated approach and someone willing to take on the role. Is that person you?

Throughout the winter season, master's athletes continue to be the bulk of the competitors in attendance and the officials.

The Opening Day of the fifth track & field season at Ngā Puna Wai occurred on 15th October 2022. There were only 99 competitors (113 in 2021), seven of whom were masters. This attendance was again down on previous seasons. However, being the last weekend of the school holiday, this may have impacted on overall attendance.

NZMA Track & Field Championships:

The NZMA Track & Field Championships, due to be held in March 2022 were cancelled due to Covid restrictions. The rescheduled time for this event was early December 2022, hosted in Wellington. Of the 225 entries, 21 were from Canterbury. It was a well organised and successful meeting, although we do need to look at the field event age groupings to create more even groups.

South Island Track & Field Championships:

With NZMA Championships being held in December, we moved the South Island Masters Championships to 20 – 22 January 2023, held at Nga Puna Wai. This was a combined Athletics Canterbury Interclub / master's meeting. Of the 150 competitors, 74 were masters including a few from the North Island. There were 18 women's and 16 men's SI records broken.

NZMA Board Up-date:

At the NZMA AGM held in Wellington, Michael Wray stepped down and three new members were elected; Brayden Grant (WMA), Hayden Robinson (WMA) and Carolyn Smith (NTH). Succession planning is important for all organizations, so in my role as President I am keen to upskill these new members to take over in due course. Brayden has already taken over records.

Work continues in the background to ensure the future of Masters' athletics within the New Zealand summer season, which is becoming very congested during the months of February / March. Following on from last year's survey, the NZMA Board are keen to work more closely with Athletics NZ. The challenge of finding venues to host own three championship events is on-going and very reliant on Athletics NZ finalizing their season. So that we could give all masters a 'heads-up' of when events would occur during the 2023-2024 season, I offered to host the NZMA Championships here at Nga Puna Wai. This will occur during the weekend of 16-18 February 2024. The SI Championships have been moved to Nelson, 18-20 February 2024. The NI Championships will be in Palmerston North, 1-3 December 2023.

Athletics Canterbury & Nga Puna Wai Sports Hub:

Athletics Canterbury continue to use online entries for interclub and create the seeded timed programme prior to the competition on Saturday. The system works well and based on the number of entries, it is easier to allocate the available officials to events.

During the season, Anne Davison continued to 'look after' our maturing group of throwers, by organising events either prior to the interclub meetings or on a Wednesday or Sunday. I know this was greatly appreciated by this group, plus it also relieved some of the pressure of senior interclub throwing events. It also provided an opportunity for athletes from Otago to join in.

Athletics Canterbury is always looking for new officials. It would be great if more CMA members would come forward to help, and not just leave it up to the 'regular' few who already undertake this role.

CMA 2022 / 2023 Membership Details:

The previous membership figures are as follows: 160 (2010), 131 (2011), 110 (2012), 97 (2013), 82 (2014), 70 (2014/2015), 90 (2015/2016). All of these figures include members of clubs & NZMA.

Since the MOU in 2016, we have two separate groups. CMA members who only join NZMA have been as follows: 32 (2016/2017), 13 (2017/2018), 22 (2018/2019), 22 (2019/2020), 11 (2020/2021), 14 (2021/2022) & **12 (2022/2023)**.

Once again a majority of masters (**200+ within clubs**) do not come near Nga Puna Wai. The Don Greig Racing Stables Club does train regularly at Nga Puna Wai and it would be great if others did the same? .

The success of masters track & field relies on us encouraging ANZ club masters to attend events at Nga Puna Wai.

CMA 2022 - 2023 Championship Review:

The major CMA Championship events were again held within the Athletics Canterbury Track & Field Championships (Friday night / Saturday afternoon), with 25 athletes taking over the two days. Given NPW has numerous throwing circles, we were able to timetable masters only events. We did self-manage some events, but also had some assistance from Centre officials. Thank you once again to Anne Davison for coordinating the master's throwing events.

CMA Records:

This season, no-one has taken charge of collating the CMA records. At the time of writing this report, the 2022 / 2023 records have not been updated. I am looking for someone to take over this role.

Finances:

The CMA account has very few transactions to deal with unless we are hosting the South Island Championship. Thank you to Anna Lynch for managing our finances and preparing the final accounts. The completed accounts will be available in August. CMA did make a \$3000 donation to Athletics Canterbury to enable them to purchase two new laptops.

CMA Committee:

During the past season, the committee has not met. A suggestion for CMA Committee members to become part of the Athletics Canterbury's Track & Field Committee has also not occurred. The future of this committee is in the members' hands!

Athletics Canterbury Awards Function:

The CMA Awards dinner has not occurred for a few years now. This year we introduced an award for a master's athlete, which is long overdue. The first recipient of the award was Helena Dinnissen. She is a regular attendee at Nga Puna Wai competing in sprints, jumps and the track pentathlon. She attended the World Masters' Track & Field Championships in Tampere, Finland (June 2022): 1st long jump, 2nd 100mH and triple Jump, 5th 100m and high jump, 8th 200m.

Oceania Masters' Athletics:

The 2023 OMA Championships were held in conjunction with the Oceania Cup, held in Saipan, Northern Mariana (22-24 June 2022). This is an open athletics meeting and while there were 930 competitors, I am not sure how many masters went.

The future of CMA?

While CMA / NZMA membership numbers continue to decline, I remind ALL members that any athlete who is over 30 and a member of a club is also by default a member NZMA / CMA. Our challenge is to work out how we engage with this group and not let it feel like it's 'them' & 'us'. If you don't think we need a separate group, let me know.

While the year got off to a strong start, we again faced continued challenges with Covid and Flu illnesses still prominent. This created a sluggish middle to our year and so it was pleasing to see a strong finish with good numbers for the Governors Bay and the Road Championships and record team entries for the Takahe to Akaroa.

We obviously faced a major issue with the late change in course for the Takahe and whilst this was unacceptable and triggered an external review, I am proud of the work done by our committee to create a successful "Adapt to Bottle Lake" event and the vibe this evoked.

I congratulate all those Race Directors who organised and ran events during the 2022 season. To hold them to a high standard while facing the challenges we did is a real credit to all. Thank you to John Gamblin, Vic Gamperle, Daniel Reese, Robyn Perkins, Sandie Gamperle, Peter King, Annette Campbell, Paul Brouwers, Lindsay Evans, Jen Nicolson, Mark O'Reilly, and Peter Bayliss for fulfilling these roles.

Thanks too to all the officials who have supported us. I am aware some days were very long ones, and we are grateful to you all. Thank you, all.

To the members of the Cross Country & Road Committee, our thanks for all your work both behind the scenes and on the day to make our events run smoothly. Much of this work is not immediately visible to athletes so it is important we take a moment to thank the team – Amy de Witt, Robyn Perkins, Victor Gamperle, John Gamblin, Sandie Gamperle, Peter King, Daniel Reese, and Kevin Prendergast, for their work in bringing us great events, selecting teams, marketing the sport, gaining funding, and generally keeping the sport in order.

We are losing two members of our committee for 2023, Robyn Perkins and Amy de Witt. We thank you both for your contribution to our team. I am aware both of you continue to have roles in the sport and wish you well in these.

Outside our committee I would also like to thank Anne Kennedy, Craig & Shona Brown, Chris Rowe, Diana Phipps, and Brian Theobald for their roles in producing results, implementing the points systems, managing our trophies, and getting us all registered. The sport is very much indebted to you for the work you do. I would also like to acknowledge the support of Andrew Stark, the Chair of the Athletics Canterbury Board, and Ian Thomas, our General Manager.

To those who competed during the season we hope you have found it challenging, fun and rewarding. Over the season we have endeavoured to create opportunities for all types of runners and to recognise special achievements in the newsletters, on social media, and through the prize giving held earlier this evening. There have been many great runs and I particularly congratulate those who became our winter champions for 2022 and / or picked up a participation award. These awards are hard won. Well done on achieving them. A full list is on our website.

I hope to see you all back next year ready for another exciting season; hopefully this time it will be the racing that challenges us rather than outside influences.

The above as was presented at the November 2022 end of season prize giving.

Further to the above, the following information was tabled in the official part of the evening for ratification with attendees invited to nominate any further people to join the committee. No further nominations were put forward at this time and while no formal motion was taken the attendees applauded the group as acceptance of those identified.

Selectors 2023

- Daniel Reese, Kevin Prendergast, & Shona Brown

Cross Country & Road Committee 2023

- Annette Campbell, Shona Brown, Sandie Gamperle, Peter King, Vic Gamperle, Daniel Reese, John Gamblin, & Kevin Prendergast.

The draft financial report, with the final report to be approved at the Athletics Canterbury AGM.

Subsequent to the meeting John Ingles came forward as being willing to serve on the committee and Oska Baynes also joined in May 2023. For the 2023 season Annette Campbell was confirmed as Chair, John Gamblin as Director of Racing, Vic Gamperle as Treasurer, and Kevin Prendergast as Secretary.

Further to the November report it is also important to note:

- ⇒ Canterbury Athletes had an outstanding season with wins and / or placings in all the National Events, the NZ Marathon, the NZ 1/2 Marathon, the NZ Cross Country Championships, the NZ Mountain Champs, the NZ

Road Champs and the NZ Trail Champs. Further to this Camron Avery and Katherine Camp were in the New Zealand team that competed in the World Cross-Country Championships.

- ⇒ The Takahe to Akaroa review was completed in early 2023 and identified a number of opportunities for improvement that the committee have taken on board and actioned for the 2023 event planning.
- ⇒ The concurrent independent feasibility study on a venue for ongoing road relays ruled out the Takahe to Akaroa course (and variants on this) as viable options and instead identified an alternate course in North Canterbury. This new course, termed Loburn 68 was approved in May 2023.

We are looking forward to a successful 2023 season.

NATIONAL TITLE HOLDERS - Non-Stadia Events
Congratulations to the following athletes / teams who won National Titles during the 2022 winter season

Cross Country:	
Chris Mardon	MM50-54
Richard Bennett	MM55-59
Cross Country Teams:	
Tracy Croft	
Fiona Gilroy	
Robyn Perkins	MW50+
Wendy Richards	



Cameron Avery - World Cross Country Championships



Daniel Balchin (CANU) - winning National Road Relay 2022

New Zealand Road Relay:	
University of Canterbury	
Saxon Morgan	
Chris Dryden	
Harry Rattray	
Jack Staples	
Cameron Swales	SM
Tom Moulai	
Oska Baynes	
Daniel Balchin	
Don Greig Racing Stables	
Fiona Crombie	
Kirsten Hall	
Annie Radecki	
Jess Winters	
Nicola Handley	MW 35-49
Fiona Dowling	
Lisa Brignul	
Serena Kelly	
Christchurch Avon	
Neil Gilmour	
Richard Merrett	
Peter Richards	
John Gamblin	MM 60+
Rodger Ward	
Dave Tyrrell	

Road Running:	
Jonah Cropp	U18 Walk
Chris Mardon	MM50-54
Peter Richards	MM60-64
Marathon:	
Daniel Balchin	SM
Half Marathon:	
Oska Baynes	SM
Trail Running:	
Katie Morgan	SW
Long Distance Trail Running:	
Emma Timmis	SW
Mountain Running:	
Cameron Avery	SM

This year our season opened on the 15th October 2022, and it was back to the pre covid rules, there were no restrictions on children or parents. We managed to hold 15 meeting which included our Canterbury Champs weekend, we only lost one meeting due to rain which was pre Christmas.

For the first time in a couple of seasons we started off with our normal programme. We had 300 happy children turn up for opening day with the numbers consistently rising over the first half of the season. Our last meeting before Christmas was the 17th of December. This we called our Relay meeting, which included medleys for all ages, mixed relays over various distances and included Senior relays. Once again we ran our ever popular 1500m Steeplechase for Grade 10 and up. The weather was perfect and the water was cold. Once again, the day was a roaring success, we finished the meeting off with a sausage sizzle which top off wonder first half of the season, we hope to be able to do it again next season.

The South Canterbury clubs continued to hold their own Friday evening events. These meetings are a great initiative, and it is good to hear they have been well supported.

Our registration numbers were again down on last season, which was not expected, but perhaps understanding due to high rising costs that families were experiencing. This season we had a total of 567 athletes (318 Females, 249 Males).

This year we were able to hold our Childrens Championships without any registration which was really nice. We welcomed back spectators to the grounds and there was a lot of support from parents / siblings for the children over the 2 days. Unfortunately, we only had 440 children competing this year, which is 150 less than two years ago.

Once again it was great to see Greymouth come over the alps along with the small clubs from South Canterbury Region.

Unfortunately, no representative teams were again selected. Athletics Canterbury will continue to work with other regions to find a way to have our children represent the Canterbury province moving forward.

A huge thank you to our sponsors Shoe Clinic and Asics for their continued involvement and support.

To Ian Thomas, our inside man, always a pleasure and a laugh. Thank you also to all the parents for getting on board with these changes this season and ensuring your athletes got to and from competitions.

To the officials, the red shirts, and the volunteer parents who come out on every Saturday morning to fulfill your clubs duties, thank you. Without your support each year, we would not been able to continue to offer what we do.

To Gail, Shona, Craig, Sue and Chris you are all awesome. It is amazing that you continue to take on your roles with such enthusiasm and commitment. A special thanks and goodbye to Sue, our selector/ VP for many years has decided to Stand down. We cannot thank you enough. We will miss your presence and expertise. We wish you all the best with your next chapter.

To Chris ... thank you for all the work you do with registrations, lost numbers and result entries. Your good humour is infectious, in a good way. Unfortunately Chris relocated to Invercargill just after Christmas, due to her husband's work commitments. I hope you are enjoying the Invercargill life.

To the club captains who represent their clubs at every committee meeting with your ideas and concerns, Thank you for your efforts. Your inputs are important for the sport to continue.

My third and last year as President has been a lot easier that the previous one, but again satisfying when I see the children achieving their PB's.

Best of luck for next season and beyond. I will not be lost to the morning totally, as I will still help out as a red shirt on the odd Saturday.

ATHLETICS CANTERBURY TRACK AND FIELD RECORDS as at 15/07/2023

Note: All **NEW records** set during the 2022 / 2023 season appear as **BOLD** and *Italic*. H = hand timed

Senior Men		Club	Date	Record
100m	<i>Tiaan Whelpton</i>	<i>Old Boys United</i>	21/01/23	10.18
200m	Mark Keddell	Old Boys United	05/03/95	20.51
400m	Shaun Farrell	Papanui Toc H	07/03/98	46.09
800m	Shaun Farrell	Papanui Toc H	28/02/98	1:45.45
1000m	Standard			2:21.50
1500m	Michael Gilchrist	Technical	01/04/83	3:38.4H
One Mile	Malcolm Hicks	University	27/01/12	3:59.87
3000m	Paul Smith	Olympic	16/01/93	7:57.90
5000m	Rodney Dixon	University	21/01/78	13:25.2H
10000m	David Burridge	University	05/02/87	28:06.16
1 Hour Track	Tony Good	New Brighton	08/03/75	19422m
110m Hurdles (1067mm)	Nicholas Bolton	Old Boys United	18/02/98	14.47
400m Hurdles (914mm)	Wayne Paul	Papanui/Redwood	26/03/86	50.70
3000m Steeplechase (914mm)	Peter Renner	New Brighton	29/08/84	8:14.05
4 x 100m Relay	Old Boys United		11/02/95	40.51
4 x 200m Relay	Old Boys United		27/02/93	1:26.6H
4 x 400m Relay	Old Boys United		13/02/93	3:10.20
Long Jump	John Hunt	South Canterbury	13/04/85	7.55m
Triple Jump	Matthew Walsh	Old Boys United	25/05/19	15.58m
High Jump	<i>Hamish Kerr</i>	<i>Old Boys United</i>	20/02/21 14/02/23	2.31m 2.34m (Indoor)
Pole Vault	Kieran McKee	Toc H	25/02/84	5.02m
Shot Put (7.26kg)	Tomas Walsh	South Canterbury	05/10/19	22.90m
Discus Throw (2.0kg)	Christopher Mene	Papanui Toc H	25/02/01	56.25m
Javelin Throw (800gm)	John Stapylton- Smith	Papanui Toc H	18/02/89	78.14m
Hammer Throw (7.26kg)	Warrick Nichol	Technical	25/01/74	63.72m
Decathlon	Max Attwell	Old Boys United	7-8/07/22	7538 points
Pentathlon	Standard			TBA
3000m Track Walk	Standard			11:55.0
5000m Track Walk	Graham Seatter	Old Boys / Te Kura	01/02/86	20:33.0
20000m Track Walk	Graham Seatter	Old Boys / Te Kura	09/02/80	1:30:17.3

Men Under 20		Club	Date	Record
100m	David Ambler	Old Boys United	13/03/09	10.35
200m	Mark Keddell	Old Boys United	06/03/93	20.95
400m	Shaun Farrell	Papanui Toc H	22/07/94	46/31
800m	Clyde McIntosh	Papanui Toc H	14/02/98	1:49.35
1000m	Gregory Nicholls	Christchurch Avon	04/03/95	2:25.8H
1500m	Chanel Muir	Christchurch Avon	06/03/22	3:44.86
3000m	Richard Lindroos	Old Boys United	21/01/89	8:10.47
5000m	Richard Lindroos	Old Boys United	26/11/89	14:05.83
110m Hurdles (990mm)	James Sandilands	South Canterbury	13/03/15	13.92
400m Hurdles (914mm)	Mark Edmond	Old Boys United	03/03/96	52.66
3000m Steeplechase (914mm)	Peter Renner	New Brighton	11/03/78	8:51.8H
4 X 100m Relay	Standard			43.44
	(Toc H 4x110 yd		14/12/68	43.5H)
4x400m Relay	Avon		20/02/77	3:21.8H
Long Jump	Jesse Bryant	University	15/03/12	7.49m
Triple Jump	Matthew Walsh	Papanui Toc H	17/02/18	14.67m
High Jump	Glenn Howard	Papanui Toc H	03/02/96	2.23m
Pole Vault	Tim McKee	Papanui Toc H	07/03/10	4.61m
Shot Put (6.00kg)	Tomas Walsh	South Canterbury	02/07/11	20.56m
Discus Throw (1.75kg)	Christopher Mene	Papanui Toc H	17/01/91	55.54m
Javelin Throw (800gm)	Andrew Harrison	Papanui Toc H	17/01/96	71.74m
Hammer Throw (6.00kg)	Michael Hancock	Old Boys United	29/01/05	61.10m
Decathlon	Kieran Fowler	Geraldine	2-3/03/07	7222 pts
Pentathlon	Standard			TBA
3000m Track Walk	Andrew Causer	Christchurch Avon	16/03/91	12:25.9
10000m Track Walk	Daniel Lord	South Canterbury	20/02/10	46:37.26

Men Under 19		Club	Date	Record
100m	Mark Keddell	Old Boys United	07/03/93	10.70
200m	Mark Keddell	Old Boys United	06/03/93	20.95
400m	Mark Keddell	Old Boys United	30/01/93	46.38
800m	Clyde McIntosh	St Andrews	28/12/94	1:51.4H
1000m	Gregory Nicholls	Christchurch Avon	12/03/95	2:25.8H
1500m	Nicholas Moulai	Papanui Toc H	23/01/18	3:47.05
3000m	Nicholas Moulai	Papanui Toc H	03/12/16	8:16.77
5000m	David Burrige	University	17/01/81	14:09.6H
110 m Hurdles (990mm)	James Sandilands	South Canterbury	13/03/15	13.92
400m Hurdles (914mm)	Hayo van Gestel	Avon	09/03/86	54.27
3000m Steeplechase (914mm)	Peter Renner	New Brighton	11/03/78	8:51.8

Men Under 19 (continued)		Club	Date	Record
4 x 100m Relay	Standard			43.44
	(Toc H 4 x 110 yds)		14/12/68	43.5H)
4 x 400m Relay	Ashburton		18/02/79	3:23.2H
Long Jump	Jesse Bryant	University	15/03/12	7.49m
Triple Jump	Matthew Walsh	Papanui Toc H	03/02/18	14.49m
High Jump	Glenn Howard	Papanui Toc H	12/02/94	2.17m
Pole Vault	Alex Mander	Papanui Toc H	21/02/16	4.50m
Shot Put (6.00kg)	Tomas Walsh	South Canterbury	18/03/10	18.82m
Discus Throw (1.75kg)	Christopher Mene	Papanui Toc H	16/02/91	55.54m
Javelin Throw (800gm)	Andrew Harrison	Papanui Toc H	28/01/96	64.20m
Hammer Throw (6.00kg)	Michael Hancock	Old Boys United	29/01/05	61.10m
Decathlon	Kieran Fowler	Geraldine	2-3/03/07	7222 pts
Pentathlon	Standard			TBA
3000m Track Walk	Andrew Causer	Christchurch Avon	16/03/91	12:25.9H
10000m Track Walk	Daniel Lord	South Canterbury	20/02/10	46:37.26
Men Under 18		Club	Date	Record
100m	Mark Keddell	Old Boys United	27/10/91	10.83
200m	Mark Keddell	Old Boys United	15/01/92	21.37
400m	Mark Keddell	Old Boys United	30/01/93	46.38
800m	Clyde McIntosh	St Andrews	28/12/94	1:51.4
1500m	Nicholas Moulai	Papanui Toc H	23/01/18	3:47.05
3000m	Nick Moulai	Papanui Toc H	03/12/16	8:16.77
5000m	Hayden McLaren	New Brighton	12/02/05	14:32.56
110m Hurdles (914 mm)	James Sandilands	South Canterbury	05/04/14	13.84
300m Hurdles (838mm)	Mark Edmond	Old Boys United	04/12/94	37.35
2000m Steeplechase (914mm)	Peter Renner	Cashmere	29/01/77	5:51.2H
2000m Steeplechase (838mm)	Standard			5:45.00
4 x 100m Relay	St Andrews		12/02/84	43.62
4 x 400m Relay	Ashburton		18/02/79	3:23.2H
Long Jump	Jessie Bryant	University	15/03/12	7.49m
Triple Jump	Matthew Walsh	Papanui Toc H	03/12/16	14.17m
High Jump	Glenn Howard	Papanui Toc H	12/02/94	2.17m
Pole Vault	Tim McKee	Papanui Toc H	09/02/08	4.35m
Shot Put (5.00kg)	Tomas Walsh	South Canterbury	12/12/09	20.21m
Discus Throw (1.50kg)	Nikolas Kini	Old Boys United	26/10/19	60.60m
Javelin Throw (700gm)	Andrew Harrison	Papanui Toc H	05/12/93	63.88m
Hammer Throw (5.00kg)	Michael Hancock	Old Boys United	15/02/04	65.10m
Octathlon	Standard			5945 pts
3000m Track Walk	Andrew Causer	Christchurch Avon	16/03/91	12:25.9

Men Under 17		Club	Date	Record
100m	Mark Keddell	Old Boys United	02/12/90	10.88
200m	Mark Keddell	Old Boys United	02/12/90	21.52
400m	Mark Keddell	Old Boys United	30/03/91	48.33
800m	Clyde McIntosh	St Andrews	28/12/94	1:51.4H
1500m	Elliott Drayton	Avon	15/01/83	3:54.4H
3000m	Nick Moulai	Papanui Toc H	03/12/16	8:16.77
110m Hurdles (914mm)	James Sandilands	South Canterbury	23/03/13	13.88
300m Hurdles (838mm)	Martin Swart	Christchurch BHS	29/03/09	39.07
2000m Steeplechase (914mm)	Hayden McLaren	New Brighton	24/01/06	6:13.36
2000m Steeplechase (838mm)	Standard			6:07.00
4 x 100m Relay	ChCh Boys High School		23/02/08	44.45
4 x 400m Relay	Standard			3:31.0H
Long Jump	Jesse Bryant	University	11/12/11	7.13m
Triple Jump	AJ Madondo	Christ's College	22/10/22	13.93m (w1.6)
High Jump	Glenn Howard	Papanui Toc H	09/04/92	2.05m
Pole Vault	Tim McKee	Papanui Toc H	01/12/07	4.30m
Shot Put (5.00kg)	Tomas Walsh	South Canterbury	13/12/08	18.38m
Discus Throw (1.50kg)	Charlie Gamble	Papanui Toc H	06/03/13	59.00m
Javelin Throw (700gm)	Guy Archibald	Christ's College	24/03/07	61.71m
Hammer Throw (5.00kg)	Richard Mavor	Old Boys United	13/03/04	52.61m
Octathlon	Kieran Fowler	Geraldine	13-14/07/05	5929 pts
3000m Track Walk	Daniel Lord	South Canterbury	02/02/08	12:50.34
Men Under 16		Club	Date	Record
100m	Mark Keddell	Old Boys United	02/12/90	10.88
200m	Mark Keddell	Old Boys United	02/12/90	21.52
400m	Shaun Farrell	Papanui Toc H	02/02/91	49.24
800m	Cooper Wightman	Selwyn	09/02/22	1:54.67
1500m	Cooper Wightman	Selwyn	03/12/22	3:55.64
3000m	Nick Moulai	Papanui Toc H	21/11/15	8:40.21
100m Hurdles (838mm)	Christopher Wiremu	Christchurch BHS	12/12/09	13.24
300m Hurdles (838mm)	Standard			40.64
2000m Steeplechase (762mm)	Standard			6:16.30
4 x 100m Relay	Papanui Toc H		18/02/90	45.87
Long Jump	Kieran Fowler	Geraldine	13/07/05	6.90m
Triple Jump	Callum Stewart	Old Boys United	04/12/16	13.37m
High Jump	Glenn Howard	Papanui Toc H	21/03/92	2.01m
Pole Vault	Tim McKee	Papanui Toc H	25/11/06	3.91m
Shot Put (5.00kg)	Kieran Fowler	Geraldine	13/07/05	16.43m
Discus Throw (1.25kg)	Jordan Pinnock	Greymouth	17/11/12	56.25m
Discus Throw (1.50kg)	Charlie Gamble	North Canterbury	11/02/12	51.56m
Javelin Throw (700gm)	Mathew McKellar	Christ's College	08/11/14	54.99m
Octathlon	Kieran Fowler	Geraldine	13-14/07/05	5929 pts
3000m Track Walk	Jonah Cropp	Sumner	20/03/21	13:39.77

Senior Women		Club	Date	Record
100m	Anna Percy	Old Boys United	04/12/21	11.40 (w1.8)
200m	Rosie Elliott	Old Boys United	19/02/23	22.81 (w1.6)
400m	Rosie Elliott	Old Boys United	28/01/23	52.16
800m	Angela Smit	University	10/07/15	1:59.06
1000m	Angela Petty	University	15/08/15	2:37.28
1500m	Angela Petty	University	29/06/17	4:07.83
One Mile	Sue Bruce	New Brighton	15/01/83	4:37.89
3000m	Sue Bruce	New Brighton	05/02/85	8:56.2H
5000m	Mary O'Connor	University	21/01/84	15:49.3H
10000m	Anne Hannam	University	09/12/89	32:18.53
100m Hurdles (838mm)	Fiona Morrison	Old Boys United	03/04/16	13.16
400m Hurdles (762mm)	Rebecca Wardell	Old Boys United	23/03/03	56.25
3000m Steeplechase (762mm)	Rosa Flanagan	University	21/03/15	9:41.42
4 x 100m Relay	Old Boys United		05/02/00	46.00
4 x 400m Relay	Technical		20/02/83	3:49.40
Long Jump	Jayne Mitchell	Old Boys United	26/11/88	6.55m
Triple Jump	Jayne Mitchell	Old Boys United	23/02/91	13.00m
High Jump	Keeley O'Hagan	Old Boys United	05/03/22	1.88m
Pole Vault	Melina Hamilton	Old Boys United	12/04/03	4.40m
Shot Put (4.00kg)	Valerie Young	Technical	23/10/64	16.71m
Discus Throw (1.00kg)	Adrienne Lynn	Papanui Toc H	12/03/95	56.10m
Javelin Throw (600gm)	Kaye Nordstrom	Papanui Toc H	16/02/92	60.84m
Hammer Throw (4.00kg)	Lauren Bruce	South Canterbury	20/05/21	74.61m
Heptathlon	Joanne Henry	South Canterbury	29/2-1/3/92	6278 pts
Decathlon	Standard			TBA
3000m Track Walk	Courtney Ruske	Christchurch Avon	24/01/15	13:36.31
5000m Track Walk	Courtney Ruske	Christchurch Avon	31/10/15	23:23.97
10000m Track Walk	Courtney Ruske	Christchurch Avon	13/07/14	49:40.78



Women Under 20		Club	Date	Record
100m	Standard			11.74
	(Beverley Peterson	Technical	18/01/75	11.5)
200m	Maia Broughton	Old Boys United	21/11/21	23.96 (w0.8)
400m	Joanna Beckett	Technical	26.01.75	53.42
800m	Angela Smit	North Canterbury	07.07.10	2:03.87
1000m	Rosa Flanagan	University	15.08.15	2:50.62
1500m	Rosa Flanagan	University	06.03.15	4:14.19
3000m	Sue Bruce	New Brighton	20.01.84	9:05.95
5000m	Rosa Flanagan	University	15.12.15	15:52.10
100m Hurdles (838mm)	Joanne Henry	South Canterbury	16.02.91	14.01
400m Hurdles (762mm)	Anna Percy	Old Boys United	09.07.17	58.60
2000m Steeplechase (762mm)	Rosa Flanagan	University	23.11.13	6:33.97
3000m Steeplechase (762mm)	Rosa Flanagan	University	21.03.15	9:41.42
4 x 100m Relay	Standard			47.94
	(Technical		16.03.74	47.8H)
4 x 400m Relay	Standard			3:55.0H
Long Jump	Joanne Henry	South Canterbury	14.02.91	6.36m
Triple Jump	Bridgette Pateman	South Canterbury	08.03.98	12.60
High Jump	Angela Pule	New Brighton	21.03.81	1.80m
	Emma Sutherland	Old Boys United	05.01.13	1.80m
Pole Vault	Eliza Meekings	Papanui Toc H	06.02.21	3.60m
Shot Put (4.00kg)	Tapensia Havea	South Canterbury	06/03/22	15.97m
Discus Throw (1.00kg)	Tapensia Havea	South Canterbury	06/03/22	53.40m
Javelin Throw (600gm)	Kaye Nordstrom	Papanui Toc H	06.03.87	49.04m
Hammer Throw (4.00kg)	Lauren Bruce	South Canterbury	02.04.17	59.53
Heptathlon	Joanne Henry	South Canterbury	16/17.03.91	6092 pts
3000m Track Walk	Kate Newitt	Port Hills	22.01.10	13:41.52
5000m Track Walk	Courtney Ruske	ChCh-Avon	13.07.14	24:11.5(h)
10000m Track Walk	Courtney Ruske	ChCh-Avon	13.07.14	49:40.78
Women Under 19		Club	Date	Record
100m	Standard			11.74
	(Beverley Peterson	Technical	18.01.75	11.5H)
200m	Standard			24.44
	(Beverley Peterson	Technical	17.03.74	24.2H)
400m	Joanna Beckett	Technical	26.01.75	53.42
800m	Angela Smit	North Canterbury	07.07.10	2:03.87
1500m	Rosa Flanagan	University	26.02.15	4:15.86
3000m	Rosa Flanagan	University	23.01.15	9:07.85
100m Hurdles (838mm)	Fiona Morrison	Old Boys United	26.02.06	14.41
400m Hurdles (762mm)	Anna Percy	Old Boys United	01.04.16	60.76
2000m Steeplechase (762mm)	Rosa Flanagan	University	23.11.13	6:33.97
3000m Steeplechase (762mm)	Rosa Flanagan	University	07.02.15	9:48.39

Women Under 19 (continued)		Club	Date	Record
4 x 100m Relay	Standard			47.94
	(Technical		16/03/74	47.8)
4 x 400m Relay	Standard			3:55.0
Long Jump	Susan Burnside	Technical	19/12/73	6.19m
Triple Jump	Bridgette Pateman	South Canterbury	08/03/98	12.60m
High Jump	Angela Pule	New Brighton	21/03/81	1.80m
Pole Vault	Eliza Meekings	Papanui Toc H	06/02/21	3.60m
Shot Put (4.00kg)	Jaidyn Busch	Old Boys United	06/03/20	14.95m
Discus Throw (1.00kg)	Adrienne Lynn	Papanui Toc H	14/02/91	50.30m
Javelin Throw (600gm)	Kaye Nordstrom	Papanui Toc H	06/03/87	49.04m
Hammer Throw (4.00kg)	Lauren Bruce	South Canterbury	05/03/16	58.37m
Heptathlon	Joanne Henry	South Canterbury	18-19/02/89	5136 pts
3000m Track Walk	Kate Newitt	Port Hills	10/11/07	14:21.09
5000m Track Walk	Kate Newitt	Port Hills	12/07/07	24:20.26
10000m Track Walk	Courtney Ruske	Christchurch Avon	17/12/11	52:42.7
Women Under 18		Club	Date	Record
100m	Standard			11.74
	(Beverley Peterson	Technical	18/01/75	11.5H)
200m	Standard			24.44
	(Beverley Peterson	Technical	17/03/74	24.2H)
400m	Katie Johnstone	South Canterbury	10/02/01	55.32
800m	Rachael Rowberry	Papanui Toc H	02/02/92	2:06.42
1500m	Sue Bruce	New Brighton	15/02/81	4:21.18
3000m	Sue Bruce	New Brighton	11/02/81	9:19.76
100m Hurdles (762mm)	Georgina Allison	North Canterbury	14/12/08	14.11
300m Hurdles (762mm)	Georgina Allison	North Canterbury	14/12/08	43.16
2000m Steeplechase (762mm)	Rosa Flanagan	University	23/11/13	6:33.97
3000m Steeplechase (762mm)	Rosa Flanagan	University	22/03/14	9:56.98
4 x 100m Relay	Standard			47.94
	(Technical		16/03/74	47.8H)
Long Jump	Susan Burnside	Technical	19/12/73	6.19m
Triple Jump	Bridgette Pateman	South Canterbury	09/03/97	12.45m
High Jump	Angela Pule	New Brighton	21/03/81	1.80m
Pole Vault	Julia Brown	North Canterbury	11/03/05	3.50m
Shot Put (3.00kg)	Tapenisa Havea	Lions AC	10/04/21	17.27m
Shot Put (4.00kg)	Tapensia Havea	South Canterbury	06/03/22	15.97m
Discus Throw (1.00kg)	Tapensia Havea	South Canterbury	06/03/22	53.40m
Javelin Throw (600gm)	Kaye Nordstrom	Papanui Toc H	22/03/86	46.40m
Javelin Throw (500gm)	Standard			53.00m
Hammer Throw (3.00kg)	Lauren Bruce	South Canterbury	06/12/14	63.67m
Heptathlon	Joanne Henry	South Canterbury	18-19/02/89	5136 pts
3000m Track Walk	Kate Newitt	Port Hills	10/11/07	14:21.09
5000m Track Walk	Kate Newitt	Port Hills	12/07/07	24:20.26

Women Under 17		Club	Date	Record
100m	Maia Broughton	Selwyn	01/12/17	12.13
200m	Standard			24.44
	(Beverley Peterson	Technical	17/03/74	24.2)
400m	Anna Rowberry	Papanui Toc H	10/04/92	56.30
800m	Angela Smit	North Canterbury	08/07/08	2:08.15
1500m	Sue Bruce	New Brighton	15/02/81	4:21.18
3000m	Sue Bruce	New Brighton	11/02/81	9:19.76
100m Hurdles (762mm)	Mackenzie Keenan	Old Boys United	26/03/11	14.14
300m Hurdles (762mm)	Kelsey Berryman	Old Boys United	30/03/08	44.06
2000m Steeplechase (762mm)	Liliana Braun	Port Hills	03/12/17	6:59.55
4x 100m Relay	Standard			50.64
	(Technical		28/12/74	50.5)
Long Jump	Susan Burnside	Technical	19/12/73	6.19m
Triple Jump	Phoebe Lester	Port Hills	19/03/05	11.52m
High Jump	Angela Pule	New Brighton	21/03/81	1.80m
Pole Vault	Julia Brown	North Canterbury	11/03/05	3.50m
Shot Put (3.00kg)	Tapenisa Havea	Lions AC	06/03/19	15.92m
Discus Throw (1.00kg)	Violette Perry	Old Boys United	07/03/20	46.54m
Javelin Throw (500gm)	Caitlin Bonné	Papanui Toc H	13/02/16	43.70m
Hammer Throw (3.00kg)	Lauren Bruce	South Canterbury	14/12/13	60.17m
Heptathlon	Joanne Henry	South Canterbury	19-20/03/88	4743 pts
3000m Track Walk	Kate Newitt	Port Hills	28/10/06	14:33.70
5000m Track walk	Kate Newitt	Port Hills	18/11/06	24:41.70
Girls Under 16		Club	Date	Record
100m	Maia Broughton	Selwyn	01/12/17	12.13
400m	Anna Hayward	South Canterbury	05/03/16	56.39
800m	Angela Smit	North Canterbury	30/11/05	2:10.48
1500m	Sue Bruce	New Brighton	10/02/80	4:28.8H
3000m	Rosa Flanagan	University	11/02/12	9:46.56
80m Hurdles (762mm)	Rowena Welford	South Canterbury	18/11/89	11.4H
100m Hurdles (762mm)	Charlotte Hastings	Papanui Toc H	05/03/93	14.55
300m Hurdles (762mm)	Olivia Burnham	Old Boys United	04/12/16	44.48
4 x 100m Relay	Standard			50.64
	(Technical		28/12/74	50.5H)
Long Jump	Annabelle Coates	Old Boys United	26/03/05	5.76m
Triple Jump	Phoebe Lester	Port Hills	19/03/05	11.52m
High Jump	Jessica Hendren	North Canterbury	13/12/20	1.77m
Pole Vault				
Shot Put (3.00kg)	Tapenisa Havea	Lions AC	06/03/19	15.92m
Discus Throw (1.00kg)	Adrienne Lynn	Papanui Toc H	28/01/89	41.24m
Javelin Throw (500gm)	Caitlin Bonné	Papanui Toc H	13/02/16	43.70m
Hammer Throw (3.00kg)	Lauren Bruce	South Canterbury	28/02/13	55.67m
2000m Track Walk	Courtney Ruske	Christchurch Avon	05/12/09	9:58.5H