

2025 China Southern Airlines - 2/08/2025
New Zealand Cross Country & Relay Championships
North Hagley Park
Results - Saturday Championships

Girls 3k Run CC Under 14

Name	Age	Team	Finals	Points
Results - Women				
1 # 319 Lucie Thomson	12	Kapiti Runni	11:27	
11:26.591 (11:26.591)		11:26.70 (0.11)		
2 # 476 Olivia Johnson	13	Papanui Toc H	11:33	
3:48.39 (3:48.39)		11:32.57 (7:44.18)		
3 # 407 Tayla Sturgeon	13	Hawera Harriers	11:39	
11:38.157 (11:38.157)		11:38.32 (0.17)		
4 # 244 Georgina Benson	13	Hill City Un	12:03	
3:49.73 (3:49.73)		12:02.64 (8:12.91)		
5 # 566 Emily Williams	12	Hutt Valley	12:12	
4:05.35 (4:05.35)		12:11.84 (8:06.49)		
6 # 276 Jasmine Rasmussen	13	Hamilton Cit	12:15	
4:04.06 (4:04.06)		12:14.38 (8:10.32)		
7 # 348 Momoka Hudson	12	Christchurch	12:24	
4:02.77 (4:02.77)		12:23.268 (8:20.50)		
8 # 183 Brooke Martin	13	Olympic Harr	12:28	
4:00.97 (4:00.97)		12:27.10 (8:26.13)		
9 # 364 Olivia Stone	13	Pakuranga At	12:28	
4:06.15 (4:06.15)		12:27.50 (8:21.35)		
10 # 446 Isla Smylie	12	Port Hills	12:32	
12:31.49 (12:31.49)		12:31.508 (0.02)		
11 # 239 Freya Gilmour	12	St Pauls Har	12:42	
4:13.45 (4:13.45)		12:41.87 (8:28.42)		
12 # 384 Riley Holden	12	Olympic Harr	12:51	
4:05.56 (4:05.56)		12:50.14 (8:44.58)		
13 # 574 Rosie Abbott	13	Port Hills	12:58	
12:57.218 (12:57.218)		12:57.26 (0.05)		
14 # 222 Elsie Walker	17	Athletics Nelson	13:11	
4:10.41 (4:10.41)		13:10.25 (8:59.84)		
15 # 564 Paige Ginders	13	Awatea	13:25	
4:19.88 (4:19.88)		13:24.741 (9:04.87)		
16 # 520 Holly Smith	13	Port Hills	13:33	
4:08.75 (4:08.75)		13:32.45 (9:23.70)		
17 # 303 Lara Condron	12	Port Hills	13:34	
4:12.21 (4:12.21)		13:33.56 (9:21.35)		
18 # 572 Hollie Molloy	13	Port Hills	14:32	
4:21.70 (4:21.70)		14:31.54 (10:09.84)		

Girls 4k Run CC Individual Under 16

Name	Age	Team	Finals	Points
1 # 515 Sascha Mitchell	14	Canterbury	14:34	
7:14.97 (7:14.97)		14:33.47 (7:18.51)		
2 # 338 Mia Thomson	14	Wellington	14:39	
7:15.04 (7:15.04)		14:38.02 (7:22.98)		
3 # 495 Tayla Cox	15	Canterbury	14:54	
7:15.47 (7:15.47)		14:53.75 (7:38.28)		
4 # 464 Lucy Mabin	15	Wellington	15:11	
7:27.64 (7:27.64)		15:10.06 (7:42.42)		
5 # 406 Tayla Ford	14	Canterbury	15:34	
7:39.04 (7:39.04)		15:33.16 (7:54.12)		

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....Girls 4k Run CC Individual Under 16

6 #	162 Anna Phillipps	14 Waikato Bay	15:40
	7:37.14 (7:37.14)	15:39.89 (8:02.75)	
7 #	336 Mei von Dadelszen	14 Wellington	15:41
	7:40.11 (7:40.11)	15:40.75 (8:00.64)	
8 #	401 Sonja Copeland	14 Waikato Bay	15:44
	7:43.76 (7:43.76)	15:43.45 (7:59.69)	
9 #	498 Charlie Fong	15 Auckland	15:46
	7:44.33 (7:44.33)	15:45.01 (8:00.68)	
10 #	478 Kiera O'Donnell	15 Canterbury	15:46
	7:46.96 (7:46.96)	15:45.32 (7:58.36)	
11 #	513 Maggie Thompson	15 Hawkes Bay Gisborne	15:48
	7:40.02 (7:40.02)	15:47.21 (8:07.19)	
12 #	489 Brooke Duffy	14 Manawatu Whanganui	15:53
	7:37.17 (7:37.17)	15:52.75 (8:15.59)	
13 #	310 Libby Overend	14 Canterbury	15:54
	7:49.92 (7:49.92)	15:53.92 (8:04.01)	
14 #	231 Eva McLean	14 Otago	15:57
	7:45.75 (7:45.75)	15:56.04 (8:10.29)	
15 #	499 Mila Fong	15 Auckland	15:59
	7:50.55 (7:50.55)	15:58.60 (8:08.05)	
16 #	404 Sophie Wedd	15 Hawkes Bay Gisborne	16:00
	7:45.90 (7:45.90)	15:59.43 (8:13.53)	
17 #	383 Renny Jones	14 Greymouth	16:03
	7:42.49 (7:42.49)	16:02.01 (8:19.52)	
18 #	610 Elodie Wightman	14 Canterbury	16:03
	7:39.04 (7:39.04)	16:02.22 (8:23.18)	
19 #	341 Milla Boulton	15 Canterbury	16:04
	7:44.49 (7:44.49)	16:03.36 (8:18.87)	
20 #	578 Sofia Maulvurfs	15 Auckland	16:07
	7:51.36 (7:51.36)	16:06.70 (8:15.34)	
21 #	363 Olivia McLean	14 Auckland	16:15
	7:51.80 (7:51.80)	16:14.95 (8:23.16)	
22 #	563 Isabel Prescott	15 Canterbury	16:19
	7:42.82 (7:42.82)	16:18.97 (8:36.16)	
23 #	256 Holly Munday	15 Manawatu Whanganui	16:25
	7:53.50 (7:53.50)		
24 #	345 Mingrui (Ray) Zha	15 Auckland	16:32
	7:50.38 (7:50.38)	16:31.21 (8:40.83)	
25 #	488 Zoe Hilton	15 Wellington	16:39
	7:55.66 (7:55.66)		
26 #	679 Maclane Gordon	15 Port Hills	16:43
	8:01.16 (8:01.16)	16:42.38 (8:41.22)	
27 #	240 Fuchsia Varcoe	15 Hawkes Bay Gisborne	16:47
	7:55.22 (7:55.22)	16:46.84 (8:51.62)	
28 #	576 Lulu Maley	14 Selwyn	17:00
	8:00.82 (8:00.82)	16:59.47 (8:58.65)	
29 #	541 Zoe Lithgow	15 Otago	17:15
	8:15.28 (8:15.28)	17:14.19 (8:58.91)	
30 #	223 Elza Harrington	14 Christchurch	17:18
	8:16.52 (8:16.52)	17:17.64 (9:01.12)	
31 #	153 Abigail Junge	14 Christchurch	17:39
	8:15.44 (8:15.44)	17:38.03 (9:22.59)	
32 #	321 Luisa Haines	15 Auckland	17:51
	8:19.64 (8:19.64)	17:50.54 (9:30.90)	

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....Girls 4k Run CC Individual Under 16

33 #	312 Lily Crosbie	14 Run Timaru	17:56
	8:50.90 (8:50.90)	17:55.66 (9:04.76)	
34 #	533 Ella Singleton	14 Manawatu Whanganui	17:57
	8:34.12 (8:34.12)	17:56.40 (9:22.28)	
35 #	470 Millie Gatie	15 Auckland	18:06
	8:50.97 (8:50.97)	18:05.04 (9:14.07)	
36 #	527 Maddie Parkes	15 Manawatu Whanganui	18:08
	8:38.40 (8:38.40)	18:07.79 (9:29.39)	
37 #	605 Sofie Carpenter	15 Christchurch	18:38
	8:51.29 (8:51.29)	18:37.46 (9:46.17)	
38 #	680 Angel Shaw	14 Christchurch	18:58
	9:04.07 (9:04.07)	18:57.30 (9:53.23)	
39 #	440 Beth Wilhelm	14 North Canterbury	21:13
	10:07.12 (10:07.12)	21:12.71 (11:05.59)	
40 #	632 Annabelle Grant	15 Papanui Toc H	23:06
	11:01.08 (11:01.08)	23:05.41 (12:04.33)	
-- #	362 Olivia Clay-McDow	15 Wellington	DNF
	7:15.23 (7:15.23)		
-- #	233 Eve Kelleher	15 Otago	DNF
	7:51.05 (7:51.05)		

Women 5k Run CC Individual Under 18

Name	Age Team	Finals	Points
1 # 354 Nina Chalmers	17 Auckland	18:20	
3:43.99 (3:43.99)	10:59.62 (7:15.63)	18:19.60 (7:19.98)	
2 # 159 Amy Thomson	16 Auckland	18:21	
3:43.52 (3:43.52)	10:59.47 (7:15.95)	18:20.85 (7:21.38)	
3 # 676 Lisa Hellyer	17 Auckland Cit	18:50	
3:44.30 (3:44.30)	10:59.83 (7:15.53)	18:49.87 (7:50.04)	
4 # 216 Denika Clooney	17 Auckland	19:03	
3:43.66 (3:43.66)	11:17.51 (7:33.85)	19:02.01 (7:44.50)	
5 # 344 Millie McFadzien	17 Southland	19:06	
3:44.92 (3:44.92)	11:20.04 (7:35.12)	19:05.11 (7:45.08)	
6 # 264 Isabella Pickerin	16 Auckland	19:12	
3:44.64 (3:44.64)	11:21.84 (7:37.20)	19:11.94 (7:50.10)	
7 # 227 Emma Ward	17 Auckland	19:22	
19:21.23 (19:21.23)			
8 # 371 Paige Dobson	16 Hawkes Bay Gisborne	19:31	
11:33.80 (11:33.80)	19:30.65 (7:56.86)		
9 # 324 Maddie Worrall	16 Auckland	19:45	
3:44.77 (3:44.77)	11:38.96 (7:54.19)	19:44.23 (8:05.27)	
10 # 402 Sophia Haines	17 Auckland	19:51	
3:45.57 (3:45.57)	11:47.54 (8:01.97)	19:50.98 (8:03.44)	
11 # 252 Hannah McManus	16 Auckland	20:20	
3:45.25 (3:45.25)	11:53.84 (8:08.59)	20:19.49 (8:25.65)	
12 # 342 Millie Junge	17 Canterbury	20:23	
3:47.93 (3:47.93)	11:58.39 (8:10.46)	20:22.05 (8:23.66)	
13 # 675 Sarah Hellyer	17 Auckland Cit	20:23	
3:44.57 (3:44.57)	12:16.19 (8:31.62)	20:22.64 (8:06.46)	
14 # 442 Amelia Henstock	17 Canterbury	20:29	
3:55.10 (3:55.10)	12:16.32 (8:21.22)	20:28.67 (8:12.36)	

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15 #	188 Caitlin Kirk	17 Hawkes Bay Gisborne	20:32
	3:46.83 (3:46.83)	12:08.32 (8:21.49)	20:31.56 (8:23.24)
16 #	152 Abby O'Boyle	16 Southland	20:41
	3:49.40 (3:49.40)	12:16.73 (8:27.33)	20:40.43 (8:23.70)
17 #	326 Maia Holden	17 Wellington	20:42
	3:45.68 (3:45.68)	12:03.09 (8:17.41)	20:41.57 (8:38.48)
18 #	581 Millie McLean	16 Manawatu Whanganui	20:49
	4:07.22 (4:07.22)	12:32.57 (8:25.35)	20:48.55 (8:15.98)
19 #	497 Kotomiyo Cowell	16 Otago	20:54
	4:07.46 (4:07.46)	12:31.40 (8:23.94)	20:53.36 (8:21.96)
20 #	389 Ruby Laming	16 Canterbury	21:04
	3:57.32 (3:57.32)	12:24.97 (8:27.65)	21:03.84 (8:38.87)
21 #	167 Anya Sandford	16 Canterbury	21:07
	3:57.99 (3:57.99)	12:25.06 (8:27.07)	21:06.68 (8:41.63)
22 #	221 Elsie Seeto	16 Canterbury	21:12
	4:07.44 (4:07.44)	12:46.36 (8:38.92)	21:11.54 (8:25.18)
23 #	225 Emily Eastwood	16 Wellington	21:14
	4:07.66 (4:07.66)	12:41.10 (8:33.44)	21:13.38 (8:32.28)
24 #	525 Madi Honeyfield	16 Manawatu Whanganui	21:19
	4:06.36 (4:06.36)	12:37.43 (8:31.07)	21:18.85 (8:41.42)
25 #	490 Zania Roberts	17 Port Hills	21:21
	4:07.73 (4:07.73)	12:32.80 (8:25.07)	21:20.05 (8:47.25)
26 #	346 Miriam Geddes	17 Canterbury	21:21
	4:07.82 (4:07.82)	12:44.82 (8:37.00)	21:20.32 (8:35.50)
27 #	230 Eva Houghton	17 Auckland Cit	21:55
	4:06.21 (4:06.21)	13:01.34 (8:55.13)	21:54.53 (8:53.19)
28 #	584 Elina von Tettau	16 Awatea	22:00
	3:59.66 (3:59.66)	12:58.46 (8:58.80)	21:59.92 (9:01.46)
29 #	226 Emily Watt	17 Canterbury	22:12
	4:13.90 (4:13.90)	13:11.84 (8:57.94)	22:11.53 (8:59.69)
30 #	316 Lola Saunders	16 Otago	22:30
	4:08.70 (4:08.70)	13:12.54 (9:03.84)	22:29.09 (9:16.56)
31 #	432 Xanthe Wong	16 Wellington	22:52
	4:07.93 (4:07.93)	12:45.90 (8:37.97)	22:51.17 (10:05.27)
32 #	526 Victoria Stevens	16 Manawatu Whanganui	23:34
	4:14.63 (4:14.63)	13:12.94 (8:58.31)	23:33.43 (10:20.49)
33 #	349 Monica Ye	16 Christchurch	24:56
	4:27.38 (4:27.38)	14:36.51 (10:09.13)	24:55.62 (10:19.11)
34 #	290 Kate Sharpe	16 Canterbury	25:17
	4:34.75 (4:34.75)	14:41.85 (10:07.10)	25:16.82 (10:34.98)
35 #	631 Sophie Jolly	16 North Canterbury	26:01
	4:32.65 (4:32.65)	14:56.89 (10:24.24)	26:00.14 (11:03.25)
-- #	266 Issy de Hair	17 Wellington	DNF
	4:00.47 (4:00.47)		

Women 6k Run CC Individual Under 20

Name	Age Team	Finals	Points
1 # 485 Kate Currie	19 Canterbury	21:41	
7:12.06 (7:12.06)	14:32.99 (7:20.93)	21:40.25 (7:07.26)	
2 # 399 Siena Mackley	18 Southland	21:42	
7:12.06 (7:12.06)	14:33.29 (7:21.23)	21:41.53 (7:08.24)	

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....Women 6k Run CC Individual Under 20

3 #	649 Kobi Walker	19 Australia	21:44
	7:11.54 (7:11.54)	14:32.84 (7:21.30)	
4 #	556 Scarlett Robb	17 Auckland	22:04
	7:12.18 (7:12.18)	14:33.54 (7:21.36)	22:03.02 (7:29.48)
5 #	186 Brynne Gordon	18 Canterbury	22:47
	7:14.46 (7:14.46)	14:53.02 (7:38.56)	22:46.24 (7:53.22)
6 #	219 Eleanor Pugh	17 Waikato Bay	22:51
	7:19.21 (7:19.21)	15:04.89 (7:45.68)	22:50.24 (7:45.35)
7 #	654 Imogen Baker	18 Australia	22:56
	7:17.46 (7:17.46)	15:13.89 (7:56.43)	22:55.67 (7:41.78)
8 #	380 Poppy Healy	18 Whippets Run	22:57
	7:21.65 (7:21.65)	15:15.81 (7:54.16)	22:56.20 (7:40.39)
9 #	168 Ariella Grant	18 Auckland	23:01
	7:25.72 (7:25.72)	15:19.20 (7:53.48)	23:00.78 (7:41.58)
10 #	657 Matilda Cole	18 Australia	23:03
	7:16.69 (7:16.69)	15:09.58 (7:52.89)	
11 #	652 Teyvia Williams	18 Australia	23:20
	7:23.94 (7:23.94)	15:27.15 (8:03.21)	
12 #	179 Boh Ritchie	18 Waikato Bay	23:20
	7:19.55 (7:19.55)	15:12.50 (7:52.95)	23:19.98 (8:07.48)
13 #	163 Annabel Richardso	18 Auckland	23:24
	7:27.03 (7:27.03)		
14 #	171 Ava Sutherland	19 Wellington	24:05
	7:16.69 (7:16.69)	15:34.13 (8:17.44)	24:04.52 (8:30.39)
15 #	434 Zara Pomfret	18 Auckland	24:09
	7:28.09 (7:28.09)	15:50.72 (8:22.63)	24:08.91 (8:18.19)
16 #	540 Kimberley Iversen	19 Otago	24:41
	8:00.27 (8:00.27)	16:19.77 (8:19.50)	24:40.42 (8:20.65)
17 #	643 Hayley Cornwall	18 Manawatu Whanganui	25:06
	7:31.86 (7:31.86)	16:22.69 (8:50.83)	25:05.84 (8:43.15)
18 #	157 Amelia Joyce	18 Auckland	25:19
	8:12.23 (8:12.23)	16:48.20 (8:35.97)	25:18.55 (8:30.35)
19 #	603 Jacquelyn Kowalew	18 Taranaki	25:56
	8:12.35 (8:12.35)	17:10.14 (8:57.79)	25:55.31 (8:45.17)
20 #	579 Joanne Huang	16 Auckland	26:08
	8:27.84 (8:27.84)	17:24.55 (8:56.71)	26:07.10 (8:42.55)
21 #	289 Kate Robinson	18 Auckland	26:19
	8:08.98 (8:08.98)	17:10.33 (9:01.35)	26:18.38 (9:08.05)
22 #	580 Lucy McLean	19 Manawatu Whanganui	26:55
	8:02.86 (8:02.86)	17:14.02 (9:11.16)	26:54.57 (9:40.55)
23 #	532 Leah Macnamara	19 Manawatu Whanganui	27:14
	8:35.97 (8:35.97)	17:56.37 (9:20.40)	27:13.82 (9:17.45)
24 #	528 Elsa Trotter	18 Manawatu Whanganui	28:11
	8:43.15 (8:43.15)	18:27.94 (9:44.79)	28:10.16 (9:42.22)
25 #	247 Giselle Kenworthy	18 Wellington H	28:27
	8:50.20 (8:50.20)	18:45.06 (9:54.86)	28:26.31 (9:41.25)
26 #	311 Lilla Faivre	19 Canterbury	28:38
	8:55.15 (8:55.15)	18:49.69 (9:54.54)	28:37.64 (9:47.95)
27 #	529 Kate Perkins	17 Manawatu Whanganui	29:33
	9:06.39 (9:06.39)	19:18.51 (10:12.12)	29:32.99 (10:14.48)

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Women 10k Run CC Individual Senior

Name		Age	Team	Finals	Points
1 #	251 Hannah Gapes	22	Waikato Bay	35:39	
	7:06.99 (7:06.99)	21:24.82 (14:17.83)	28:30.12 (7:05.30)	35:38.04 (7:07.92)	
	35:38.07 (0.04)				
2 #	313 Lisa Cross	42	Auckland	37:41	
	7:16.12 (7:16.12)	14:45.60 (7:29.48)	22:21.80 (7:36.20)	30:03.02 (7:41.22)	
	37:40.94 (7:37.92)				
3 #	449 Katrina Andrew	32	Auckland	38:05	
	38:04.23 (38:04.23)				
4 #	650 Alexandra Schulz	20	Australia	38:20	
	7:23.52 (7:23.52)	22:36.86 (15:13.34)	30:24.79 (7:47.93)	38:19.97 (7:55.18)	
	38:19.97 (0.01)				
5 #	596 Tamara Reeves	24	Canterbury	38:31	
	7:13.16 (7:13.16)	14:49.97 (7:36.81)	22:37.45 (7:47.48)	30:31.34 (7:53.89)	
	38:30.41 (7:59.07)				
6 #	661 Alice Oakley-Kerr	22	Australia	38:42	
	7:32.18 (7:32.18)	15:20.08 (7:47.90)	23:07.96 (7:47.88)	30:58.88 (7:50.92)	
	38:41.24 (7:42.36)				
7 #	524 Becky Aitkenhead	32	Otago	38:44	
	7:32.13 (7:32.13)	15:19.51 (7:47.38)	23:03.65 (7:44.14)	30:58.95 (7:55.30)	
	38:43.57 (7:44.62)				
8 #	302 Kumiko Otani	30	Wellington	39:15	
	7:32.71 (7:32.71)	15:19.72 (7:47.01)	23:13.04 (7:53.32)	31:21.69 (8:08.65)	
	39:14.98 (7:53.29)				
9 #	590 Kiri Atkin	29	Canterbury	39:21	
	7:26.03 (7:26.03)	15:19.16 (7:53.13)	23:14.59 (7:55.43)	31:23.16 (8:08.57)	
	39:20.64 (7:57.48)				
10 #	323 Lulu Johnson	20	Waikato Bay	39:23	
	7:26.64 (7:26.64)	15:19.55 (7:52.91)	23:14.77 (7:55.22)	31:22.95 (8:08.18)	
	39:22.93 (7:59.98)				
11 #	659 Leyla Liakatos	22	Australia	39:31	
	7:31.76 (7:31.76)	15:24.47 (7:52.71)	23:34.35 (8:09.88)	31:37.76 (8:03.41)	
	39:30.87 (7:53.11)				
12 #	180 Brea Grace Roderi	23	Whippets Run	39:47	
	7:32.28 (7:32.28)	15:29.32 (7:57.04)	23:33.78 (8:04.46)	31:41.06 (8:07.28)	
	39:46.31 (8:05.25)				
13 #	395 Saskia Cosgrove-D	22	Canterbury	40:00	
	7:10.41 (7:10.41)	15:09.81 (7:59.40)	23:33.32 (8:23.51)	32:00.20 (8:26.88)	
	39:59.78 (7:59.58)				
14 #	174 Becky de la Harpe	21	Otago	40:01	
	7:32.52 (7:32.52)	15:29.51 (7:56.99)	23:41.65 (8:12.14)	31:59.97 (8:18.32)	
	40:00.30 (8:00.33)				
15 #	486 Lahana Reeves	24	Canterbury	40:06	
	23:26.13 (23:26.13)	31:51.47 (8:25.34)	40:05.09 (8:13.62)		
16 #	320 Lucy Jurke	20	Canterbury	40:30	
	7:33.83 (7:33.83)	15:38.70 (8:04.87)	23:50.75 (8:12.05)	32:13.06 (8:22.31)	
	40:29.54 (8:16.48)				
17 #	357 Odette Jennings	27	Auckland	41:00	
	7:40.88 (7:40.88)	15:48.88 (8:08.00)	24:11.32 (8:22.44)	32:41.94 (8:30.62)	
	40:59.84 (8:17.90)				
18 #	642 Stella Hammond	20	Oratia Running Inc	41:25	
	7:41.11 (7:41.11)	15:48.86 (8:07.75)	24:16.79 (8:27.93)	32:52.08 (8:35.29)	
	41:24.72 (8:32.64)				

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....Women 10k Run CC Individual Senior

19 #	477 Jessica Wright	33 Auckland	41:58		
	7:54.77 (7:54.77)	16:13.94 (8:19.17)	24:45.70 (8:31.76)	33:19.64 (8:33.94)	
	41:57.72 (8:38.08)				
20 #	479 Sarah McClure	24 Canterbury	42:33		
	7:33.44 (7:33.44)	15:49.41 (8:15.97)	24:31.47 (8:42.06)	33:30.50 (8:59.03)	
	42:32.15 (9:01.65)				
21 #	613 Olivia Gold	27 Auckland	42:41		
	7:56.88 (7:56.88)	16:26.87 (8:29.99)	25:07.37 (8:40.50)	33:57.14 (8:49.77)	
	42:40.90 (8:43.76)				
22 #	241 Gabi Newman	27 Canterbury	43:46		
	8:03.12 (8:03.12)	16:40.52 (8:37.40)	25:34.70 (8:54.18)	34:46.16 (9:11.46)	
	43:45.40 (8:59.24)				
23 #	284 Julie Gillespie	28 Christchurch	44:14		
	8:10.51 (8:10.51)	16:59.81 (8:49.30)	26:04.09 (9:04.28)	35:13.48 (9:09.39)	
	44:13.91 (9:00.43)				
-- #	656 Tiana Cetta	20 Australia	DNF		
	7:06.83 (7:06.83)	14:38.63 (7:31.80)	22:28.49 (7:49.86)		
-- #	666 Apolline Laisi	24 Southland	DNF		
	9:07.57 (9:07.57)				

Women 35-39 6000 Meter Run 35+ Indi Master

Name	Age	Team	Finals	Points
Results - Women 35-39				
1 #	678 Hannah Oldroyd	38 Canterbury	23:00	
	7:35.64 (7:35.64)	15:17.03 (7:41.39)	22:59.27 (7:42.24)	
2 #	164 Annabelle Bramwel	35 Canterbury	23:33	
	7:36.04 (7:36.04)	15:26.97 (7:50.93)	23:32.57 (8:05.60)	
3 #	611 Angela Doig	35 Canterbury	24:22	
	7:53.436 (7:53.436)	16:07.298 (8:13.862)	24:21.542 (8:14.245)	
4 #	172 Ayesha Shafi	37 Wellington	25:23	
	8:14.76 (8:14.76)	16:48.25 (8:33.49)	25:22.97 (8:34.72)	
5 #	161 Angie Smith	37 Waikato Bay	27:09	
	8:37.427 (8:37.427)	17:48.794 (9:11.367)	27:08.416 (9:19.623)	
6 #	535 Sarah Masterton	36 Auckland	27:18	
	8:53.883 (8:53.883)	18:06.936 (9:13.053)	27:17.975 (9:11.040)	

Women 40-44 6000 Meter Run 35+ Indi Master

Name	Age	Team	Finals	Points
Results - Women 40-44				
1 #	301 Kristy Eyles	42 Otago	24:09	
	8:04.83 (8:04.83)	16:09.88 (8:05.05)	24:08.10 (7:58.22)	
2 #	595 Dale Berrill	44 Auckland	24:10	
	7:59.29 (7:59.29)	16:09.81 (8:10.52)	24:09.47 (7:59.66)	
3 #	573 Taryn McLean	44 Otago	24:13	
	8:00.83 (8:00.83)	16:10.58 (8:09.75)	24:12.61 (8:02.03)	
4 #	156 Aly Craigie	41 Otago	24:58	
	8:14.17 (8:14.17)	16:36.86 (8:22.69)	24:57.52 (8:20.66)	
5 #	381 Rachel O'Brien	44 Auckland	26:01	
	8:26.059 (8:26.059)	17:16.183 (8:50.124)	26:00.963 (8:44.781)	

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....Women 40-44 6000 Meter Run 35+ Indi Master

6 #	408 Tess Molloy	44 Otago	26:03
	8:22.89 (8:22.89)	17:16.01 (8:53.12)	26:02.16 (8:46.15)
7 #	166 Anwen Robinson	44 Auckland	27:13
	8:49.740 (8:49.740)	18:05.879 (9:16.139)	27:12.640 (9:06.762)
8 #	671 Catherine Pratten	43 Don Greig Ra	28:59
	9:19.83 (9:19.83)	19:11.94 (9:52.11)	28:58.73 (9:46.79)

Women 45-49 6000 Meter Run 35+ Indi Master

Name	Age Team	Finals	Points
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Results - Women 45-49

1 #	278 Jo Van Rensburg	47 Team Speedplay	25:10
	8:09.84 (8:09.84)	16:45.88 (8:36.04)	25:09.06 (8:23.18)
2 #	337 Mel Aitken	48 Otago	25:12
	8:23.602 (8:23.602)	16:52.932 (8:29.330)	25:11.680 (8:18.749)
3 #	636 Nicola Handley	45 Canterbury	25:52
	8:24.017 (8:24.017)	17:10.524 (8:46.507)	25:51.749 (8:41.226)
4 #	604 Lauren Shelley	49 Waikato Bay	26:30
	8:46.735 (8:46.735)	17:39.815 (8:53.080)	26:29.390 (8:49.576)
5 #	298 Kirstin Foley	48 Taranaki	26:48
	8:37.22 (8:37.22)	17:45.19 (9:07.97)	26:47.97 (9:02.78)
6 #	425 Vicki Rees-Jones	49 Waikato Bay	27:48
	8:51.081 (8:51.081)	18:16.947 (9:25.866)	27:47.286 (9:30.340)
7 #	214 Dayna Wallace	48 Team Speedplay	28:37
	9:19.61 (9:19.61)	19:06.45 (9:46.84)	28:36.28 (9:29.83)
8 #	599 Helen Wright	48 Canterbury	30:59
	9:53.843 (9:53.843)	20:23.245 (10:29.402)	30:58.733 (10:35.489)
9 #	270 Jackie Blay	49 Southland	31:33
	9:58.22 (9:58.22)	20:47.14 (10:48.92)	31:32.35 (10:45.21)

Women 50-54 6000 Meter Run 35+ Indi Master

Name	Age Team	Finals	Points
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Results - Women 50-54

1 #	292 Katie Jenkins	52 Wellington	24:18
	7:54.78 (7:54.78)	16:04.64 (8:09.86)	24:17.85 (8:13.21)
2 #	181 Bridget Douglas	54 Wellington	26:38
	8:37.12 (8:37.12)	17:40.26 (9:03.14)	26:37.70 (8:57.44)
3 #	245 Georgina Pakeho	52 Otago	26:48
	8:52.92 (8:52.92)	17:47.72 (8:54.80)	26:47.51 (8:59.79)
4 #	160 Andrea Gallaher	54 Waikato Bay	28:27
	9:21.46 (9:21.46)	18:56.68 (9:35.22)	28:26.24 (9:29.56)
5 #	561 Michelle Laughton	54 Auckland	33:41
	11:16.71 (11:16.71)	22:30.31 (11:13.60)	33:40.99 (11:10.68)
6 #	531 Paula Conder	51 Manawatu Whanganui	38:01
	12:12.96 (12:12.96)	24:51.92 (12:38.96)	38:00.71 (13:08.79)

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Women 55-59 6000 Meter Run 35+ Indi Master

Name	Age	Team	Finals	Points
Results - Women 55-59				
1 # 275 Jan Sheppard	58	Wellington	28:39	
9:13.86 (9:13.86)	18:56.95 (9:43.09)	28:38.77 (9:41.82)		
2 # 543 Queety Akers	58	Auckland	28:57	
9:34.63 (9:34.63)	19:20.48 (9:45.85)	28:56.24 (9:35.76)		
3 # 288 Karyn McCready	57	Waikato Bay	29:19	
9:24.30 (9:24.30)	19:20.34 (9:56.04)	29:18.25 (9:57.91)		
4 # 235 Fiona Gilroy	56	Canterbury	29:25	
9:23.74 (9:23.74)	19:20.66 (9:56.92)	29:24.51 (10:03.85)		
5 # 594 Julie Mercer	58	Auckland	30:15	
10:01.19 (10:01.19)	20:07.45 (10:06.26)	30:14.70 (10:07.25)		
6 # 427 Wendy Richards	56	Canterbury	30:30	
9:53.20 (9:53.20)	20:13.64 (10:20.44)	30:29.97 (10:16.33)		

Women 60-64 6000 Meter Run 35+ Indi Master

Name	Age	Team	Finals	Points
Results - Women 60-64				
1 # 393 Sally Gibbs	62	Manawatu Whanganui	24:16	
8:00.16 (8:00.16)	16:09.53 (8:09.37)	24:15.49 (8:05.96)		
2 # 287 Karen Murphy	60	Team Speedplay	26:50	
8:39.07 (8:39.07)	17:44.56 (9:05.49)	26:49.13 (9:04.57)		
3 # 426 Vickie Humphries	61	Wellington	28:17	
9:12.57 (9:12.57)	18:49.17 (9:36.60)	28:16.26 (9:27.09)		
4 # 386 Robyn Perkins	61	Canterbury	30:22	
9:46.92 (9:46.92)	20:02.33 (10:15.41)	30:21.77 (10:19.44)		
5 # 523 Sian Dawson	61	Auckland	30:41	
10:00.80 (10:00.80)	20:22.63 (10:21.83)	30:40.51 (10:17.88)		
6 # 621 Janice Ashton	64	Canterbury	31:47	
10:27.04 (10:27.04)	21:08.71 (10:41.67)	31:46.27 (10:37.56)		

Women 65-69 6000 Meter Run 35+ Indi Master

Name	Age	Team	Finals	Points
Results - Women 65-69				
1 # 215 Debbie Telfer	68	Southland	29:46	
9:51.00 (9:51.00)	19:46.36 (9:55.36)	29:45.28 (9:58.92)		

Women 70-74 6000 Meter Run 35+ Indi Master

Name	Age	Team	Finals	Points
Results - Women 70-74				
1 # 283 Judith Bradshaw	74	Hatea.Run	34:33	
11:33.90 (11:33.90)	23:02.32 (11:28.42)	34:32.99 (11:30.67)		

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Women 75-79 6000 Meter Run 35+ Indi Master

Name	Age	Team	Finals	Points
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Results - Women 75-79

1 #	635 Margaret Flanagan	75 New Brighton	39:08	
	12:44.958 (12:44.958)	25:53.867 (13:08.909)	36:21.745 (10:27.879)	

Boys 3k Run CC Under 14

Name	Age	Team	Finals	Points
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Results - Men

1 #	272 Jacob Radcliffe	13 Christchurch	10:25	
	3:29.92 (3:29.92)	10:24.41 (6:54.49)		
2 #	304 Leo Green	13 Pakuranga At	10:37	
	3:33.32 (3:33.32)	10:36.93 (7:03.61)		
3 #	537 Craig Jnr Iversen	13 Athletics In	10:52	
	3:39.31 (3:39.31)	10:51.20 (7:11.89)		
4 #	299 Kobe Ford	13 Christchurch	10:59	
	3:41.18 (3:41.18)	10:58.77 (7:17.59)		
5 #	297 Kiran Ferguson	13 Port Hills	11:21	
	3:52.74 (3:52.74)	11:20.97 (7:28.23)		
6 #	314 Logan Angland	12 Selwyn	11:33	
	3:48.95 (3:48.95)	11:32.79 (7:43.84)		
7 #	220 Eli Patterson	12 Port Hills	11:38	
	3:54.30 (3:54.30)	11:37.23 (7:42.93)		
8 #	438 Harrison Costley	13 Athletics Richmond	11:39	
	11:38.663 (11:38.663)	11:38.77 (0.10)		
9 #	169 Ashton Harris	13 Christchurch	11:39	
	3:49.79 (3:49.79)	11:38.85 (7:49.06)		
10 #	246 Giacomo Wong	13 Athletics Whangarei	11:42	
	3:50.64 (3:50.64)	11:41.04 (7:50.40)		
11 #	539 Sean Iversen	12 Athletics In	11:43	
	11:42.255 (11:42.255)	11:42.54 (0.28)		
12 #	347 Mitchell Fairbair	12 Phoenix	11:52	
	3:55.23 (3:55.23)	11:51.15 (7:55.92)		
13 #	267 Jack Coombe	12 Napier Harrier Club	11:57	
	3:57.57 (3:57.57)	11:56.50 (7:58.93)		
14 #	587 Connor Scoon	13 Run Timaru	12:03	
	4:00.31 (4:00.31)	12:02.22 (8:01.91)		
15 #	282 Jono Reid	12 Port Hills	12:10	
	4:05.55 (4:05.55)	12:09.54 (8:03.99)		
16 #	367 Oscar Brider	13 Athletics &	12:12	
	3:59.27 (3:59.27)	12:11.54 (8:12.27)		
17 #	626 Mario Domenech-Be	12 Port Hills	12:14	
	4:04.24 (4:04.24)	12:13.95 (8:09.71)		
18 #	608 Nate Bennetts	13 Christchurch	12:16	
	4:05.34 (4:05.34)	12:15.30 (8:09.96)		
19 #	306 Lewis Anglemeyer	12 Hill City Un	12:17	
	4:00.20 (4:00.20)	12:16.11 (8:15.91)		
20 #	262 Isaac Cooper	13 Phoenix	12:23	
	3:56.50 (3:56.50)	12:22.87 (8:26.37)		
21 #	577 Jacob Smith	13 Awatea	12:40	
	4:02.62 (4:02.62)	12:39.56 (8:36.94)		

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....Boys 3k Run CC Under 14

22 # 315 Logan Williams 12 Christchurch 13:37
 4:20.02 (4:20.02) 13:36.21 (9:16.19)

Boys 4k Run CC Individual Under 16

Name		Age Team	Finals	Points
1 #	333 Max Stirling	15 Waikato Bay	12:58	
	6:28.70 (6:28.70)	12:57.98 (6:29.28)		
2 #	565 Jacob Williams	14 Wellington	13:00	
	6:29.10 (6:29.10)	12:59.55 (6:30.45)		
3 #	435 Ronin Dickens	15 Waikato Bay	13:02	
	6:28.79 (6:28.79)	13:01.68 (6:32.89)		
4 #	300 Kona Kelly	15 Auckland	13:04	
	6:29.96 (6:29.96)	13:03.17 (6:33.21)		
5 #	269 Jack Stirling	15 Waikato Bay	13:09	
	6:28.67 (6:28.67)	13:08.978 (6:40.32)		
6 #	322 Luke Angland	15 Canterbury	13:30	
	6:29.77 (6:29.77)	13:29.98 (7:00.21)		
7 #	234 Fin Robinson	15 Wellington	13:35	
	6:39.60 (6:39.60)	13:34.41 (6:54.81)		
8 #	586 Jack Scoon	15 Run Timaru	13:42	
	6:41.98 (6:41.98)	13:41.394 (6:59.43)		
9 #	585 Bryn Espin	14 Taranaki	13:47	
	6:46.80 (6:46.80)	13:46.49 (6:59.69)		
10 #	682 Findlay Gibson	15 University o	13:51	
	6:40.38 (6:40.38)	13:50.02 (7:09.64)		
11 #	516 Ben Lough	15 Canterbury	13:51	
	6:37.86 (6:37.86)	13:50.49 (7:12.63)		
12 #	259 Huw Robinson	14 Auckland	13:52	
	6:49.61 (6:49.61)	13:51.97 (7:02.36)		
13 #	633 William Bolter	15 Otago	13:53	
	6:43.07 (6:43.07)	13:52.77 (7:09.70)		
14 #	522 Daniel Mumby	14 Waikato Bay	13:55	
	6:51.90 (6:51.90)	13:54.15 (7:02.25)		
15 #	614 Cam Starr	15 Wellington	14:01	
	6:43.30 (6:43.30)	14:00.64 (7:17.34)		
16 #	196 Charlie Hobbs	15 Wellington	14:04	
	6:49.19 (6:49.19)	14:03.53 (7:14.34)		
17 #	630 Remi de Monchy	15 Christchurch	14:18	
	6:52.11 (6:52.11)	14:17.66 (7:25.55)		
18 #	190 Caleb Dobier	14 Otago	14:24	
	6:52.64 (6:52.64)	14:23.965 (7:31.34)		
19 #	545 Alex de Bock	15 Canterbury	14:35	
	7:01.04 (7:01.04)	14:34.624 (7:33.60)		
20 #	195 Cayden Sanginiti	15 St Pauls Har	14:38	
	6:50.07 (6:50.07)	14:37.10 (7:47.03)		
21 #	308 Liam Dunbar	14 Tasman	14:39	
	7:12.61 (7:12.61)	14:38.03 (7:25.42)		
22 #	417 Tobias Crowhurst	14 Auckland	14:44	
	7:14.08 (7:14.08)	14:43.42 (7:29.34)		
23 #	178 Benjamin Crawford	14 Canterbury	14:51	
	7:07.55 (7:07.55)	14:50.29 (7:42.74)		

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....Boys 4k Run CC Individual Under 16

24 #	501 Henry Ridd	14 Canterbury	15:04
	7:17.07 (7:17.07)	15:03.81 (7:46.74)	
25 #	511 Harrison Skewes	14 Auckland	15:07
	7:15.08 (7:15.08)	15:06.98 (7:51.90)	
26 #	422 Tomo Hudson	14 Canterbury	15:16
	7:21.94 (7:21.94)	15:15.67 (7:53.73)	
27 #	542 Lucas Kendrick	14 Wellington	15:21
	7:21.64 (7:21.64)	15:20.26 (7:58.62)	
28 #	271 Jacob Morris	15 Canterbury	16:07
	7:17.56 (7:17.56)	16:06.57 (8:49.01)	
-- #	471 Fred Fitch	15 Sumner Running Club	DNF

Men 6k Run CC Individual Under 18

Name	Age	Team	Finals	Points
1 # 286 Justin Cunningham	17	Manawatu Whanganui	19:58	
6:44.37 (6:44.37)	13:36.35 (6:51.98)	19:57.50 (6:21.15)		
2 # 444 Alex Macbeth	16	Wellington	20:00	
6:44.55 (6:44.55)	13:34.21 (6:49.66)	19:59.55 (6:25.34)		
3 # 191 Caleb Radcliffe	17	Canterbury	20:00	
6:43.33 (6:43.33)	13:33.35 (6:50.02)	19:59.58 (6:26.23)		
4 # 588 Leo De Monchy	16	Canterbury	20:07	
6:44.65 (6:44.65)	13:35.49 (6:50.84)	20:06.18 (6:30.69)		
5 # 211 Daniel Wordsworth	16	Canterbury	20:15	
6:44.15 (6:44.15)	13:35.12 (6:50.97)	20:14.90 (6:39.78)		
6 # 475 Ben Oxford	17	Auckland	20:17	
6:44.05 (6:44.05)	13:33.47 (6:49.42)	20:16.77 (6:43.30)		
7 # 555 Samuel Rickerby	17	Auckland	20:28	
6:43.66 (6:43.66)	13:34.38 (6:50.72)	20:27.40 (6:53.02)		
8 # 208 Daniel Barback	17	Waikato Bay	20:36	
6:43.82 (6:43.82)	13:35.52 (6:51.70)	20:35.43 (6:59.91)		
9 # 359 Oliver Costley	16	Tasman	20:37	
6:44.89 (6:44.89)	13:37.90 (6:53.01)	20:36.92 (6:59.02)		
10 # 450 Vaughan Murray	16	Waikato Bay	20:55	
6:44.05 (6:44.05)	13:35.10 (6:51.05)	20:54.16 (7:19.06)		
11 # 512 Eliot Ramousse	17	Canterbury	21:01	
6:46.23 (6:46.23)	14:02.56 (7:16.33)	21:00.75 (6:58.19)		
12 # 335 Max Wilkins	17	Auckland	21:05	
6:45.13 (6:45.13)	14:02.61 (7:17.48)	21:04.27 (7:01.66)		
13 # 458 Noah Lazayres	17	Auckland	21:15	
6:45.65 (6:45.65)	14:02.29 (7:16.64)	21:14.30 (7:12.01)		
14 # 370 Otto Church	16	Canterbury	21:27	
6:45.91 (6:45.91)	14:02.26 (7:16.35)	21:26.14 (7:23.88)		
15 # 296 Kingston Ryan	16	Waikato Bay	21:37	
6:45.68 (6:45.68)	14:04.82 (7:19.14)	21:36.15 (7:31.33)		
16 # 307 Lewis Blay	16	Southland	21:48	
6:44.51 (6:44.51)	14:16.57 (7:32.06)	21:47.63 (7:31.06)		
17 # 413 Thomas Weatherall	16	Otago	22:00	
6:52.97 (6:52.97)	14:25.81 (7:32.84)	21:59.23 (7:33.42)		
18 # 360 Oliver Foley	16	Taranaki	22:02	
6:49.38 (6:49.38)	14:27.78 (7:38.40)	22:01.46 (7:33.68)		
19 # 421 Tom Pescini	16	Wellington	22:06	
6:49.72 (6:49.72)	14:31.49 (7:41.77)	22:05.73 (7:34.24)		

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....Men 6k Run CC Individual Under 18

20 #	518 Silas Campbell	17 Wellington H	22:08
	6:59.80 (6:59.80)	22:07.80 (15:08.00)	22:07.82 (0.03)
21 #	547 Cohnor Walsh	17 Canterbury	22:20
	6:48.03 (6:48.03)	14:35.20 (7:47.17)	22:19.45 (7:44.25)
22 #	242 George Lewis	17 Hawkes Bay Gisborne	22:27
	14:26.45 (14:26.45)	22:26.06 (7:59.61)	22:26.24 (0.19)
23 #	392 Ryan Gillum	16 Taranaki	22:29
	22:28.42 (22:28.42)		
24 #	209 Daniel Kelleher	17 Otago	22:42
	14:49.57 (14:49.57)	22:41.74 (7:52.17)	22:41.78 (0.05)
25 #	236 Fiunn Bell	16 Southland	22:43
	7:08.59 (7:08.59)	15:04.45 (7:55.86)	22:42.87 (7:38.42)
26 #	453 Jarvis Shaw	16 Manawatu Whanganui	22:47
	7:02.93 (7:02.93)	15:00.46 (7:57.53)	22:46.43 (7:45.97)
27 #	200 Christian Geldenh	17 Auckland	23:07
	7:06.98 (7:06.98)	15:10.03 (8:03.05)	23:06.32 (7:56.29)

Men 8k Run CC Individual Under 20

Name	Age Team	Finals	Points
1 # 651 Charles Barrett	18 Australia	26:00	
6:27.26 (6:27.26)	13:04.03 (6:36.77)	19:37.85 (6:33.82)	
2 # 669 Logan Tickell	19 Australia	26:01	
6:27.07 (6:27.07)	13:04.30 (6:37.23)	19:38.63 (6:34.33)	26:00.27 (6:21.64)
3 # 352 Nick Dobbie	19 Taranaki	26:06	
6:27.67 (6:27.67)	13:06.11 (6:38.44)	19:42.43 (6:36.32)	
4 # 192 Caleb Wagener	18 Auckland	26:11	
13:04.11 (13:04.11)	19:37.99 (6:33.88)		
5 # 648 Kayden Elliott	18 Australia	26:11	
6:27.88 (6:27.88)	13:05.65 (6:37.77)	19:42.83 (6:37.18)	26:10.72 (6:27.89)
6 # 205 Corban Holmes	17 Waikato Bay	26:15	
6:27.72 (6:27.72)	13:04.89 (6:37.17)	19:38.18 (6:33.29)	26:14.25 (6:36.07)
7 # 268 Jack Snedden	19 Auckland	26:23	
6:28.07 (6:28.07)	13:05.96 (6:37.89)	19:42.64 (6:36.68)	26:22.40 (6:39.76)
8 # 253 Harry Witt	19 Canterbury	26:28	
6:27.38 (6:27.38)	13:06.53 (6:39.15)	19:52.68 (6:46.15)	
9 # 622 Max Doherty	19 Wellington	26:31	
6:28.19 (6:28.19)	13:08.06 (6:39.87)	19:53.08 (6:45.02)	26:30.38 (6:37.30)
10 # 662 Padraig Heffernan	19 Australia	26:35	
6:27.49 (6:27.49)	13:05.19 (6:37.70)	19:50.53 (6:45.34)	26:34.42 (6:43.89)
11 # 243 George Wyllie	18 Waikato Bay	26:41	
6:28.11 (6:28.11)	13:05.05 (6:36.94)	19:45.28 (6:40.23)	26:40.52 (6:55.24)
12 # 382 Redd Scampion	18 Auckland	26:42	
6:28.37 (6:28.37)	13:09.00 (6:40.63)	19:58.57 (6:49.57)	
13 # 279 Joe Martin	18 Wellington	26:52	
6:28.00 (6:28.00)	13:07.02 (6:39.02)	19:59.65 (6:52.63)	26:51.66 (6:52.01)
14 # 274 James Weber	17 Southland	26:53	
6:27.51 (6:27.51)	13:05.55 (6:38.04)	19:58.77 (6:53.22)	26:52.15 (6:53.38)
15 # 620 Finnley Oliver	19 Waikato Bay	27:17	
6:28.74 (6:28.74)	13:08.20 (6:39.46)	20:13.18 (7:04.98)	27:16.18 (7:03.00)
16 # 175 bede colbourne	19 Canterbury	27:23	
6:28.11 (6:28.11)	13:09.57 (6:41.46)	20:22.45 (7:12.88)	27:22.20 (6:59.75)
17 # 203 connor Kemp	18 Wellington	27:24	

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....Men 8k Run CC Individual Under 20

18 #	645 Theo Bray	18 Wellington	27:35		
	6:29.52 (6:29.52)	13:23.95 (6:54.43)			
19 #	390 Ruie Hyslop	18 Otago	27:49		
	6:28.51 (6:28.51)	13:17.59 (6:49.08)	20:33.03 (7:15.44)	27:48.38 (7:15.35)	
20 #	607 Fletcher van Heuv	19 Waikato Bay	28:10		
	6:29.95 (6:29.95)	13:27.42 (6:57.47)	21:04.44 (7:37.02)	28:09.76 (7:05.32)	
21 #	461 Robert Fitzpatric	19 Auckland	28:16		
	6:28.94 (6:28.94)	13:22.33 (6:53.39)	20:44.15 (7:21.82)	28:15.58 (7:31.43)	
22 #	660 Alec Ball	18 Manawatu Whanganui	28:27		
	6:29.82 (6:29.82)	13:33.30 (7:03.48)	20:57.70 (7:24.40)	28:26.12 (7:28.42)	
23 #	638 Luca Evett	19 Olympic Harr	28:37		
	6:35.83 (6:35.83)	13:53.63 (7:17.80)	21:26.66 (7:33.03)	28:36.25 (7:09.59)	
24 #	463 Charlie Hudson	19 Canterbury	28:39		
	6:30.91 (6:30.91)	13:45.81 (7:14.90)	21:23.90 (7:38.09)	28:38.85 (7:14.95)	
25 #	443 Jacob Ridder	18 Canterbury	28:56		
	6:38.25 (6:38.25)	13:48.45 (7:10.20)	21:22.00 (7:33.55)	28:55.71 (7:33.71)	
26 #	469 Felix Field	18 Taranaki	29:09		
	6:41.13 (6:41.13)	14:00.24 (7:19.11)	21:42.44 (7:42.20)	29:08.03 (7:25.59)	
27 #	465 Joshua Gordon-Gla	19 Auckland	29:17		
28 #	624 Daniel Lough	19 Canterbury	29:24		
	6:48.96 (6:48.96)	14:13.66 (7:24.70)	21:48.99 (7:35.33)	29:23.24 (7:34.25)	
29 #	355 Noah Crowhurst	18 Auckland	29:35		
	6:46.44 (6:46.44)	14:11.19 (7:24.75)	21:53.21 (7:42.02)		
30 #	411 Thomas Hooks	19 Auckland	31:03		
	6:57.88 (6:57.88)	14:56.24 (7:58.36)	23:10.66 (8:14.42)	31:02.91 (7:52.25)	
31 #	593 David Gordon	18 Wellington	33:37		
	8:04.25 (8:04.25)	16:35.12 (8:30.87)	25:09.86 (8:34.74)		
-- #	368 Oscar Monro	19 Canterbury	DNF		
	6:50.26 (6:50.26)	14:25.20 (7:34.94)	22:33.30 (8:08.10)		
-- #	397 Sean Collins	19 Canterbury	DNF		
	6:31.26 (6:31.26)				

Men 10k Run CC Individual Senior

Name	Age Team	Finals	Points
1 # 204 Connor Melton	26 Canterbury	31:17	
6:18.68 (6:18.68)	12:40.91 (6:22.23)	18:59.76 (6:18.85)	25:14.53 (6:14.77)
31:16.27 (6:01.74)			
2 # 418 Toby Gualter	25 Wellington	31:20	
6:18.52 (6:18.52)	12:40.85 (6:22.33)	18:59.74 (6:18.89)	25:15.01 (6:15.27)
3 # 358 Oli Chignell	27 Otago	31:43	
6:18.65 (6:18.65)	12:40.95 (6:22.30)	18:59.63 (6:18.68)	25:14.66 (6:15.03)
31:42.06 (6:27.40)			
4 # 429 William Little	26 Canterbury	31:59	
6:18.76 (6:18.76)	12:41.17 (6:22.41)	19:01.26 (6:20.09)	25:30.62 (6:29.36)
31:58.24 (6:27.62)			
5 # 606 Ben Otis	25 Auckland	32:18	
6:19.47 (6:19.47)	12:41.67 (6:22.20)	19:08.85 (6:27.18)	25:44.93 (6:36.08)
32:17.47 (6:32.54)			
6 # 559 Taonga Mbambo	24 Canterbury	32:32	
6:19.11 (6:19.11)	12:41.13 (6:22.02)	19:08.30 (6:27.17)	25:49.40 (6:41.10)
7 # 646 Matthew Hansen	21 Australia	32:35	
6:21.07 (6:21.07)	12:54.02 (6:32.95)	19:30.93 (6:36.91)	26:06.04 (6:35.11)

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8 #	388 Ronan Lee	24 Auckland	32:46		
	6:19.12 (6:19.12)	19:26.11 (13:06.99)	26:09.25 (6:43.14)		
9 #	369 Oska Inkster-Bayn	34 University o	32:53		
	6:20.45 (6:20.45)	19:27.70 (13:07.25)	32:52.56 (13:24.86)		
10 #	589 Christopher Dryde	26 University o	33:02		
	6:19.80 (6:19.80)	12:49.90 (6:30.10)	19:32.60 (6:42.70)	26:19.97 (6:47.37)	
11 #	658 William Garbelott	22 Australia	33:20		
	6:18.87 (6:18.87)	12:53.12 (6:34.25)	19:46.32 (6:53.20)	26:41.18 (6:54.86)	
	33:19.17 (6:37.99)				
12 #	419 Toby Tasker	21 Canterbury	33:23		
	6:21.67 (6:21.67)	13:02.38 (6:40.71)	19:52.53 (6:50.15)	26:44.58 (6:52.05)	
	33:22.10 (6:37.52)				
13 #	568 Daniel Balchin	35 Canterbury	33:32		
	6:20.07 (6:20.07)	12:55.72 (6:35.65)	19:48.00 (6:52.28)	26:41.00 (6:53.00)	
	33:32.00 (6:51.00)				
14 #	193 Cameron Clark	23 Canterbury	33:36		
	6:22.63 (6:22.63)	13:07.49 (6:44.86)	19:55.19 (6:47.70)	26:48.40 (6:53.21)	
	33:35.50 (6:47.10)				
15 #	194 Cameron Swales	29 Canterbury	33:46		
	6:25.45 (6:25.45)	27:09.73 (20:44.28)			
16 #	647 Ryan Binskin	21 Australia	33:49		
	27:06.27 (27:06.27)	33:48.76 (6:42.49)			
17 #	601 William Larkin	21 Wellington	33:51		
	6:29.00 (6:29.00)	13:13.13 (6:44.13)	20:12.10 (6:58.97)	27:11.04 (6:58.94)	
	33:50.75 (6:39.71)				
18 #	506 Thomas Richards	33 Christchurch	33:54		
	6:36.86 (6:36.86)	13:24.43 (6:47.57)	20:12.14 (6:47.71)	27:04.73 (6:52.59)	
19 #	560 Saxon Morgan	25 University o	34:01		
	6:35.00 (6:35.00)	13:24.76 (6:49.76)	20:12.38 (6:47.62)	27:05.73 (6:53.35)	
	34:00.62 (6:54.89)				
20 #	229 Ethan Smolej	22 University o	34:03		
	6:28.14 (6:28.14)	13:15.69 (6:47.55)	20:12.09 (6:56.40)	27:16.65 (7:04.56)	
	34:02.45 (6:45.80)				
21 #	480 Liam Chesney	24 Wellington	34:08		
	6:25.67 (6:25.67)	13:15.94 (6:50.27)	20:13.38 (6:57.44)	27:12.65 (6:59.27)	
	34:07.12 (6:54.47)				
22 #	582 Tayne Patel	20 Christchurch	34:10		
	6:26.19 (6:26.19)	13:15.75 (6:49.56)	20:13.35 (6:57.60)	27:11.30 (6:57.95)	
	34:09.23 (6:57.93)				
23 #	546 Joshua Fitzgerald	21 Wellington	34:13		
	6:39.86 (6:39.86)	13:34.72 (6:54.86)	27:31.19 (13:56.47)	34:12.41 (6:41.22)	
24 #	551 Tram O'callaghan	21 Christchurch	34:25		
	6:28.78 (6:28.78)	13:20.02 (6:51.24)	20:19.70 (6:59.68)	27:27.59 (7:07.89)	
	34:24.20 (6:56.61)				
25 #	567 Darian Sorouri	29 Auckland	34:40		
	6:35.59 (6:35.59)	13:34.54 (6:58.95)	20:40.82 (7:06.28)	27:48.76 (7:07.94)	
	34:39.23 (6:50.47)				
26 #	273 Jake Owen	20 Otago	34:44		
	6:31.45 (6:31.45)	13:27.19 (6:55.74)	20:34.24 (7:07.05)	27:47.13 (7:12.89)	
27 #	447 Lorcan Rabbitte	20 Wellington	34:50		
	6:27.08 (6:27.08)	13:21.73 (6:54.65)	20:31.84 (7:10.11)	27:39.09 (7:07.25)	
	34:49.54 (7:10.45)				

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28 #	250 Grayson Westgate	22 Otago	35:08		
	6:28.58 (6:28.58)	13:20.59 (6:52.01)	20:32.48 (7:11.89)	27:53.27 (7:20.79)	
	35:07.14 (7:13.87)				
29 #	433 Yuki Otsuka	27 Auckland	35:13		
	6:38.89 (6:38.89)	13:42.88 (7:03.99)	20:53.56 (7:10.68)	28:05.22 (7:11.66)	
	35:12.13 (7:06.91)				
30 #	569 Callum Stewart	27 Wellington	35:21		
	6:26.31 (6:26.31)	13:27.92 (7:01.61)	20:46.67 (7:18.75)	28:02.78 (7:16.11)	
	35:20.71 (7:17.93)				
31 #	206 corban straker	23 Christchurch	35:24		
	6:35.44 (6:35.44)	13:34.38 (6:58.94)	20:44.63 (7:10.25)	28:05.36 (7:20.73)	
	35:23.99 (7:18.63)				
32 #	334 Max Taylor	23 Wellington	35:48		
	6:32.02 (6:32.02)	13:35.02 (7:03.00)	20:58.74 (7:23.72)	28:21.57 (7:22.83)	
	35:47.88 (7:26.31)				
33 #	639 Robbie White	22 Whippets Run	36:06		
	6:36.46 (6:36.46)	13:38.06 (7:01.60)	20:59.14 (7:21.08)	28:27.84 (7:28.70)	
	36:05.18 (7:37.34)				
34 #	356 Noah Fenwick	23 Christchurch	36:16		
	13:39.67 (13:39.67)	20:55.82 (7:16.15)	28:52.53 (7:56.71)	36:16.17 (7:23.64)	
35 #	640 Fenlon Bayley	20 Tasman	36:18		
	6:58.15 (6:58.15)	14:19.31 (7:21.16)	21:44.66 (7:25.35)	29:08.40 (7:23.74)	
	36:17.93 (7:09.53)				
36 #	210 Daniel Redmond	34 University o	36:47		
	6:57.37 (6:57.37)	14:23.12 (7:25.75)	22:00.61 (7:37.49)	29:30.09 (7:29.48)	
	36:46.72 (7:16.63)				
37 #	366 Orestas Rimkus	32 University o	36:59		
	6:53.00 (6:53.00)	14:14.88 (7:21.88)	21:44.73 (7:29.85)	29:19.51 (7:34.78)	
	36:58.75 (7:39.24)				
38 #	466 Oliver Rose	25 Greymouth	37:06		
	6:59.78 (6:59.78)	14:26.93 (7:27.15)	22:09.35 (7:42.42)	29:47.34 (7:37.99)	
	37:05.17 (7:17.83)				
39 #	550 Joshua Lovely	22 Run Timaru	37:07		
	6:58.58 (6:58.58)	14:18.23 (7:19.65)	21:58.83 (7:40.60)	29:45.82 (7:46.99)	
	37:06.05 (7:20.23)				
40 #	437 Shogo Watanabe	31 Whippets Run	37:10		
	6:57.82 (6:57.82)	14:15.66 (7:17.84)	21:45.50 (7:29.84)	29:20.94 (7:35.44)	
	37:09.87 (7:48.93)				
41 #	177 Ben Rowley	27 Christchurch	37:20		
	7:13.18 (7:13.18)	14:36.89 (7:23.71)	22:10.22 (7:33.33)	29:47.69 (7:37.47)	
	37:19.93 (7:32.24)				
42 #	405 Stephen Johnson	30 Otago	37:39		
	6:59.66 (6:59.66)	14:30.57 (7:30.91)	22:17.01 (7:46.44)	30:10.73 (7:53.72)	
	37:38.18 (7:27.45)				
43 #	249 Graham Fisher	33 Otago	38:00		
	6:53.34 (6:53.34)	14:28.32 (7:34.98)	22:15.32 (7:47.00)	30:11.32 (7:56.00)	
	37:59.30 (7:47.98)				
44 #	617 Leon Miyahara	24 Otago	38:26		
	7:18.45 (7:18.45)	14:58.40 (7:39.95)	22:44.45 (7:46.05)	30:39.85 (7:55.40)	
45 #	597 Sam Bradbury-Leat	29 Otago	38:33		
	7:05.22 (7:05.22)	14:54.48 (7:49.26)	30:50.59 (15:56.11)	38:32.99 (7:42.40)	
46 #	548 Jordan Rose	29 Greymouth	38:49		
	7:15.71 (7:15.71)	14:57.53 (7:41.82)	22:56.10 (7:58.57)	31:06.18 (8:10.08)	
	38:48.01 (7:41.83)				

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....Men 10k Run CC Individual Senior

47 #	591 Joshua Barry	29 Don Greig Ra	38:59		
	7:05.58 (7:05.58)	14:41.70 (7:36.12)	22:38.27 (7:56.57)	30:45.93 (8:07.66)	
	38:58.13 (8:12.20)				
48 #	468 Andy Stewart	29 Auckland	39:07		
	7:16.24 (7:16.24)	15:08.48 (7:52.24)	23:09.09 (8:00.61)	31:10.65 (8:01.56)	
	39:06.52 (7:55.87)				
49 #	330 Marijn Wouters	35 Southland	39:59		
	7:09.38 (7:09.38)	15:20.32 (8:10.94)	23:34.11 (8:13.79)	31:44.37 (8:10.26)	
	39:58.48 (8:14.11)				
50 #	665 Antoine Trouche	25 Southland	39:59		
	7:08.80 (7:08.80)	15:05.39 (7:56.59)	23:21.41 (8:16.02)	31:44.45 (8:23.04)	
	39:58.72 (8:14.27)				
51 #	609 Kirill Samaray	34 University o	40:39		
	7:30.70 (7:30.70)	15:41.38 (8:10.68)	24:01.46 (8:20.08)	32:22.76 (8:21.30)	
	40:38.65 (8:15.89)				
52 #	629 Lucas Martin	21 Manawatu Whanganui	41:08		
	7:41.34 (7:41.34)	16:09.30 (8:27.96)	24:35.12 (8:25.82)	32:53.89 (8:18.77)	
	41:07.95 (8:14.06)				
53 #	448 Josh Francke	25 Christchurch	43:31		
	8:07.00 (8:07.00)	16:43.84 (8:36.84)	25:44.62 (9:00.78)	34:47.22 (9:02.60)	
-- #	653 Shaun Harris	22 Australia	DNF		
	6:20.00 (6:20.00)	12:56.81 (6:36.81)			
-- #	263 Isaac Oudhoff	22 Southland	DNF		
	7:09.55 (7:09.55)	15:54.81 (8:45.26)	24:55.64 (9:00.83)		

Men 65-69 6000 Meter Run 65+ Master

Name	Age	Team	Finals	Points
Results - Men 65-69				
1 # 644 Tony King	65	Auckland	25:02	
	8:21.11 (8:21.11)	16:47.25 (8:26.14)	25:01.49 (8:14.24)	
2 # 376 Peter Richards	67	Canterbury	25:07	
	8:20.509 (8:20.509)	16:47.938 (8:27.429)	25:06.27 (8:18.33)	
3 # 420 Todd Kriebel	66	Wellington	25:49	
	8:35.19 (8:35.19)	17:10.13 (8:34.94)	25:48.26 (8:38.13)	
4 # 261 Ian McDonald	66	Otago	26:28	
	8:37.05 (8:37.05)	17:31.71 (8:54.66)	26:27.67 (8:55.96)	
5 # 198 Chris Keith	66	Waikato Bay	26:39	
	8:52.031 (8:52.031)	17:51.422 (8:59.391)	26:38.690 (8:47.269)	
6 # 295 Kevin Knowles	67	Auckland	27:13	
	8:54.36 (8:54.36)	18:04.55 (9:10.19)	27:12.53 (9:07.98)	
7 # 423 Tony Price	69	Wellington	28:17	
	9:15.044 (9:15.044)	18:48.912 (9:33.868)	28:16.986 (9:28.075)	
8 # 385 Robert Dabb	66	Manawatu Whanganui	28:25	
	9:19.64 (9:19.64)	18:57.72 (9:38.08)	28:24.67 (9:26.95)	
9 # 414 Tim Cross	66	Tasman	28:44	
	9:12.320 (9:12.320)	18:56.854 (9:44.534)	28:43.378 (9:46.525)	
10 # 238 Frank Walsh	69	Canterbury	29:41	
	9:37.48 (9:37.48)	19:34.76 (9:57.28)	29:40.07 (10:05.31)	
11 # 340 Mike Van der Colk	69	Canterbury	34:32	
	11:18.07 (11:18.07)	22:50.45 (11:32.38)	34:31.79 (11:41.34)	
12 # 260 Ian Calder	68	Athletics Whangarei	35:51	
	12:05.48 (12:05.48)	24:35.11 (12:29.63)	35:50.95 (11:15.84)	

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Men 70-74 6000 Meter Run 65+ Master

Name	Age	Team	Finals	Points
Results - Men 70-74				
1 # 378 Phil Napper	72	Otago	26:25	
8:48.72 (8:48.72)	17:40.49 (8:51.77)	26:24.50 (8:44.01)		
2 # 460 Graeme Lear	72	Tasman	26:46	
8:50.56 (8:50.56)	17:46.68 (8:56.12)	26:45.06 (8:58.38)		
3 # 504 Steve Fairley	70	Auckland	27:31	
9:03.02 (9:03.02)	18:15.81 (9:12.79)	27:30.70 (9:14.89)		
4 # 387 Rodger Ward	72	Canterbury	29:05	
9:21.768 (9:21.768)	9:21.771 (0.003)	19:14.069 (9:52.298)		
5 # 500 Michael Morrissey	73	Tasman	30:04	
9:38.84 (9:38.84)	19:50.41 (10:11.57)	30:03.71 (10:13.30)		
6 # 534 Grant Jeffreys	72	Canterbury	31:23	
9:58.49 (9:58.49)	20:44.49 (10:46.00)	31:22.42 (10:37.93)		

Men 75-79 6000 Meter Run 65+ Master

Name	Age	Team	Finals	Points
Results - Men 75-79				
1 # 173 Barry Dewar	75	Tasman	29:21	
9:40.751 (9:40.751)	19:36.013 (9:55.262)	29:20.688 (9:44.676)		
2 # 281 John Skinnon	78	Wellington	33:59	
11:28.09 (11:28.09)	22:52.14 (11:24.05)	33:58.71 (11:06.57)		
3 # 184 Bruce Dyer	79	Christchurch	34:16	
11:16.44 (11:16.44)	22:52.70 (11:36.26)	34:15.93 (11:23.23)		
4 # 549 John Mulvaney	78	Christchurch	42:06	
13:44.77 (13:44.77)	28:37.17 (14:52.40)	42:05.51 (13:28.34)		
-- # 637 Campbell Horn	75	Waikato Bay	DNF	
11:42.50 (11:42.50)				

Men 80-84 6000 Meter Run 65+ Master

Name	Age	Team	Finals	Points
Results - Men 80-84				
1 # 232 Evan MacIntosh	80	Southland	42:30	
14:04.41 (14:04.41)	28:24.76 (14:20.35)	42:29.90 (14:05.14)		

Men 35-39 8000 Meter Run 35-64 Indi Master

Name	Age	Team	Finals	Points
Results - Men 35-39				
1 # 602 Andy Good	39	Canterbury	27:07	
6:41.18 (6:41.18)	20:20.80 (13:39.62)			
2 # 391 Ryan Carr	36	Southland	27:49	
6:50.43 (6:50.43)	20:54.33 (14:03.90)	27:48.24 (6:53.91)		
3 # 583 Jake Hendrickx	38	Auckland	27:52	
6:44.54 (6:44.54)	20:49.22 (14:04.68)	27:51.61 (7:02.39)		
4 # 670 Tom Bridgeman	37	Hawkes Bay Gisborne	28:18	
6:54.60 (6:54.60)	21:10.18 (14:15.58)	28:17.93 (7:07.75)		

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....Men 35-39 8000 Meter Run 35-64 Indi Master

5 #	554 Oliver O'Sullivan	38 Otago	28:26
	6:50.81 (6:50.81)	21:05.76 (14:14.95)	28:25.78 (7:20.02)
6 #	365 Olly Norman	38 Auckland	28:37
	6:52.92 (6:52.92)	21:16.43 (14:23.51)	

Men 40-44 8000 Meter Run 35-64 Indi Master

Name	Age	Team	Finals	Points
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Results - Men 40-44

1 #	329 Mariano Piagentin	42 Auckland	27:37	
	6:49.91 (6:49.91)	20:48.55 (13:58.64)	27:36.65 (6:48.10)	
2 #	155 Alex Kelliher	41 Canterbury	27:49	
	6:54.74 (6:54.74)	20:56.52 (14:01.78)	27:49.06 (6:52.54)	
3 #	496 Nick Pannett	43 Auckland	28:07	
	6:54.21 (6:54.21)	20:59.30 (14:05.09)	28:06.44 (7:07.14)	
4 #	332 Matthew Hopkins	43 Taranaki	28:50	
	6:52.69 (6:52.69)	21:31.48 (14:38.79)	28:49.61 (7:18.13)	
5 #	623 Blair McWhirter	43 Canterbury	28:56	
	6:55.33 (6:55.33)	21:10.78 (14:15.45)		
6 #	415 Tim Hitchcock	41 Auckland	29:04	
	7:04.11 (7:04.11)	21:49.00 (14:44.89)	29:03.23 (7:14.23)	
7 #	207 Craig Oliver	43 Canterbury	29:49	
	6:55.73 (6:55.73)	22:00.21 (15:04.48)	29:48.38 (7:48.17)	
8 #	436 Bobby Douglas	40 Southland	30:12	
	7:22.25 (7:22.25)	22:37.44 (15:15.19)	30:11.07 (7:33.63)	
9 #	428 William Kelsey	40 Hawkes Bay Gisborne	30:13	
	7:10.62 (7:10.62)	22:37.66 (15:27.04)	30:12.55 (7:34.89)	
10 #	350 Nathan Foley	42 Taranaki	30:52	
	7:10.45 (7:10.45)	23:00.51 (15:50.06)	30:51.30 (7:50.79)	
11 #	150 Aaron Eyles	42 Otago	31:59	
	7:39.20 (7:39.20)	23:47.64 (16:08.44)	31:58.19 (8:10.55)	
12 #	331 Mark O' Neill	44 Otago	32:04	
	7:46.99 (7:46.99)	23:53.49 (16:06.50)	32:03.19 (8:09.70)	
13 #	151 Aaron Porter	43 Otago	32:49	
	7:49.36 (7:49.36)	16:03.78 (8:14.42)	24:34.21 (8:30.43)	32:48.75 (8:14.54)
14 #	185 Bryce McVicar	42 Southland	33:24	
	7:41.60 (7:41.60)	16:01.21 (8:19.61)	24:37.87 (8:36.66)	33:23.85 (8:45.98)

Men 45-49 8000 Meter Run 35-64 Indi Master

Name	Age	Team	Finals	Points
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Results - Men 45-49

1 #	462 Ben Ruthe	45 Waikato Bay	27:33	
	6:50.18 (6:50.18)	20:52.50 (14:02.32)		
2 #	562 Simon Mace	48 Auckland	27:42	
	6:49.72 (6:49.72)	20:52.17 (14:02.45)		
3 #	217 Dwight Grieve	48 Southland	27:48	
	6:51.05 (6:51.05)	20:54.01 (14:02.96)	27:47.52 (6:53.51)	
4 #	492 Danniell Dorrance	46 Canterbury	28:25	
	6:54.59 (6:54.59)	21:04.81 (14:10.22)	28:24.38 (7:19.57)	
5 #	482 Mark Toplis	45 Auckland	29:21	
	7:09.37 (7:09.37)	21:52.75 (14:43.38)	29:20.96 (7:28.21)	

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....Men 45-49 8000 Meter Run 35-64 Indi Master

6 #	213 Dave Dunbar	45 Tasman	30:08		
	7:14.34 (7:14.34)	22:31.58 (15:17.24)	30:07.67 (7:36.09)		
7 #	294 Kelvin Meade	46 Canterbury	30:15		
	7:22.03 (7:22.03)	22:37.54 (15:15.51)	30:15.00 (7:37.46)		
8 #	372 Paul Crowhurst	47 Auckland	30:29		
	7:04.70 (7:04.70)	22:41.83 (15:37.13)	30:28.64 (7:46.81)		
9 #	396 Scott Underhay	48 Southland	30:58		
	7:23.82 (7:23.82)	22:59.69 (15:35.87)			
10 #	277 Jason Russell	49 Southland	31:26		
	7:31.99 (7:31.99)				
11 #	398 Shaun McWhirter	46 Canterbury	32:07		
	7:29.13 (7:29.13)	23:50.94 (16:21.81)	32:06.32 (8:15.38)		
12 #	439 Dale Wilhelm	47 North Canterbury	36:13		
	8:24.54 (8:24.54)	17:27.22 (9:02.68)	26:49.39 (9:22.17)		
13 #	615 Russell Spencer	49 Manawatu Whanganui	37:03		
	8:50.58 (8:50.58)	18:17.39 (9:26.81)	27:38.79 (9:21.40)	37:02.51 (9:23.72)	

Men 50-54 8000 Meter Run 35-64 Indi Master

Name		Age Team	Finals	Points
Results - Men 50-54				
1 #	353 Nick Moore	52 Auckland	27:46	
	6:49.57 (6:49.57)	20:49.01 (13:59.44)		
2 #	521 Cameron Mumby	51 Waikato Bay	28:56	
	6:57.81 (6:57.81)	21:38.69 (14:40.88)		
3 #	619 Michael Pugh	53 Waikato Bay	29:09	
	7:09.83 (7:09.83)	21:49.15 (14:39.32)	29:08.89 (7:19.74)	
4 #	538 Craig Iversen	50 Otago	29:59	
	7:21.03 (7:21.03)	22:30.24 (15:09.21)		
5 #	248 Graeme Morrison	53 Wellington	30:46	
	7:21.78 (7:21.78)	22:53.99 (15:32.21)	30:46.03 (7:52.04)	
6 #	199 Chris Mardon	54 Canterbury	30:54	
	7:43.48 (7:43.48)	23:16.23 (15:32.75)	30:53.65 (7:37.42)	
7 #	505 Simon Keller	52 Wellington	31:12	
	7:25.84 (7:25.84)	23:18.07 (15:52.23)	31:11.10 (7:53.03)	
8 #	517 Seth Campbell	54 Wellington	31:20	
	7:35.82 (7:35.82)	23:29.44 (15:53.62)	31:19.38 (7:49.94)	
9 #	491 Jacob Roberts	52 Sumner Running Club	31:27	
	7:38.55 (7:38.55)	23:32.08 (15:53.53)	31:26.10 (7:54.02)	
10 #	187 Butch Borlase	53 Wellington	32:17	
	7:55.45 (7:55.45)	16:00.37 (8:04.92)	24:10.78 (8:10.41)	32:16.83 (8:06.05)
11 #	445 Darren Gordon	52 Olympic Harr	32:57	
	7:59.66 (7:59.66)	16:16.23 (8:16.57)	24:42.50 (8:26.27)	32:56.64 (8:14.14)
12 #	455 David Fitch	50 Canterbury	33:38	
	7:28.67 (7:28.67)	24:30.43 (17:01.76)	33:37.53 (9:07.10)	
13 #	176 Ben Clark	52 Christchurch	33:43	
	8:00.23 (8:00.23)	16:30.71 (8:30.48)	25:09.92 (8:39.21)	33:42.10 (8:32.18)
14 #	431 Wullie Gunn	54 Wellington H	34:50	
	8:22.75 (8:22.75)	17:11.37 (8:48.62)	26:05.12 (8:53.75)	34:49.11 (8:43.99)
15 #	677 Paul Dominikovich	54 Run Timaru	37:33	
	9:00.69 (9:00.69)	18:26.62 (9:25.93)	28:05.24 (9:38.62)	37:32.71 (9:27.47)
16 #	394 Sam Reese	54 Greymouth	37:41	
	8:49.51 (8:49.51)	18:01.18 (9:11.67)	27:38.82 (9:37.64)	

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....Men 50-54 8000 Meter Run 35-64 Indi Master

17 #	530 Andrew Hooks	51 Taranaki	38:11		
	8:59.83 (8:59.83)	18:36.39 (9:36.56)	28:26.71 (9:50.32)	38:10.81 (9:44.10)	
-- #	641 John Bowe	53 Waikato Bay	DNF		
	7:44.74 (7:44.74)				

Men 55-59 8000 Meter Run 35-64 Indi Master

Name	Age Team	Finals	Points
Results - Men 55-59			
1 # 339 Michael Peck	58 Waikato Bay	31:32	
	7:38.42 (7:38.42)	23:35.33 (15:56.91)	31:31.34 (7:56.01)
2 # 327 Malcolm Cornelius	59 Canterbury	32:09	
	7:54.14 (7:54.14)	16:02.99 (8:08.85)	24:14.00 (8:11.01)
3 # 519 Todd Stevens	55 Wellington	32:15	
	7:41.06 (7:41.06)	24:07.50 (16:26.44)	32:14.29 (8:06.79)
4 # 424 Tony da Pony Broa	58 Waikato Bay	32:32	
	7:54.24 (7:54.24)	16:01.96 (8:07.72)	24:09.43 (8:07.47)
			32:32.00 (8:22.57)
5 # 430 William Twiss	57 Manawatu Whanganui	34:30	
	8:30.21 (8:30.21)	17:10.71 (8:40.50)	25:51.58 (8:40.87)
6 # 375 Peter Caudwell	59 Waikato Bay	34:59	
	8:17.32 (8:17.32)	17:04.92 (8:47.60)	26:00.56 (8:55.64)
			34:58.11 (8:57.55)

Men 60-64 8000 Meter Run 35-64 Indi Master

Name	Age Team	Finals	Points
Results - Men 60-64			
1 # 373 Paul Hewitson	62 Wellington	31:44	
	7:38.42 (7:38.42)	23:35.04 (15:56.62)	31:43.86 (8:08.82)
2 # 377 Peter Stevens	61 Wellington	33:13	
	7:54.12 (7:54.12)	16:17.07 (8:22.95)	24:51.79 (8:34.72)
			33:12.97 (8:21.18)
3 # 474 David Kettles	60 Wellington S	33:20	
	8:03.96 (8:03.96)	16:32.75 (8:28.79)	25:00.61 (8:27.86)
			33:19.01 (8:18.40)
4 # 459 Richard Merrett	64 Canterbury	36:57	
	8:58.22 (8:58.22)	18:17.21 (9:18.99)	27:38.41 (9:21.20)
			36:56.01 (9:17.60)

Men 4k Run CC Para U17 Multi Class

Name	Age Team	Finals	Points
Results - Men			
1 # 600 Isaac Brewster	15 New Brighton	27:25	

Mixed 1000 Meter Run CC Under 10, Non Champs

Name	Age Team	Finals	Points
Results - Mixed			
1 # 484 Cameron Robertson	M9 Unattached	4:00	
	3:59.25 (3:59.25)		
1 # 536 Zoe Cook	W9 Unattached	4:18	
2 # 441 Alex Brown	M8 Unattached	4:15	
	4:14.62 (4:14.62)		

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....Mixed 1000 Meter Run CC Under 10, Non Champs

2 #	553 Riley Tangney	W9 Papanui Toc H	4:26
	4:25.70 (4:25.70)		
3 #	628 Ethan Domenech-Be	M9 Port Hills	4:30
	4:29.64 (4:29.64)		
3 #	403 Sophie Kipling	W9 Awatea	5:23
	5:22.34 (5:22.34)		
4 #	493 James Bayliss	M8 Unattached	4:31
	4:30.94 (4:30.94)		
4 #	457 Esme Kelsey	W7 Unattached	5:44
	5:43.58 (5:43.58)		
5 #	681 Benjamin Arndt	M8 Christchurch	4:36
	4:35.13 (4:35.13)		
5 #	625 Emma Kipling	W7 Unattached	6:20
6 #	683 Albie Maitland	M8 Unattached	4:39
	4:38.43 (4:38.43)		
7 #	509 Jagger John	M8 Unattached	4:45
	4:44.72 (4:44.72)		
8 #	557 Max Cave	M8 Awatea	4:46
9 #	409 Theo Parker	M8 Unattached	4:53
	4:52.74 (4:52.74)		
10 #	558 Luke Homewood	M7 Awatea	4:56
	4:56.24 (4:56.24)		
11 #	684 Cooper Williams	M10 Hutt Valley	5:14
	5:14.03 (5:14.03)		

Mixed 2000 Meter Run CC Under 12, Non Champs

=====				
	Name	Age Team	Finals	Points
=====				
1 #	684 Cooper Williams	M10 Hutt Valley	7:14	
	7:14.03 (7:14.03)			
1 #	317 Louise Harrington	W11 Unattached	7:49	
	7:48.35 (7:48.35)			
2 #	473 Jonty Walker	M10 Don Greig Ra	7:28	
	7:27.49 (7:27.49)			
2 #	218 Eadie Palmer	W11 Unattached	7:53	
	7:52.19 (7:52.19)			
3 #	237 Flynn Dobson	M11 Napier Harrier Club	7:31	
	7:30.36 (7:30.36)			
3 #	467 Arnelle Hamman	W11 Tairi	7:55	
	7:54.06 (7:54.06)			
4 #	487 Joshua Kreft	M11 Papanui Toc H	7:41	
	7:40.76 (7:40.76)			
4 #	483 Charlotte Roberts	W11 Papanui Toc H	8:18	
	8:17.47 (8:17.47)			
5 #	481 Magnus Crabbe	M11 Port Hills	7:49	
	7:48.18 (7:48.18)			
5 #	508 Mckenna John	W11 Christchurch	8:25	
	8:24.83 (8:24.83)			
6 #	305 Leo Sincock	M11 Unattached	8:06	
	8:05.59 (8:05.59)			
6 #	655 Tess Carshalton	W11 North Canterbury	8:36	
	8:35.03 (8:35.03)			

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....Mixed 2000 Meter Run CC Under 12, Non Champs

7 #	454 Isaac Dowle	M11 Awatea	8:09
	8:08.69 (8:08.69)		
7 #	165 Annabelle Hadfiel	W11 Awatea	8:36
	8:35.76 (8:35.76)		
8 #	575 Jack Bailey	M11 Unattached	8:15
	8:14.42 (8:14.42)		
8 #	154 Addison Livingsto	W11 Unattached	8:38
	8:37.55 (8:37.55)		
9 #	410 Thomas Harrington	M11 Unattached	8:23
	8:22.42 (8:22.42)		
9 #	510 Camilla Cherry	W11 Christchurch	8:45
	8:44.61 (8:44.61)		
10 #	361 Oliver Parker	M10 Unattached	8:30
	8:29.94 (8:29.94)		
10 #	507 Alicia Elford-Goi	W11 Port Hills	9:05
	9:04.83 (9:04.83)		
11 #	228 Enzo Jurasovich	M10 Unattached	8:34
	8:33.21 (8:33.21)		
11 #	612 Madeline Ellis	W12 Unattached	9:21
	9:20.12 (9:20.12)		
12 #	201 Cian Foley	M10 Egmont Athletics	8:44
	8:43.09 (8:43.09)		
12 #	379 Pippa Michael	W11 Selwyn	9:30
13 #	672 Reuben Pratten	M10 Papanui Toc H	9:00
	8:59.54 (8:59.54)		
13 #	343 Millie Livingston	W10 Unattached	9:36
	9:35.10 (9:35.10)		
14 #	309 Liam Williams	M10 Christchurch	9:04
	9:03.09 (9:03.09)		
14 #	598 Evelyn Dinnissen	W10 Unattached	9:41
	9:40.67 (9:40.67)		
15 #	503 Jack Clendon	M10 Christchurch	9:08
	9:07.31 (9:07.31)		
15 #	663 Lily Hale	W11 Port Hills	10:04
	10:03.33 (10:03.33)		
16 #	502 Jeremy Harvet	M10 Christchurch	9:20
16 #	494 Charlotte Bayliss	W11 Awatea	10:05
	10:04.10 (10:04.10)		
17 #	627 Arthur Bedford	M10 Port Hills	9:24
	9:23.27 (9:23.27)		
17 #	616 Natalie Rendall	W12 Christchurch	10:08
	10:07.20 (10:07.20)		
18 #	664 Levi Nisbet	M11 Awatea	9:38
18 #	552 Keys Zhaoqiu	W10 Awatea	12:36
	12:35.10 (12:35.10)		