



CAD LEVEL 1

CANTERBURY COACHING CERTIFICATE

Sunday 10 November 2024

Throws – Shot Put & Discus
Jumps – High Jump & Long Jump
Sprints

[REGISTER HERE](#)

WANT TO UP SKILL AS A COACH?

Coaching Athletic Development (CAD) Level 1 is all about teaching the technical fundamentals of athletics events. With emphasises the practical skills of coaching young people in a fun and inclusive environment.

Location: Nga Puna Wai
Time: 9.30am - 3:00pm

For enquiries contact

Raylene Bates

raylene@athletics.org.nz

