



# ATHLETICS CANTERBURY TRACK AND FIELD RECORDS as at 24/02/2026

**Note:** All **NEW** records set during the season appear as **BOLD** and *Italic*.

				RECORD
100m	Tiaan Whelpton	Old Boys United	22/01/22 21/01/23	10.18 (w1.9) 10.18 (w-0.4)
200m	Mark Keddell	Old Boys United	05/03/95	20.51
400m	Shaun Farrell	Papanui Toc H	07/03/98	46.09
800m	Shaun Farrell	Papanui Toc H	28/02/98	1:45.45
1000m	Standard			2:21.50
1500m	Michael Gilchrist	Technical	01/04/83	3:38.4H
One Mile	Malcolm Hicks	University	27/01/12	3:59.87
3000m	Paul Smith	Olympic	16/01/93	7:57.90
5000m	Rodney Dixon	University	21/01/1978	13:25.2H
10000m	David Burridge	University	05/02/1987	28:06.16
1 Hour Track	Tony Good	New Brighton	08/03/1975	19422m
110m Hurdles (1067mm)	Nicholas Bolton	Old Boys United	18/02/1998	14.47
400m Hurdles (914mm)	Wayne Paul	Papanui/Redwood	26/03/1986	50.70
3000m Steeplechase (914mm)	Peter Renner	New Brighton	29/08/1984	8:14.05
4 x 100m Relay	Old Boys United		11/02/1995	40.51
4 x 200m Relay	Old Boys United		27/02/1993	1:26.6H
4 x 400m Relay	Old Boys United		13/02/1993	3:10.20
Long Jump	John Hunt	South Canterbury	13/04/1985	7.55m
Triple Jump	Matthew Walsh	Old Boys United	25/05/2019	15.58m
High Jump	Hamish Kerr	Old Boys United	11/08/2024	2.36m
Pole Vault	Kieran McKee	Toc H	25/02/1984	5.02m
Shot Put (7.26kg)	Tomas Walsh	South Canterbury	05/10/2019	22.90m
Discus Throw (2.0kg)	Christopher Mene	Papanui Toc H	25/02/2001	56.25m
Javelin Throw (800gm)	John Stapylton-Smith	Papanui Toc H	18/02/1989	78.14m
Hammer Throw (7.26kg)	Warrick Nichol	Technical	25/01/1974	63.72m
Decathlon	Max Attwell	Old Boys United	17-18/06/2023	7773 points
Pentathlon	Standard			TBA
3000m Track Walk	Jonah Cropp	Sumner	07/03/2025	12:10.56
<b>5000m Track Walk</b>	<b><i>Jonah Cropp</i></b>	<b><i>Sumner</i></b>	<b><i>14/02/2026</i></b>	<b><i>20:00.24</i></b>
<b>10000m Track Walk</b>	<b><i>Jonah Cropp</i></b>	<b><i>Sumner</i></b>	<b><i>26/01/2026</i></b>	<b><i>43:14.69</i></b>
20000m Track Walk	Graham Seatter	Old Boys / Te Kura	09/02/1980	1:30:17.3H

<b>Men Under 20</b>				<b>RECORD</b>
100m	David Ambler	Old Boys United	13/03/2009	10.35
200m	Mark Keddell	Old Boys United	06/03/1993	20.95
400m	Shaun Farrell	Papanui Toc H	22/07/1994	46.31
800m	Clyde McIntosh	Papanui Toc H	14/02/1998	1:49.35
1000m	Gregory Nicholls	Christchurch Avon	04/03/1995	2:25.8H
1500m	Chanel Muir	Christchurch Avon	06/03/2022	3:44.86
3000m	Richard Lindroos	Old Boys United	21/01/1989	8:10.47
5000m	Richard Lindroos	Old Boys United	26/11/1989	14:05.83
110m Hurdles (990mm)	James Sandilands	South Canterbury	13/03/2015	13.92
400m Hurdles (914mm)	Mark Edmond	Old Boys United	03/03/1996	52.66
3000m Steeplechase (914mm)	Peter Renner	New Brighton	11/03/1978	8:51.8H
4 X 100m Relay	Christchurch Boys High School Club (F Hawkins, H Williamson, S Tahi, H Scott)		06/12/2024	42.83
4x400m Relay	Avon		20/02/1977	3:21.8H
Long Jump	Jesse Bryant	University	15/03/2012	7.49m
Triple Jump	Matthew Walsh	Papanui Toc H	17/02/2018	14.67m
High Jump	Glenn Howard	Papanui Toc H	03/02/1996	2.23m
Pole Vault	Tim McKee	Papanui Toc H	07/03/2010	4.61m
Shot Put (6.00kg)	Tomas Walsh	South Canterbury	02/07/2011	20.56m
Discus Throw (1.75kg)	Christopher Mene	Papanui Toc H	17/01/1991	55.54m
Javelin Throw (800gm)	Andrew Harrison	Papanui Toc H	17/01/1996	71.74m
Hammer Throw (6.00kg)	Michael Hancock	Old Boys United	29/01/2005	61.10m
Decathlon	Kieran Fowler	Geraldine	2/3/03/2007	7222 pts
Pentathlon	Standard			TBA
3000m Track Walk	Jonah Cropp	Sumner	02/02/2024	12:16.43
5000m Track Walk	Jonah Cropp	Sumner	18/03/2024	20:57.69
10000m Track Walk	Jonah Cropp	Sumner	17/03/2024	43:41.07
<b>Men Under 19</b>				<b>RECORD</b>
100m	Mark Keddell	Old Boys United	07/03/1993	10.70
200m	Mark Keddell	Old Boys United	06/03/1993	20.95
400m	Mark Keddell	Old Boys United	30/01/93	46.38
800m	Clyde McIntosh	St Andrews	28/12/1994	1:51.4H
1000m	Gregory Nicholls	Christchurch Avon	12/03/1995	2:25.8H
1500m	Daniel Prescott	Selwyn	10/02/2024	3:46.85
3000m	Nicholas Moulai	Papanui Toc H	03/12/2016	8:16.77
5000m	David Burridge	University	17/01/1981	14:09.6H
110m Hurdles (990mm)	James Sandilands	South Canterbury	13/03/2015	13.92
400m Hurdles (914mm)	Hayo van Gestel	Avon	09/03/1986	54.27

3000m Steeplechase (914mm)	Peter Renner	New Brighton	11/03/1978	8:51.8H
4 X 100m Relay	Christchurch Boys High School Club (F Hawkins, H Williamson, S Tahī, H Scott)		06/12/2024	42.83
4 x 400m Relay	Ashburton		18/02/1979	3:23.2H
Long Jump	Jesse Bryant	University	15/03/2012	7.49m
Triple Jump	Matthew Walsh	Papanui Toc H	03/02/2018	14.49m
High Jump	Glenn Howard	Papanui Toc H	12/02/1994	2.17m
Pole Vault	Alex Mander	Papanui Toc H	21/02/2016	4.50m
Shot Put (6.00kg)	Tomas Walsh	South Canterbury	18/03/2010	18.82m
Discus Throw (1.75kg)	Christopher Mene	Papanui Toc H	16/02/1991	55.54m
Javelin Throw (800gm)	Andrew Harrison	Papanui Toc H	28/01/1996	64.20m
Hammer Throw (6.00kg)	Michael Hancock	Old Boys United	29/01/2005	61.10m
Decathlon	Kieran Fowler	Geraldine	2/3/03/2007	7222 pts
Pentathlon	Standard			TBA
3000m Track Walk	Jonah Cropp	Sumner	02/02/2024	12:16.43
5000m Track Walk	Jonah Cropp	Sumner	18/03/2024	20:57.69
10000m Track Walk	Jonah Cropp	Sumner	17/03/2024	43:41.07
<b>Men Under 18</b>				<b>RECORD</b>
100m	Mark Keddell	Old Boys United	16/09/1992	10.72
200m	Mark Keddell	Old Boys United	20/01/1993	21.00
400m	Mark Keddell	Old Boys United	30/01/1993	46.38
800m	Clyde McIntosh	St Andrews	28/12/1994	1:51.4H
1500m	Nicholas Moulai	Papanui Toc H	23/01/2018	3:47.05
3000m	Nick Moulai	Papanui Toc H	03/12/2016	8:16.77
5000m	Hayden McLaren	New Brighton	12/02/2005	14:32.56
110m Hurdles (914 mm)	James Sandilands	South Canterbury	05/04/2014	13.84
300m Hurdles (838mm)	Mark Edmond	Old Boys United	04/12/1994	37.35
(2000m Steeplechase (914mm))	Peter Renner	Cashmere	29/01/1977	5:51.2H)
2000m Steeplechase (838mm)	George Guerin	South Canterbury	02/12/2018	6:12.21
4 X 100m Relay	Christchurch Boys High School Club (J Veitch, H Williamson, S Tahī, H Scott)		08/12/2023	43.47
4 x 400m Relay	Ashburton		18/02/1979	3:23.2H
Long Jump	Jessie Bryant	University	15/03/2012	7.49m
Triple Jump	Matthew Walsh	Papanui Toc H	03/12/2016	14.17m
High Jump	Glenn Howard	Papanui Toc H	12/02/1994	2.17m
Pole Vault	Tim McKee	Papanui Toc H	09/02/2008	4.35m
Shot Put (5.00kg)	Tomas Walsh	South Canterbury	12/12/2009	20.21m
Discus Throw (1.50kg)	Nikolas Kini	Old Boys United	26/10/2019	60.60m
Javelin Throw (700gm)	Andrew Harrison	Papanui Toc H	05/12/1993	63.88m
Hammer Throw (5.00kg)	Michael Hancock	Old Boys United	15/02/2004	65.10m
3000m Track Walk	Andrew Causer	Christchurch Avon	16/03/1991	12:25.9H

<b>Men Under 17</b>				<b>RECORD</b>
100m	Mark Keddell	Old Boys United	27/10/1991	10.83
200m	Mark Keddell	Old Boys United	15/01/1992	21.37
400m	Mark Keddell	Old Boys United	30/03/1991	48.33
800m	Cooper Wightman	Selwyn	24/02/2024	1:50.46
1500m	Cooper Wightman	Selwyn	17/02/2024	3:47.33
3000m	Nick Moulai	Papanui Toc H	03/12/2016	8:16.77
110m Hurdles (914mm)	James Sandilands	South Canterbury	23/03/2013	13.88
300m Hurdles (838mm)	Harry Williamson	Old Boys United	15/03/2024	38.23
(2000m Steeplechase (914mm))	Hayden McLaren	New Brighton	24/01/2006	6:13.36)
2000m Steeplechase (838mm)	Sam Ideins		05/03/2020	6:20.83
4 x 100m Relay	ChCh Boys High School		23/02/2008	44.45
4 x 400m Relay	Standard			3:31.00
Long Jump	Jesse Bryant	University	11/12/2011	7.13m
Triple Jump	AJ Madondo	Christ's College	22/10/2022	13.93m (w1.6)
High Jump	Glenn Howard	Papanui Toc H	09/04/1992	2.05m
Pole Vault	Tim McKee	Papanui Toc H	01/12/2007	4.30m
Shot Put (5.00kg)	Tomas Walsh	South Canterbury	13/12/2008	18.38m
Discus Throw (1.50kg)	Charlie Gamble	Papanui Toc H	06/03/2013	59.00m
Javelin Throw (700gm)	Guy Archibald	Christ's College	24/03/2007	61.71m
Hammer Throw (5.00kg)	Richard Mavor	Old Boys United	13/03/2004	52.61m
Octathlon	Kieran Fowler	Geraldine	13/14/07/2005	5929 pts
3000m Track Walk	Daniel Lord	South Canterbury	02/02/2008	12:50.34

<b>Men Under 16</b>				<b>RECORD</b>
100m	Mark Keddell	Old Boys United	02/12/1990	10.88
200m	Mark Keddell	Old Boys United	02/12/1990	21.52
400m	Shaun Farrell	Papanui Toc H	02/02/1991	49.24
800m	Cooper Wightman	Selwyn	28/10/2023	1:52.34
1500m	Cooper Wightman	Selwyn	12/11/2023	3:49.68
3000m	Nick Moulai	Papanui Toc H	21/11/2015	8:40.21
100m Hurdles (838mm)	Christopher Wiremu	Christchurch BHS	12/12/2009	13.24
300m Hurdles (838mm)	Standard			40.64
2000m Steeplechase	Standard			6:16.30
4 x 100m Relay	Christchurch Boys High School Club (B Quigley, H Williamson, F Hawkins, H Scott)		09/12/2022	45.72
4 x 400m Relay	Christchurch Boys High School Club (B Quigley, C Wightman, H Scott, H Williamson)		11/12/2022	3:41.47
Long Jump	Kieran Fowler	Geraldine	13/07/2005	6.90m
Triple Jump	Callum Stewart	Old Boys United	04/12/2016	13.37m

High Jump	Glenn Howard	Papanui Toc H	21/03/1992	2.01m
Pole Vault	Tim McKee	Papanui Toc H	25/11/2006	3.91m
Shot Put (5.00kg)	Kieran Fowler	Geraldine	13/07/2005	16.43m
Discus Throw (1.25kg)	Jordan Pinnock	Greymouth	17/11/2012	56.25m
Discus Throw (1.50kg)	Charlie Gamble	North Canterbury	11/02/2012	51.56m
Javelin Throw (700gm)	Mathew McKellar	Christ's College	08/11/2014	54.99m
(Octathlon)	Kieran Fowler	Geraldine	13/14/07/2005	5929 pts)
3000m Track Walk	Jonah Cropp	Sumner	20/03/2021	13:39.77

<b>Senior Women</b>				<b>RECORD</b>
100m	Anna Percy	Old Boys United	04/12/2021	11.40 (w 1.8)
200m	Rosie Elliott	Old Boys United	19/02/2023	22.81 (w 1.6)
400m	Rosie Elliott	Old Boys United	28/01/2023	52.16
800m	Angela Smit	University	10/07/2015	1:59.06
1000m	Angela Petty	University	15/08/2015	2:37.28
1500m	Angela Petty	University	29/06/2017	4:07.83
One Mile	Sue Bruce	New Brighton	15/01/1983	4:37.89
3000m	Sue Bruce	New Brighton	05/02/1985	8:56.2H
5000m	Mary O'Connor	University	21/01/1984	15:49.3H
10000m	Anne Hannam	University	09/12/1989	32:18.53
100m Hurdles (838mm)	Fiona Morrison	Old Boys United	03/04/2016	13.16
400m Hurdles (762mm)	Rebecca Wardell	Old Boys United	23/03/2003	56.25
3000m Steeplechase (762mm)	Rosa Flanagan	University	21/03/2015	9:41.42
4 x 100m Relay	Old Boys United		05/02/2000	46.00
4 x 400m Relay	Technical		20/02/1983	3:49.40
Long Jump	Jayne Mitchell	Old Boys United	26/11/1988	6.55m
Triple Jump	Jayne Mitchell	Old Boys United	23/02/1991	13.00m
High Jump	Keeley O'Hagan	Old Boys United	05/03/2022	1.89m
Pole Vault	Melina Hamilton	Old Boys United	12/04/2003	4.40m
Shot Put (4.00kg)	Valerie Young	Technical	23/10/1964	16.71m
Discus Throw (1.00kg)	Adrienne Lynn	Papanui Toc H	12/03/1995	56.10m
Javelin Throw (600gm) post 2000	Amanda Murphy		26/03/2015	59.10m
Javelin Throw (500gm)	Kaye Nordstrom	Papanui Toc H	16/02/1992	60.84m
Hammer Throw (4.00kg)	Lauren Bruce	South Canterbury	20/05/21	74.61m
Heptathlon	Joanne Henry	South Canterbury	29/2/1/3/92	6278 pts
Decathlon	Standard			TBA
3000m Track Walk	Laura Langley	North Canterbury	30/01/2024	13:20.17
5000m Track Walk	Courtney Ruske	Christchurch Avon	31/10/2015	23:23.97
10000m Track Walk	Laura Langley	North Canterbury	09/03/2025	46:24.05

Women Under 20				RECORD
100m	Standard			11.74
	(Beverley Peterson	Technical	18/01/1975	11.5H)
200m	Maia Broughton	Old Boys United	21/11/2021	23.96 (w 0.8)
400m	Joanna Beckett	Technical	26/01/1975	53.42
800m	Angela Smit	North Canterbury	07/07/2010	2:03.87
1000m	Rosa Flanagan	University	15/08/2015	2:50.62
1500m	Rosa Flanagan	University	06/03/2015	4:14.19
3000m	Sue Bruce	New Brighton	20/01/1984	9:05.95
5000m	Rosa Flanagan	University	15/12/2015	15:52.10
100m Hurdles (838mm)	Joanne Henry	South Canterbury	16/02/1991	14.01
400m Hurdles (762mm)	Anna Percy	Old Boys United	09/07/2017	58.60
2000m Steeplechase (762mm)	Rosa Flanagan	University	23/11/2013	6:33.97
3000m Steeplechase (762mm)	Rosa Flanagan	University	21/03/2015	9:41.42
4 x 100m Relay	Standard			47.94
	(Technical		16/03/1974	47.8H)
4 x 400m Relay	Standard			3:55.00
Long Jump	Joanne Henry	South Canterbury	14/02/1991	6.36m
Triple Jump	Bridgette Pateman	South Canterbury	08/03/1998	12.60
High Jump	Angela Pule	New Brighton	21/03/1981	1.80m
	Emma Sutherland	Old Boys United	05/01/2013	1.80m
Pole Vault	Eliza Meekings	Papanui Toc H	06/02/2021	3.60m
Shot Put (4.00kg)	Tapensia Havea	South Canterbury	06/03/2022	15.97m
Discus Throw (1.00kg)	Tapensia Havea	South Canterbury	06/03/2022	53.40m
Javelin Throw (600gm)	Abbey Moddy	South Canterbury	06/06/2022	50.42m
Hammer Throw (4.00kg)	Lauren Bruce	South Canterbury	02/04/2017	59.53
Heptathlon	Joanne Henry	South Canterbury	16-17/03/1991	6092 pts
3000m Track Walk	Kate Newitt	Port Hills	22/01/2010	13:41.52
5000m Track Walk	Courtney Ruske	ChCh-Avon	13/07/2014	24:11.5H
10000m Track Walk	Courtney Ruske	ChCh-Avon	13/07/2014	49:40.78
Women Under 19				RECORD
100m	Standard			11.74
	(Beverley Peterson	Technical	18/01/1975	11.5H)
200m	Standard			24.44
	(Beverley Peterson	Technical	17/03/1974	24.2H)
400m	Joanna Beckett	Technical	26/01/1975	53.42
800m	Angela Smit	North Canterbury	07/07/2010	2:03.87
1000m	Standard			2:53.00
1500m	Rosa Flanagan	University	26/02/2015	4:15.86

3000m	Rosa Flanagan	University	23/01/2015	9:07.85
100m Hurdles (838mm)	Holly Gray	Old Boys United	17/03/2024	14.28 (w-0.9)
400m Hurdles (762mm)	Anna Percy	Old Boys United	01/04/2016	60.76
2000m Steeplechase (762mm)	Rosa Flanagan	University	23/11/2013	6:33.97
3000m Steeplechase (762mm)	Rosa Flanagan	University	07/02/2015	9:48.39
4 x 100m Relay	Standard			47.94
	(Technical		16/03/1974	47.8H)
4 x 400m Relay	Standard			3:55.00
Long Jump	Susan Burnside	Technical	19/12/1973	6.19m
Triple Jump	Bridgette Pateman	South Canterbury	08/03/1998	12.60m
High Jump	Angela Pule	New Brighton	21/03/1981	1.80m
Pole Vault	Eliza Meekings	Papanui Toc H	06/02/2021	3.60m
Shot Put (4.00kg)	Tapensia Havea	South Canterbury	06/03/2022	15.97m
Discus Throw (1.00kg)	Tapensia Havea	South Canterbury	06/03/2022	53.40m
Javelin Throw (600gm)	Abbey Moddy	South Canterbury	06/06/2022	50.42m
Hammer Throw (4.00kg)	Lauren Bruce	South Canterbury	05/03/2016	58.37m
Heptathlon	Joanne Henry	South Canterbury	18-19/02/1989	5136 pts
3000m Track Walk	Kate Newitt	Port Hills	10/11/2007	14.21.09
5000m Track Walk	Kate Newitt	Port Hills	12/07/2007	24:20.26
10000m Track Walk	Courtney Ruske	Christchurch Avon	17/12/2011	52:42.7H
<b>Women Under 18</b>				<b>RECORD</b>
100m	Standard			11.74
	(Beverley Peterson	Technical	18/01/1975	11.5H)
200m	Standard			24.44
	(Beverley Peterson	Technical	17/03/1974	24.2H)
400m	Katie Johnstone	South Canterbury	10/02/2001	55.32
800m	Rachael Rowberry	Papanui Toc H	02/02/1992	2:06.42
1500m	Sue Bruce	New Brighton	15/02/1981	4:21.18
3000m	Sue Bruce	New Brighton	11/02/1981	9:19.76
100m Hurdles (762mm)	Georgina Allison	North Canterbury	14/12/2008	14.11
300m Hurdles (762mm)	Georgina Allison	North Canterbury	14/12/2008	43.16
2000m Steeplechase (762mm)	Rosa Flanagan	University	23/11/2013	6:33.97
3000m Steeplechase (762mm)	Rosa Flanagan	University	22/03/2014	9:56.98
4 x 100m Relay	Standard			47.94
	(Technical		16/03/1974	47.8H)
Long Jump	Susan Burnside	Technical	19/12/1973	6.19m
Triple Jump	Bridgette Pateman	South Canterbury	09/03/1997	12.45m
High Jump	Angela Pule	New Brighton	21/03/1981	1.80m
Pole Vault	Julia Brown	North Canterbury	11/03/2005	3.50m

Shot Put (3.00kg)	Tapenisa Havea	Lions AC	10/04/2021	17.27m
Discus Throw (1.00kg)	Adrienne Lynn	Papanui Toc H	14/02/1991	50.30m
Javelin Throw (600gm)	Kaye Nordstrom	Papanui Toc H	22/03/1986	46.40m
Javelin Throw (500gm)	Caitlin Bonne		21/10/2017	43.96m
Hammer Throw (3.00kg)	Lauren Bruce	South Canterbury	06/12/2014	63.67m
Heptathlon	Joanne Henry	South Canterbury	18-19/02/1989	5136 pts
3000m Track Walk	Kate Newitt	Port Hills	10/11/2007	14:21.09
5000m Track Walk	Kate Newitt	Port Hills	12/07/2007	24:20.26

### Women Under 17

100m	Maia Broughton	Selwyn	01/12/2017	12.13
200m	Standard			24.44
	(Beverley Peterson	Technical	17/03/1974	24.2H)
400m	Anna Rowberry	Papanui Toc H	10/04/1992	56.30
800m	Angela Smit	North Canterbury	08/07/2008	2:08.15
1500m	Sue Bruce	New Brighton	15/02/1981	4:21.18
3000m	Sue Bruce	New Brighton	11/02/1981	9:19.76
100m Hurdles (762mm)	Mackenzie Keenan	Old Boys United	26/03/2011	14.14
300m Hurdles (762mm)	Kelsey Berryman	Old Boys United	30/03/2008	44.06
2000m Steeplechase (762mm)	Liliana Braun	Port Hills	03/12/2017	6:59.55
4x 100m Relay	Standard			50.64
	(Technical		28/12/1974	50.5H)
Long Jump	Susan Burnside	Technical	19/12/1973	6.19m
Triple Jump	Phoebe Lester	Port Hills	19/03/2005	11.52m
High Jump	Angela Pule	New Brighton	21/03/1981	1.80m
Pole Vault	Julia Brown	North Canterbury	11/03/2005	3.50m
Shot Put (3.00kg)	Tapenisa Havea	Lions AC	06/03/2019	15.92m
Discus Throw (1.00kg)	Violette Perry	Old Boys United	07/03/2020	46.54m
Javelin Throw (500gm)	Caitlin Bonné	Papanui Toc H	13/02/2016	43.70m
Hammer Throw (3.00kg)	Lauren Bruce	South Canterbury	14/12/2013	60.17m
Heptathlon	Joanne Henry	South Canterbury	19-20/03/1988	4743 pts
3000m Track Walk	Kate Newitt	Port Hills	28/10/2006	14:33.70
5000m Track walk	Kate Newitt	Port Hills	18/11/2006	24:41.70

### Women Under 16

100m	Maia Broughton	Selwyn	01/12/2017	12.13
200m	Lilly Morrison	North Canterbury	21/03/2024	25.89
400m	Anna Hayward	South Canterbury	05/03/2016	56.39
800m	Angela Smit	North Canterbury	30/11/2005	2:10.48
1500m	Sue Bruce	New Brighton	10/02/1980	4:28.8H

3000m	Rosa Flanagan	University	11/02/2012	9:46.56
(80m Hurdles (762mm))	Rowena Welford	South Canterbury	18/11/1989	11.4H)
100m Hurdles (762mm)	Charlotte Hastings	Papanui Toc H	05/03/1993	14.55
300m Hurdles (762mm)	Olivia Burnham	Old Boys United	04/12/2016	44.48
4 x 100m Relay	Standard			50.64
	(Technical		28/12/1974	50.5H)
Long Jump	Annabelle Coates	Old Boys United	26/03/2005	5.76m
Triple Jump	Phoebe Lester	Port Hills	19/03/2005	11.52m
High Jump	Jessica Hendren	North Canterbury	13/12/2020	1.77m
Pole Vault				
Shot Put (3.00kg)	Tapenisa Havea	Lions AC	06/03/2019	15.92m
<b>Discus Throw (1 kg)</b>	<b>Annabelle Smallman</b>	<b>Papanui Toc H</b>	<b>21/02/2026</b>	<b>41.33m</b>
Javelin Throw (500gm)	Caitlin Bonné	Papanui Toc H	13/02/2016	43.70m
Hammer Throw (3.00kg)	Lauren Bruce	South Canterbury	28/02/2013	55.67m
2000m Track Walk	Courtney Ruske	Christchurch Avon	05/12/2009	9:58.5H